'TEEN

young 'n loving 'TEEN

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PRETTY PARTY PUT-ONS
NIFTY BEAUTY WRAP-UP

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WHAT THEY MEAN

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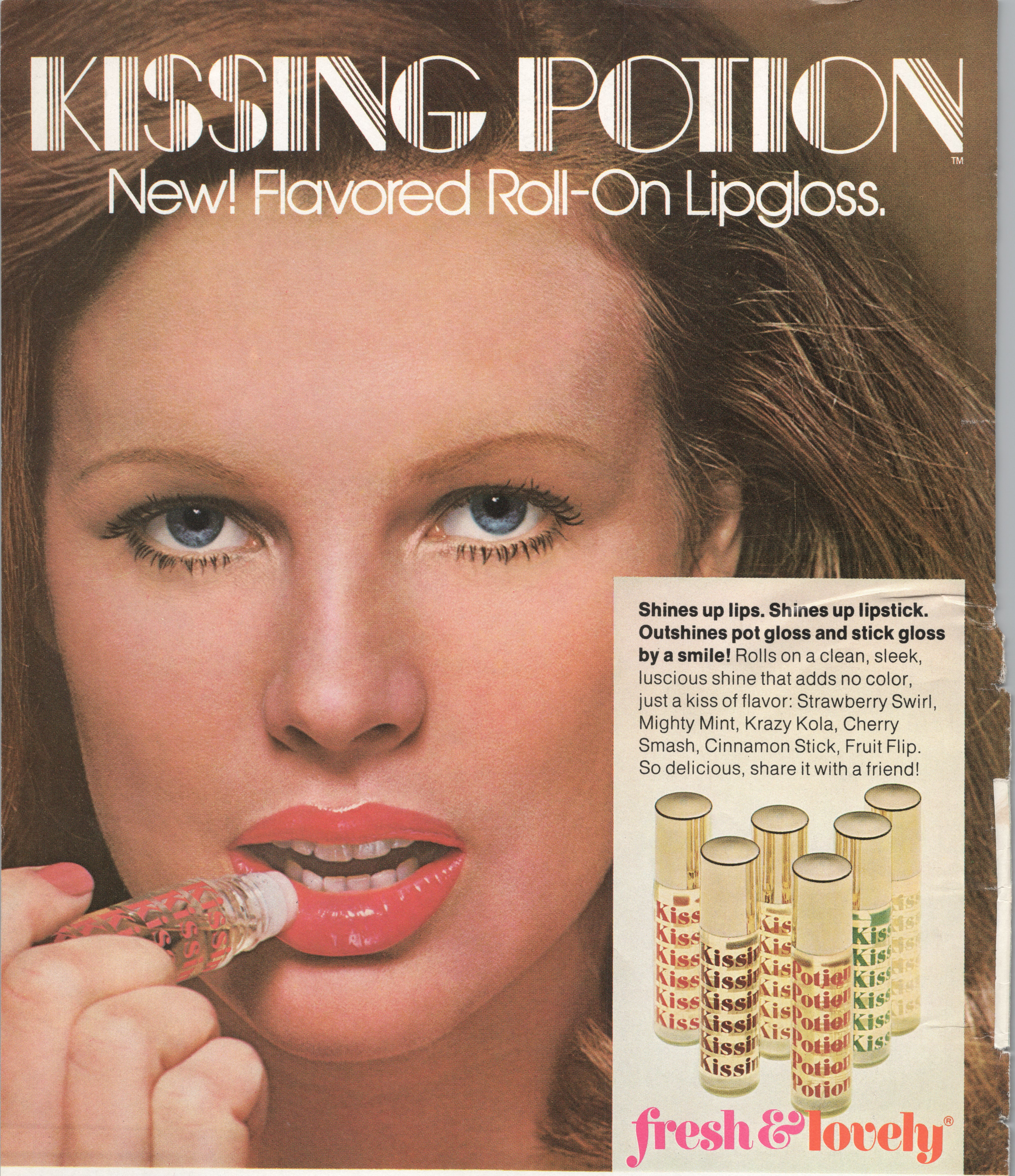

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COTY Sweet Earth
SUN-WARMED WOODS
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2.0 FL OZ
COTY Sweet Earth
ALPINE BREEZES
Non-Aerosol Spray Cologne
2.0 FL OZ

Sweet Earth by Coty.

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young 'n loving 'TEEN

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ON THE COVER

Cindy Harrell seasons her winter looks with color and glow. Oil Control Make-up in Cream Beige is the fresh start, then SuperSheer Natural Blush in Rosy Glow and Shiny LipSlicks in Honey Bun add the colorful touches. She puts on her eye light show with One-Stroke Eye Color in Iced Champagne and Long 'N Lush Mascara in Lush Brown. All make-up from Cover Girl® by Noxell. Hat and scarf from Accessories West. PHOTOGRAPHY/TEKE.

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Junk Food Junkie

When I got your September issue I just had to write in and tell you that I really loved the article "Are You A Junk Food Junkie?" My two older sisters are into health foods and now I'm watching what I eat. And I feel a lot better. Thanks for the wonderful article.

Lisa Frechett, Jay, Me.

I especially liked the article "Are You A Junk Food Junkie?" It helped me choose what foods to eat and what foods not to eat. Thanks!

Linda Chipchak, Webster, N.Y.

Your article "Are You A Junk Food Junkie?" in the September issue really made me think. Now instead of reaching for a brownie, I get an apple or a few pieces of lettuce instead. Thanks for a great magazine.

Linda Nolen, Ft. Worth, Tx.

I'm overweight and realized we have a lot of junk food at home. So I've stopped eating it and I've lost three to five pounds after only a couple of days because of it. Thanks.

Kim Morrison, Ft. Lauderdale, Fl.

The September issue was great. The article on being a junk food junkie was the best one you printed. And now I'm going to cut down on sweets and other junk foods. Thanks for printing that great article.

Kelly Leighton, 13, South Royalton, Vt.

Just thought I'd write and tell you how great the September issue was. Also, I discovered I'm not really a junk food junkie. I just like to eat!

Debbie Willett

I thought the article "Are You a Junk Food Junkie?" was very good. It helped me realize that junk foods aren't good for people. I've tried to stop eating junk foods before, but I never could. But since reading your article, I finally stopped. Thank you for that wonderful article.

Betty Swope, 11, Pittsburgh, Pa.

Beauty Calendar

Your September issue was really great. I especially liked the Beauty Calendar. It's going to help me a lot. Thanks for a great magazine!

R.G., Fullerton, Ca.

I just finished reading my sister's issue of 'TEEN and I wanted to tell you how great it was. I really liked the September 1976 Beauty Calendar and think you should have one every month.

A Fan, Ca.

Teens And Religion

I have just finished reading the article on religion (Sept. TN). I was interested in what other teens thought about religion. I am a Christian first, then a Baptist. I really don't understand why everyone isn't a Christian. It is so easy and worth believing because Christ comes through when no one else does.

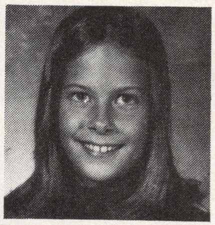
R.B. in Me.

I thought your September issue was great. I think teens need to know more about religion. Your special on religion was super. You've got a great magazine.

A Religious-Minded Person

I really liked your article "What Teens Really Think About Religion." I have been going to the Pentecostal Holiness Church since I was a baby and I would rather do it than anything else. I always read my Bible and pray for those who don't believe in God and don't know Christ as their savior. My father is a minister and he doesn't allow me to go to dances or movies or have any other records except gospel, and I think that is great!

Rebecca Roberts, Independence, Va.



I just had to write and say I loved the thing on religion in the September 'TEEN. I am a Christian, and God is the most important thing in my life. I always thought 'TEEN would be complete if they had something on religion. Thanks a million for letting me see the views of others.

Kelly Ivey, Arlington, Tx.

I just wanted to say how much I enjoyed the article "What Teens Really Think About Religion." My father is pastor of a Missionary Baptist Church where we go three times a week. It was really interesting to read so many different ideas and beliefs about religion. I am a strong believer in religion. I think everyone should know and feel God as I do. Thanks again for the wonderful and interesting article.

Rene Putman, 14, Mobile, Al.

WE GET

Skin Care

Great going, 'TEEN. You've done it again with your September issue. I enjoyed the article "Start-To-Finish Skin Care." It really helped me a lot with my skin. I also want to say that I love your Dear Jack and Dear Jill letters.

Susie Kephart

Poetry Corner

I would like to congratulate Cindy Peters for the great poem she wrote in the September issue. I really liked it a lot.

D.B., Mo.

Lindsey Erwin

I really liked the story on Lindsey Erwin (Sept. TN). It was great. I also loved all the articles and fall fashions. I've been reading your magazine for one year and love it. It's the best.

D.K., Ca.

Has Lindsey Erwin ever been a cheerleader? What high school did she go to?

Jeanne Fontenot, Los Angeles, Ca.

No, Lindsey was never a cheerleader. She attended a private parochial school for girls.—Ed.

I enjoy reading your magazine very much. It's terrific. I admire your model Lindsey Erwin. Would you please print her address so I can write her? Please hurry. I'm sure others would like to write to her, too. Thanks.

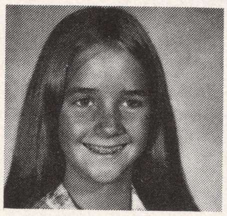
Lisa in New Jersey

You can write to Lindsey Erwin, c/o 'TEEN, 8490 Sunset Blvd., Los Angeles, Ca. 90069. We will forward the mail to her.—Ed.

I just finished reading my September issue. I especially enjoyed the article about Lindsey Erwin, 'TEEN's cover girl. I had often wondered who she was. I also love the Dear Jack and Dear Jill columns. And "Dream On, Teen Queen" by Judy Romberger was really good, too. You have a fantastic magazine, 'TEEN. Thanks!

Linda Perna, Westwood, Ma.

The Beach Boys



I just finished reading "The Beach Boys: Still Riding A Mighty Wave" (Sept. TN) and really enjoyed it. I really like the Beach Boys and their music and the article told me a lot more about them. Thanks.

Becky Richter, Piedmont, Ca.

I just wanted to tell you I really liked the article about the Beach Boys. They are my favorite group. September was my birthday, too,

Hello, Honey.

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Fabergé

so that article was like a birthday gift. I was 14. Thanks a lot.

Lisa Clivio, Woburn, Ma.

I was so glad to see the article on the Beach Boys. I think they are the greatest group around. Your article told me everything I wanted to know about them. Thanks a million.

A Beach Boy Fan

I was so-o-o-o excited when I saw the article on the Beach Boys. I'm a new fan of theirs and I love 'em. They're so great. When you're sad, all you have to do is turn on some Beach Boys' music and . . . instant happiness. Thanks for the article, 'TEEN.

Cindy Cook, Wheaton, Md.

Thank you very much for the article on the Beach Boys. They are my favorite group. I can hardly wait for their next album. I loved the article and the rest of the magazine (as usual).

Becca Forste, Cincinnati, Oh.

Bernie Taupin

I loved your September issue of 'TEEN. It was really great. I just loved the article on Bernie Taupin. I also liked the articles on the Beach Boys, the article on religion and everything else.

Susan Butcher, 16, N.Y.

This letter is written to protest a statement made by Bernie Taupin in the September issue ("The Brown Dirt Cowboy Has His Way With Words") when he was asked how his writing has changed. (He said that "people like much more what we are doing now . . . ") I disagree completely with him. His new songs are quite inferior to his old songs. I believe Elton John and Bernie Taupin have become too commercial.

No Longer A Fan

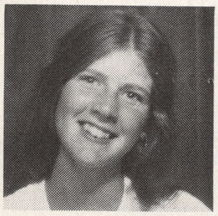
Thank you so much for the article on adorable Bernie Taupin in your September issue. It was just great!!

Connie Allen, 14, Salem, N.J.

Three Cheers

Three cheers for Mary-Anne Carmichael's super article on cheerleading (Sept. TN). I was a cheerleader the past year and loved every minute of it. Many thanks to a great magazine.

H.H., Mo.



Finally an article on cheerleading. Thanks a lot. I've already made the eighth grade squad for my school, Grant Jr. High, and I really enjoyed reading different opinions of students and cheerleaders.

Kim Jacobs, East Detroit, Mi.

Thanks so much for your article on cheerleading in the September issue. I was a cheerleader in eighth grade and I made the junior varsity squad in high school. Cheerleading is one of the best things for a girl to get into in my opinion. It also keeps high school from being dull.

Kay, Ia.

I thought your September issue was dynomite. I especially enjoyed your "Action Report On Cheerleading." I am a cheerleader and your article made me feel lucky to be one.

Denise Lardiere, 12, Belleville, N.J.

I think your magazine is tops. I loved the article on cheerleading. I am a freshman in high school and the article has inspired me to want to try out next year. Thanks.

Jan Braswell, 14, Al.

Discover Yourself

Thanks so much for Discover Yourself ('TEEN's special magazine). It came at a fantastic time for me. I bought three copies—one for my own reference, and the other two to use in psychology class. Thanks again.

Janet Boxdorfer, Caseyville, Il.

Pen Pal Problems

From your Bicentennial Pen Pal Exchange I got a terrific pen pal from Maryland. Her name is Chris Tonon, but I've lost her address. Please print this so Chris will write to me.

Cindy Tubergen, Byron Center, Mi.

My pen pal didn't put down her street address. Her name is Neria Steel, she is 13 years old and she lives in Wyaconda, Mo. Thanks.

Georgina E. Medina,
141 Diza Road,
San Ysidro, Ca. 92073

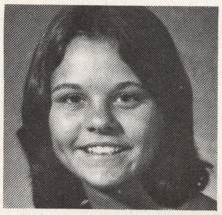
I lost my pen pal's address. I've been waiting for her to write but she hasn't. Her name is Eileen Burke. Eileen, please write and put your address in your letter.

Mary Pat Nolan, Rockville, Md.

My Bicentennial pen pal wrote to me, but I lost her letter. I don't know her name, address or state. I thought maybe you could help me find her through this letter. Thanks for your help.

Debby Skogen,
S.R.1, Box 10,
Ely, Mn. 55731

September 'TEEN



I really enjoyed the September issue, especially the articles on Bernie Taupin and Lindsey Erwin. Lindsey Erwin is very pretty and I always wanted to know more about her. Thanks.

A Faithful Reader in Depew, Ok.

I just wanted to tell you how much I enjoyed Judy Romberger's "Dream On, Teen Queen." I'm 11 years old and I have been reading 'TEEN for about a year.

E. from Illinois

"Dream On, Teen Queen" was great, just the kind of story I like to read. Not only did I like that story in the September issue, but also the "Are You A Junk Food Junkie?" article. Keep up the good work.

C.P., Escondido, Ca.

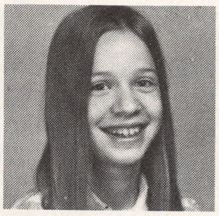
'TEEN Fans

I just wanted to tell you how much I enjoy your magazine. It's just what I need when I'm bored. From the time I get it, I read it all month until the next one comes. I've been reading 'TEEN for two years and don't plan to stop for quite awhile. As you can see, your July issue was one of my favorites.

Loyal Oregonian

I have been reading 'TEEN for the past year. I think that 'TEEN is the best magazine for new fashions. Also, I really enjoy your beauty articles and stories.

Pam Manfred, Mystic, Ct.



I know that you get a lot of compliments on your magazine, but I don't think it hurts to keep getting them. I really enjoy 'TEEN. I've read other magazines but I enjoy 'TEEN above them all. You're doing a great job.

Nancy Petrus, Liverpool, N.Y.

Just had to drop you a line and tell you how much I enjoy receiving your magazine. I have been getting it for the past year and I just love it. Even my mother reads it. Thanks a lot, 'TEEN.

Marlien van de Poll,
Fredericton, N.B., Canada

Send us your letters about what you like and dislike in 'TEEN—and why. Please include a clear photo. Send to We Get, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. At the same time join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." (Note: Do *not* write this message on the envelope you address to 'TEEN, but on *your* self-addressed, stamped envelope.) 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

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"Twas the night before Christmas, everyone was bright,
Wrapping Sweet Earth surprises with smiles of delight.

Angels, Kitty Cats, Sweet Earth oils and Mists,
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Sweet Earth Fragrances by Coty.

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So start using Ten-O-Six first thing every morning and last thing every night. It's the good skin care habit to stay with all your life.

Ten-O-Six Lotion by Bonne Bell.

DEAR JACK

Dear Jack:
I'm 14 and I don't know what to do. My parents broke up and I ended up living with my mom. I miss my dad a lot, but I never get to see him because I live 100 miles away from him. Recently, because my mom and I have been fighting, I have been telling her I want to go back with my dad. But she says no. My boyfriend is offering to drive me to my father's house. I don't know whether I should go or not. What should I do?

Confused, Ferndale, Wa.

Dear Confused:
I think your first step should be to contact your father and tell him the problems you've been having with your mother and see what he suggests. Then, if you want, ask him if you can go to live with him. But I would not suggest leaving your mother's home without telling her first and not without finding out from your father that it's okay with him.

Dear Jack:
Your advice to Loved and Confused was great. I'm one of those you termed a "lucky girl" because one of my best friends is a boy. When I finally realized that all my dreams (of being his girlfriend) weren't going to come true, I settled for a friendship that has kept on growing for six beautiful years. He's a great guy and I know he cares for me because he never puts me down. Lucky me, I know he's one of a kind.

Love Him Always

Dear Jack:
My problem is my boyfriend. He won't take me into his confidence. We've been going together for about a year and he doesn't tell me any of his thoughts, ideas or problems. He was very open with his last girlfriend, but anything he told her on Friday night would be common knowledge all through school by Monday. I think that's why he's afraid to be open with me. What can I do?

Crying in Colorado

Dear Crying:
A year is quite a long time to wait for him to start trusting you enough to share things with you. Have a talk with him and remind him that you are not his old girlfriend, that you are not a gossip or tattletale. Show him that you can be trusted by not talking about others' confidences with him. You have a right to expect that the longer you go together, the deeper you will grow to care for each other. But that will be impossible for you if he cannot share special things with you that he doesn't share with everyone else.

Dear Jack:
My boyfriend is upset because his family has more baby pictures of his brother and sister than of him. He also notices that he doesn't look like any of the other members of the family. Once his father told my mother that he doesn't think my boyfriend is his son. My mother told me this and I tried not to let it bother me until my boyfriend told me about the baby pictures. Should I tell him the truth?

Anonymous

Dear Anonymous:
No, don't tell him anything because you don't know "the truth." This problem should be strictly between your boyfriend and his family. If he wants to relieve his doubts, he should ask his father and mother.

Dear Jack:
Ever since I've gone to my new school, I've been asked out a lot. I've asked my parents if I could go, but they said no, that I have to wait until I'm 16. (I'm 12 now.) I sort of like the idea of going out with a boy I like, but I don't go because I respect what my parents say. So what do I do?

Confused

Dear Confused:
Ask your parents if it would be all right to occasionally invite the boy over to your house to visit, play records or study. That would be one way to see him if your parents agreed. You could also make group dates with your friends to go skating, to school athletic events, etc. and include the boy or boys you like, if your parents okay it.

Dear Jack:
I have this problem: I am fat, ugly and a big bawl-baby. Please tell me how I can be popular with the boys. Even the girls hate me. I guess I am just a big, fat slob. Please help me.

Fatty of Elberon, Ia.

Dear Reader:
The first thing you must do—and right away—is to stop putting yourself down. It is a fact that if you don't go around telling people that you are inferior, many people will never guess it. (And the truth is that you're not inferior; you just think you are.) So stop the put-downs as a first step. Make a list of your assets as a second step. Reread the list of positive things about yourself whenever you feel in the mood to put yourself down. Next, take some steps to change the things you don't like about yourself—like your weight, for example. Changing those negative things about yourself will also add to your self-esteem. Pretty soon you will be more positive, self-confident and slim. That should help to attract friends of both sexes. I believe in you and am sure you can do it.

Dear Jack:
I saw this guy at a basketball game and think he's really good-looking. The problem is that he's shy and we don't seem to go to the same places so I could meet him. I've asked around and have heard he's a really nice, straight kid. How can I meet him? Would it be all right to call him on the phone?

Waiting and Wanting, Pa.

Dear Waiting:
I think calling him would be premature since you haven't met him yet. Whoever told you that he is a nice guy must know him somewhat, so ask that person or persons how you could meet him. If you both go to basketball games, that would be the logical place to meet.

Dear Jack:
I have this awful problem. I really, truly love my best friend's brother and I've liked him for four years. Every time I think I'm finally getting somewhere, some girl pops into his life and that ruins everything for me. I'm seriously thinking of killing myself because if I can't have him, I don't want to live. I love him and don't want any other guy. I can't concentrate on anything but him.

Desperate & In Love

Dear Desperate:
It's time to call a halt to this overlong, one-sided love affair. You can get over him. Four years is way too long to have shut yourself off from getting to know some other nice boy who might be available to you. Go out on dates (no excuses) and start to get involved with other people. One-sided affairs happen to just about everybody, but most people who care about themselves admit after a point (and I think you've reached this point) that things will not work out and they try to come to terms with that. Try it.

If you have a problem we'd like to help you if we can. Send your letters to Dear Jack, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. We can't answer all letters, but we will do our best. At the same time join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." (Note: Do *not* write this message on the envelope you address to 'TEEN but on *your* self-addressed, stamped envelope.) 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

DEAR JILL

Dear Jill:
I'm 15 and have an awful temper. I've been dieting and my friends (?) say I look great. If I look so good, why don't they ever invite me anywhere?

Lonely, Ky.

Dear Lonely:
It's wonderful that you care enough about yourself to watch your weight. Perhaps now if you care enough about your friends (and yourself again, too) to try to tame that terrible temper, you might find yourself with more invitations.

Dear Jill:
This letter is for Ms. Nobody who wrote to you recently. I'm 16 and tried to take my own life, too, before I started going to a family counseling service. I used to think that my problems were hopeless, but now, with the help of my great counselor, I'm finding that isn't the case. My struggle against life has changed to a struggle *for* life. I'd advise anyone who feels life is hopeless to try counseling before you give up on life. It makes such a difference!

Alive and Happy, Il.

Dear Alive:
Thank you for sharing your experiences with us and pointing up the fact that counseling can help you to make changes in your life that you never thought possible.

Dear Jill:
My teacher gives us a lot of work in math and sometimes I don't get it done. My friend tries to give me her answers, but I won't learn anything that way. Help!

Not Done, Wi.

Dear Not Done:
You're smart to realize that copying answers is no solution for you. If this work is homework, how do you budget your time after school? Do you procrastinate? Talk on the phone a lot? Watch a lot of TV? Cutting down on this may enable you to finish your math. If this is classroom work and not understanding the material is pulling you down, ask your teacher for extra help or, perhaps, your friend could tutor you after school.

Dear Jill:
I'm an only child and don't have anyone to take things out on after family fights. Help!

Blown Up, La.

Dear Blown Up:
Taking your anger out on someone else—especially a younger sibling—is a bad habit to cultivate. You're lucky that you haven't had the chance to fall into this behavior pattern. Learn to deal with your anger more constructively. Tell other people how you feel with "I" statements—like "I feel angry because. . . ." If talking won't help or isn't possible at the moment, write your feelings down, talk with a friend or try some vigorous physical exercise to get rid of some of that angry energy.

Dear Jill:
I'm 15 and my family bugs me. They throw all their anger on me and I'd like to hurt them by doing something they'd regret—like getting pregnant. That would really hurt them. Don't tell me to talk to them. I can't. Please answer before I do something I'll regret.

Need Help, Ca.

Dear Need Help:
Your last sentence is very important. I think you know that getting pregnant to spite your family would hurt you and your future most. If talking is impossible, contact your local Family Service Agency for counseling. If your family will not go as a group, go alone. At best, group counseling will help your family communicate and handle anger more constructively. At the very least, counseling could help you to deal with some of the pressures you face daily.

Dear Jill:
I'm 14 and SO hurt! My girlfriend and I had planned to be roommates in college and after that, work and live together. She had told me she would never get involved with a boy. Now she has and, although she says she wants to be friends and spend time with me, she also spends some of her time with him. I feel very alone and I'm afraid that our friendship is gone.

Jennifer, N.J.

Dear Jennifer:
Sharing new experiences can enhance a friendship. Dating is a natural part of teen life and expanding your horizons to include others is part of growing up. This doesn't mean that you and your friend can't be close or even realize some of those old dreams. Instead of holding your friend to old promises, share her delight in her new discoveries. You may make some interesting discoveries of your own someday soon. A friendship means sharing—not stifling each other.

Dear Jill:
I'm 12 and very scared because my mom and dad are getting a divorce. They're trying to keep together until I get out of high school, but it's hard and there is a lot of tension in the house. I'm scared because I'm afraid I won't have any friends if my parents divorce. My sister keeps telling me that this won't happen. What do you think?

Scared, Wi.

Dear Scared:
Your friends are not likely to split unless you push them away by withdrawing from them. Divorce is very painful for everyone involved—parents and kids—but may not be as difficult as living with constant tension. Since divorce seems inevitable, try to accept the reality and see that it doesn't mean that your parents don't love you or that it will reflect on you and thus affect your friendships. Your sister is right. Your parents' divorce will only make a difference in your friendships if YOU let it!

Dear Jill:
I'm a fat 13-year-old who weighs, get ready, 175 pounds! I'm on a diet and am losing weight (13 pounds so far), but what do I do in the meantime? My goal is 110 and it will take about a year to get there. Any suggestions on how to keep my spirits up? Losing weight is great already, but 110 seems SO far away!

Fat Forever, Tx.

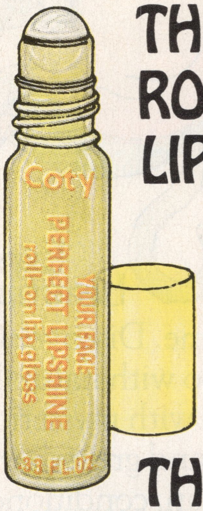
Dear Skinny-To-Be:
Your resolution to get to 110 and your loss already is admirable! To keep your spirits up, why not set intermediate goals as well to give yourself a continuous feeling of accomplishment? When you get down to 160, celebrate a little by doing something (besides eating!) that you enjoy—taking up a new hobby or interest or making or buying a clothing item like a smock top that will see you through quite a bit of weight change. Have another celebration at 150 and so on down to 110. That way, you'll feel like a success all the way down the scale! Good luck!

If you have a problem, we'd like to help you if we can. Send your letters to Dear Jill, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. We can't answer all letters, but we will do our best. At the same time join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." (Note: Do *not* write this message on the envelope you address to 'TEEN but on *your* self-addressed, stamped envelope.) 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

SHINE

PERFECT LIPSHINE.

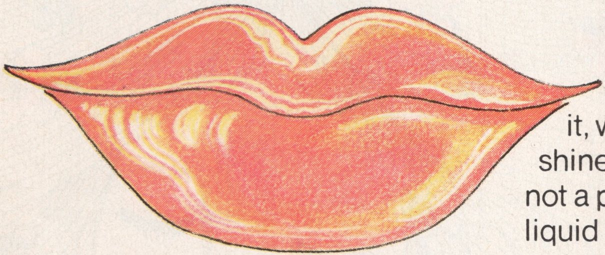
THE NEW ROLL-ON LIP GLOSS.


Coty
YOUR FACE
PERFECT LIPSHINE
roll-on lip gloss
.33 FL. OZ.

THE ULTIMATE SHINE. IT COULD ONLY BE A LIQUID.

So, because you needed it, we've created the ultimate shine. Perfect Lipshine. It's not a pot, but a smooth roll-on liquid lip gloss. Unbelievably wet and luscious, a lasting shine you never thought possible. And only a creamy liquid could do it.

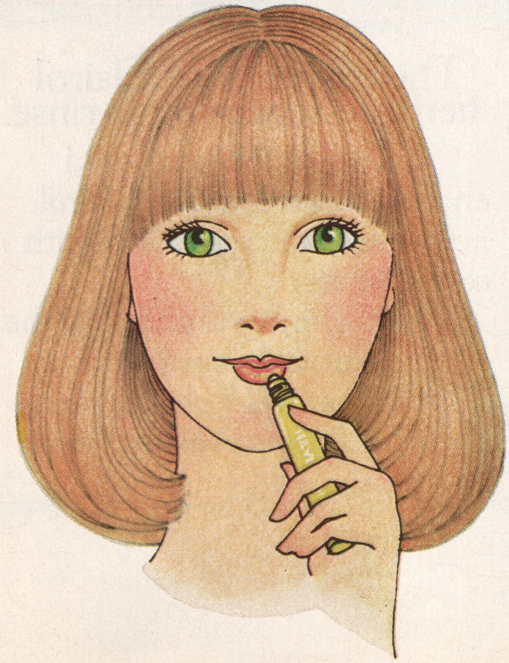
And, whether you wear it over lipstick or alone, Perfect Lipshine is the glowingest, shiniest, gleamiest, shine around.



THE PROBLEMS WITH SHINE.

As beautiful and luscious as shine looks on your lips, there are definite problems getting it there.

Because so far the shiniest shine has come in pots. But, unfortunately, they're practically as messy as they are shiny. So you end up with shining fingers as well as shining lips.

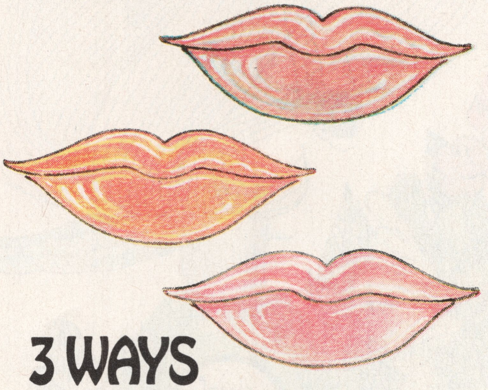


THE EASIEST WAY TO SHINE.

And, because Perfect Lipshine is a roll-on, it's never messy or complicated. No more sticky fingers.

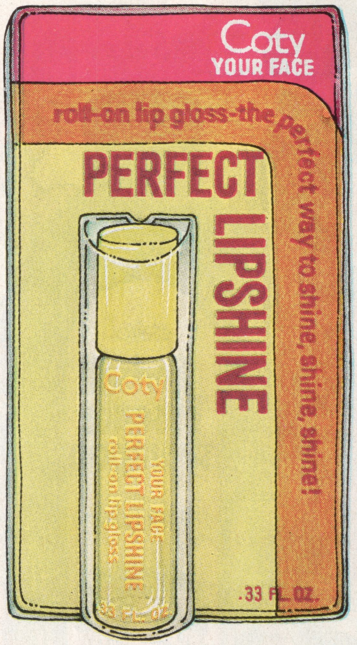
It always goes on evenly and in just the right amount.

In other words, Perfect Lipshine is the perfect way to shine.



3 WAYS TO SHINE.

Perfect Lipshine comes in 3 beautiful shines. 3 beautifully different looks, and the only ones you'll ever need. Perfectly Clear for an absolutely pure transparent shine. Perfect Frostshine for a silvery gleaming shine. And Perfect Goldshine for a golden luscious glow.


Coty
YOUR FACE
roll-on lip gloss-the perfect way to shine, shine, shine!
PERFECT LIPSHINE
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YOUR FACE
PERFECT LIPSHINE
roll-on lip gloss
.33 FL. OZ.
.33 FL. OZ.

YOUR FACE BY COTY

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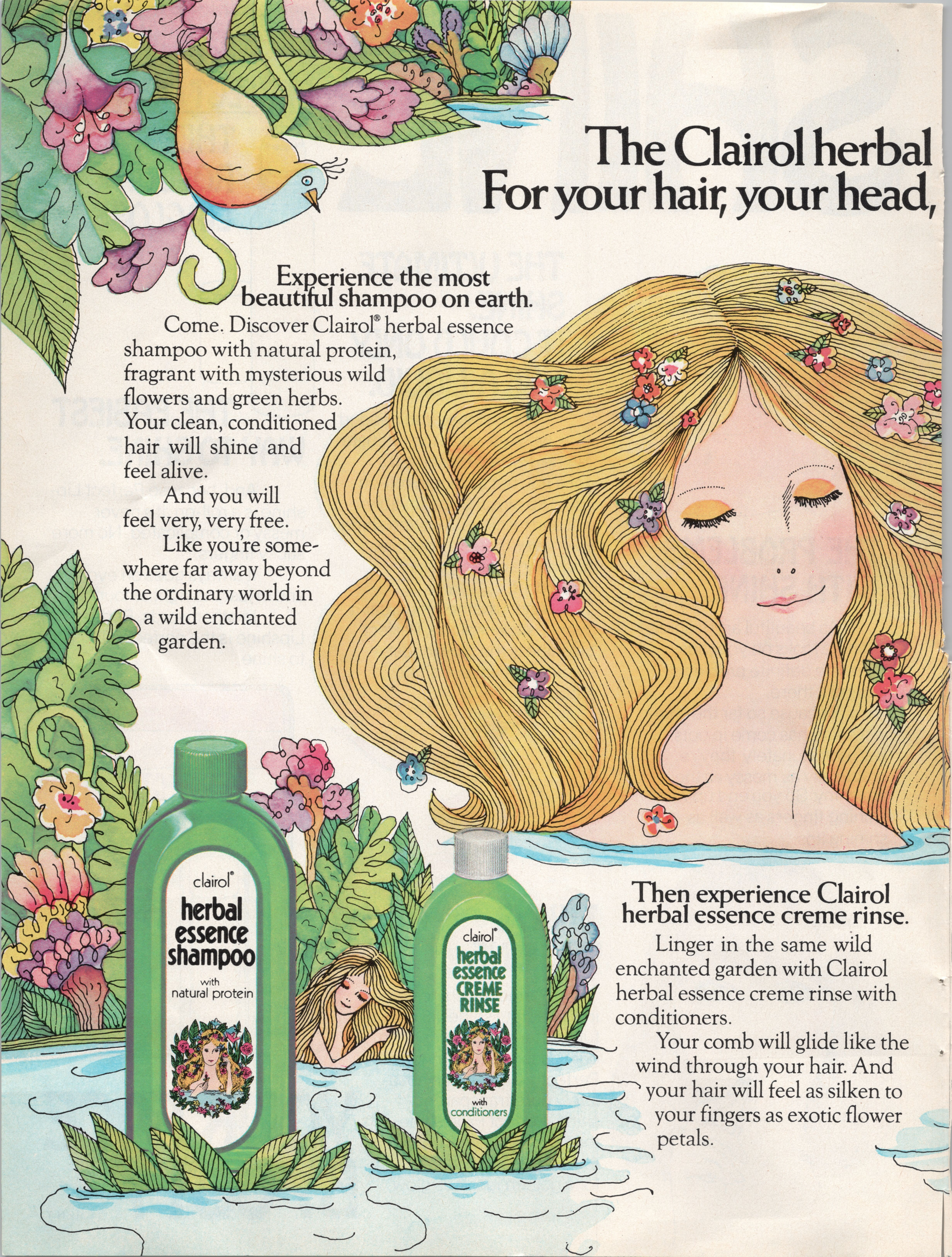

clairol®
herbal essence shampoo
with natural protein
clairol®
herbal essence CREME RINSE
with conditioners

The Clairol herbal
For your hair, your head,

Experience the most beautiful shampoo on earth.

Come. Discover Clairol® herbal essence shampoo with natural protein, fragrant with mysterious wild flowers and green herbs. Your clean, conditioned hair will shine and feel alive.

And you will feel very, very free.

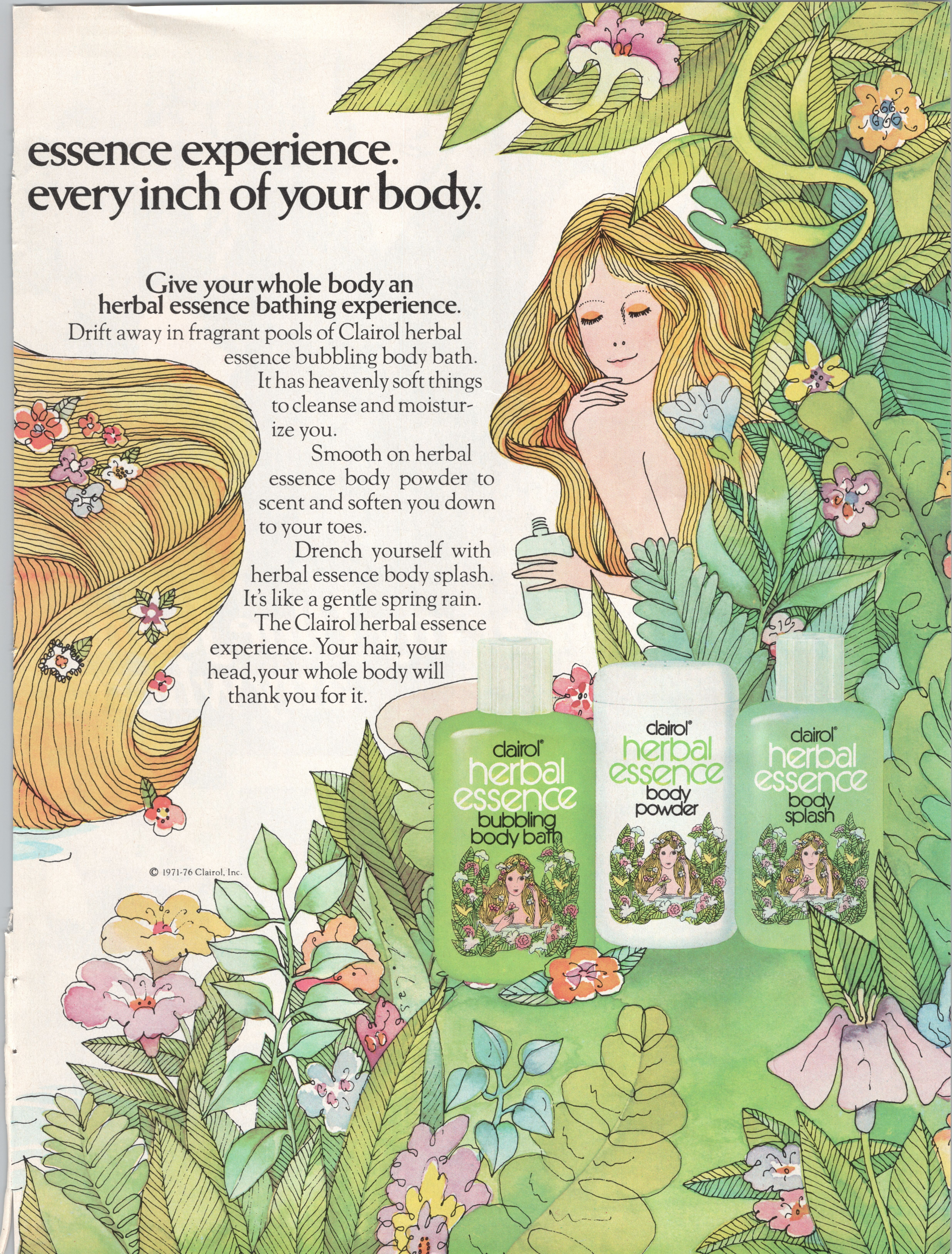
Like you're somewhere far away beyond the ordinary world in a wild enchanted garden.

Then experience Clairol herbal essence creme rinse.

Linger in the same wild enchanted garden with Clairol herbal essence creme rinse with conditioners.

Your comb will glide like the wind through your hair. And your hair will feel as silken to your fingers as exotic flower petals.

essence experience. every inch of your body.


clairol®
herbal essence
bubbling body bath
clairol®
herbal essence
body powder
clairol®
herbal essence
body splash

Give your whole body an herbal essence bathing experience.

Drift away in fragrant pools of Clairol herbal essence bubbling body bath. It has heavenly soft things to cleanse and moisturize you.

Smooth on herbal essence body powder to scent and soften you down to your toes.

Drench yourself with herbal essence body splash. It's like a gentle spring rain.

The Clairol herbal essence experience. Your hair, your head, your whole body will thank you for it.

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Now I can wear my Blue Jeans®
anywhere.
Blue Jeans
cologne mist
NET WT 2 OZ
Blue Jeans
cologne mist
SHULTON
NET WT 2 OZ

Cologne, Cologne Mist, Dusting Powder.
Available at drug and variety stores.

Dressing up is fun. 'Specially since I can still wear my BLUE JEANS cologne. It makes me feel . . . soft. And breezy. And pretty. And I guess I'm not the only one who thinks so.

SHULTON

JUST BETWEEN US

Another 'TEEN year has passed.

Once again, it's time to ask for your comments about what you've seen and read in 'TEEN in the past year.

Please fill out the questionnaire below and send it to: 'TEEN Poll, 8490 Sunset Blvd., Los Angeles, Ca. 90069. We'll be sure to take what you say into consideration when planning ahead for 1977.

1. Which issue of 'TEEN was your favorite? Please tell us why.
2. Do you subscribe to 'TEEN or buy it on the newsstand?
3. Which columns are your favorites? (Dear Jack, Dear Jill, Reader Write-On, Dear Doctor, etc.)
4. Excluding Dear Beauty Editor, which beauty article or pages were your favorites?
5. What fashion pages did you like the best?
6. What feature article was your favorite?
7. What do you like least about 'TEEN?
8. What do you like most about 'TEEN?
9. What entertainment personality would you most like to read about in 'TEEN?
10. Which cover was your favorite? (Please number the covers from 1 (favorite) to 12 (least favorite).

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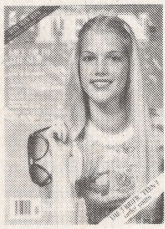
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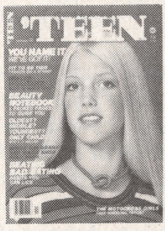
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11. What would you like to see more of in 'TEEN?

Have A Merry,

Roxie

Think of it as beauty sleep. Out late? Great! But now you have those deep, no-sleep dark circles. Run for cover. . . Maybelline Cover Stick. A swivel case of pure cover-up. It's so creamy, it blends perfectly, covers beautifully, stays smooth (not dry). Hypo-allergenic, fragrance-free. 5 skin-tone shades. One's yours. In just ten seconds, you'll look like you had 10 hours' sleep.

Maybelline
COVER STICK
Hypo-Allergenic Fragrance Free

DARK CIRCLES DISAPPEAR WITH COVER STICK

Maybelline®
Fine make-up sensibly priced

DEAR DOCTOR

Harry Stults, M.D.

Meet 'TEEN's new Dear Doctor

Dr. Harry Stults, head of the Pediatric Adolescent Medicine Program, Department of Pediatrics, The University of Oklahoma Health Sciences Center in Oklahoma City, will be writing 'TEEN's "Dear Doctor" column starting with this issue.

A native of Ohio, Dr. Stults is a graduate of Wooster College and Case Western Reserve School of Medicine in Cleveland. After serving a fellowship at the nation's first adolescent medicine clinic at Boston Children's Hospital, he joined the medical teaching staff at the Adolescent Unit, Children's Hospital, Harvard Medical School, for ten years. Dr. Stults has devoted his time to a number of special projects including research in obesity, work in a drug addiction center and, currently, in an American Indian health center. He is the father of two teenagers.

Dear Doctor:
Every time I kneel, my knees crack on the way down. Why?

Crackie, Nb.

Dear Crackie:
Many people hear such a noise when they kneel without having any significant disorder. However, if you have had an injury to your knees or if you also have actual pain upon kneeling, consult a bone and joint specialist (called an orthopedist).

Dear Doctor:
I'm 12 and all my family does is fight. My brother is emotionally disturbed. I'm thinking about going on drugs or starting to drink. What would happen to my body if I took drugs?

Troubled, Il.

Dear Troubled:
Although it sounds as if you have good reasons to be troubled, it's a positive sign that you pause to ask about possible harm that would result from blotting your problems out with drugs. That's good thinking!

Drugs will only make your physical or emotional problems worse. Get some books from your local or school library and read about drugs. Try talking with some people who have had to be hospitalized because of drugs and/or alcohol. Most important, seek out a counselor at school, at your church or at your local Family Service Agency and discuss with them how to help lessen the tension at home. You might also speak with a doctor, possibly the one who cares for your brother. Stay well!

Dear Doctor:
For the past few months, I've been having sudden, sharp pains in my abdomen for no reason at all. Sometimes the pain is on the left side, other times on the right and sometimes even in the middle shooting up to my navel. Also, when I get cramps, they are usually on the right side. Do you know what might be causing this?

P.Z., Ca.

Dear P.Z.:
There are a number of possibilities. To get a correct diagnosis, a doctor would have to ask you many more questions, perform a complete physical exam, then obtain blood, urine and X-ray exams. A brief answer from me might do you more harm than good if it kept you from discussing this matter with your parents and your own doctor.

Just think of all the organs beneath your abdomen: stomach, large and small intestines, liver and gall bladder, kidneys, ureters and bladder, uterus and ovaries. Problems can develop in any one of these organs. An examination by your own doctor is the only way to find out—specifically—what the answer is in your case. I suggest you call your doctor today.

Dear Doctor:
I'm 13 and have lumps in both my breasts and am scared it's cancer. I've never told anyone because I'm scared of what would happen. Lately, I've been having blood discharge from my bowel. I read that this, too, is a sign of cancer. I'm too embarrassed to tell my mother and would never tell my doctor. Please help!

Worried, Mi.

Dear Worried:
Cancer of the breasts or of the bowel are very unlikely at your age. The blood from your bowel could be from some constipation and a hard stool that may have made a little tear in your anus. This usually heals on its own if the constipation does not persist. So I'm not too worried about serious diseases causing your symptoms.

However, I am worried about your attitude towards your own health. What if these symptoms were signs of something serious and you felt too embarrassed to tell your mother and decided you could never tell your doctor? Then you could have much to fear, for how could anyone help you? Try talking with your mother and your doctor. You'll feel a lot better for it.

Dear Doctor:
I'm 13, 5'5" and weigh 165 pounds. I know I really need a diet, but after reading the article on anorexia nervosa in 'TEEN, I can see that I have personality traits like the anorectics. I don't want to overdo my diet. What can I do?

Scared, Oh.

Dear Scared:
You're right about needing to go on a diet. Relative to your height, you're about 45 pounds overweight. If you work closely with a physician on your diet, it is unlikely that you will go overboard.

Dear Doctor:
I think I'm the only hairy female in the world. I shave between my breasts and around my belly button. I have been thinking of going to a doctor to get it removed permanently, but I'm afraid. Please help me.

Hairy, Wa.

Dear Hairy:
You may not realize this in your immediate world of acquaintances, but there are a number of women with hair in these places. The basis for this may be genetic (or hereditary) or constitutional. There are also disorders of the hormone-producing glands, such as the ovaries and the adrenal glands, which may produce an excess of male-type hormones, which in turn, can stimulate the hair follicles in these places.

Doctors such as endocrinologists or gynecologists are experienced in evaluating such possibilities. Many family practitioners, internists and pediatricians can check this for you and steer you to such a consultant if it is indicated. Seek the causes for your condition rather than merely removing the hair. If there is no abnormal underlying cause—and this is often the case—then you can remove this hair.

Not to replace your doctor, but to obtain additional information, write to Dear Doctor, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. We can't answer all letters, but we will do our best. At the same time join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG card." (Note: Do *not* write this message on the envelope you address to 'TEEN, but on *your* self-addressed, stamped envelope.) 'TEEN will in turn send you a TRG card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

the beauty basics by clairol®

(you can live without them, but not so beautifully)

Roll your own sets — beautifully and fast — and watch 'em last. With the Clairol® 20 Instant Hairsetter. It's America's favorite electric setter.

Son Of A Gun®! Meet the new-generation lightweight. A 1200 watt blast of power. Yet, incredibly, 16 ounces light. And 100% beautiful. It's the dryer of the future. Right now.

Flip, shape or steam up a headful of crazy 10-second curls with Crazy Curl.® Super fast for jiffy touch-ups. Great for all types of hair.

Get double your mirror's worth with Mirror Mirror. One side's regular, flip-side magnifies. Both are lighted, fog-free, glare-free. Sits or hangs anywhere. Beautifully.

Spin your skin really clean with The Skin Machine.® The battery-powered facial brush that cleans like your washcloth can't. You'll love the feel of it.

Travel in style with Set To Go,* the 5-roller mini-setter. Gives you the same quick, long-lasting, tangle-free sets as Clairol's big hairsetters.

clairol
the beauty makers

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By Kathy McCoy

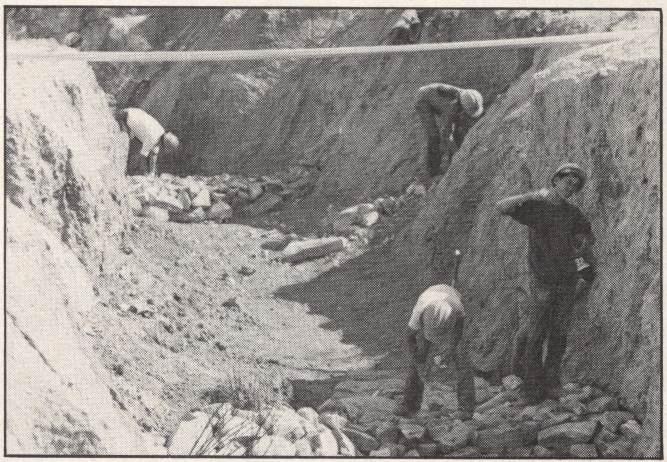
Kaye Maas digs in to help extend a water line at the Dam's North Shore marina.

Under the blazing desert sun, a group of teens in hardhats works stoically on the dry lands around the reservoir near Pueblo, Colorado. They have much to do and relatively little time. There are nature trails and small rock dams (to stop erosion) to be built. There are struggling young trees to be irrigated and water lines to be extended to the new marina area. What is now largely barren land will soon be a major water recreation area and camping spot, an oasis of beauty. These teens are playing a vital role in building and restoring the natural beauty of this land. . . .

The air is crisp and cool; the patches of sky between the towering pines, a brilliant blue. In the natural, quiet beauty of the Crystal Lake campgrounds in the mountains above Los Angeles, another group of teens is hard at work, building trails, picnic tables and outdoor cooking areas for generations of future nature lovers. . . .

From the slopes of the famous Mauna Loa volcano, one can see much of the big island of Hawaii, a study in contrasts. Teens are everywhere the eye can see: rebuilding lava-covered trails at Mauna Loa's summit, gathering seeds of rare plants in the dense tropical rainforests and constructing new nature trails that wind along the shimmering blue sea. As they work in the flower-scented air, these teens are helping to preserve much of the present and future beauty that is Hawaii. . . .

Teens diligently haul rocks by hand to create a low water crossing for vehicles in an active streambed.



Small rock dams help slow water and stop erosion.

THE YOUTH CONSERVATION CORPS SECRET:

an experience in learning, living and loving

Photos: U.S. Bureau of Reclamation, Pueblo, Co.

Rafting down the Arkansas River is exciting weekend fun.

Who are these teens who toil diligently in deserts, forests and on volcanic slopes? They are all members of the Youth Conservation Corps, a fascinating work-earn-learn experience. Dubbed "Washington's best-kept secret" because, due to early limited funds, it has been little publicized, the Y.C.C. is, nevertheless, an opportunity for teens 15 to 18—nationwide—to combine meaningful summer jobs with environmental education, conservation and, in many cases, an away-from-home living experience.

Created by an act of Congress five years ago and administered by the U.S. Department of the Interior, the U.S. Department of Agriculture-Forest Service and individual state governments, this highly successful, now-thriving, 8-week summer program provides equal opportunities for young men and women of all races, creeds and economic backgrounds. To apply, you must be a U.S. citizen, meet the age requirement, have no history of serious criminal behavior, have work permits (when required) and Social Security numbers and the physical ability to perform necessary Y.C.C. tasks. Even some teens who are handicapped may be eligible. The Pueblo, Co., Y.C.C. camp, for example, had two active, involved enrollees this past summer who were deaf.

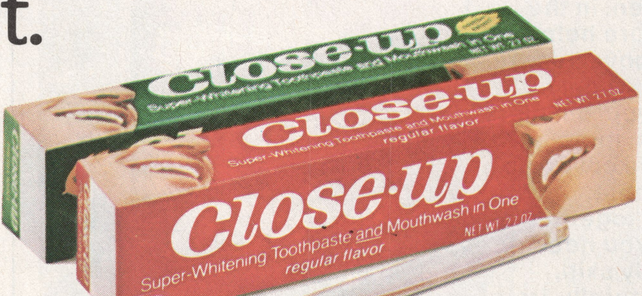
continued on page 20

Bangles and beads might catch his eye. But...

...a brilliant Close-up smile and fresh Close-up breath might even capture his heart.

Close-up® is that shimmering, freshening gel toothpaste with two special, gentle whiteners to polish your teeth as white as they can be . . . plus a tingly real mouthwash to dazzle your breath.

Maybe that's what's been missing all along.


Close-up
Super-Whitening Toothpaste and Mouthwash in One
regular flavor
NET WT. 2.7 OZ

regular flavor or fresh mint

Put your money where your mouth is. Buy Close-up toothpaste. He'll notice.

Sweet Earth vs. Oily Skin.

Now, Sweet Earth Blotter Plus+. Medicated cleanser plus tinted cover-up.

Sweet Earth Blotter Plus+. It's everything you need to fight oily skin.

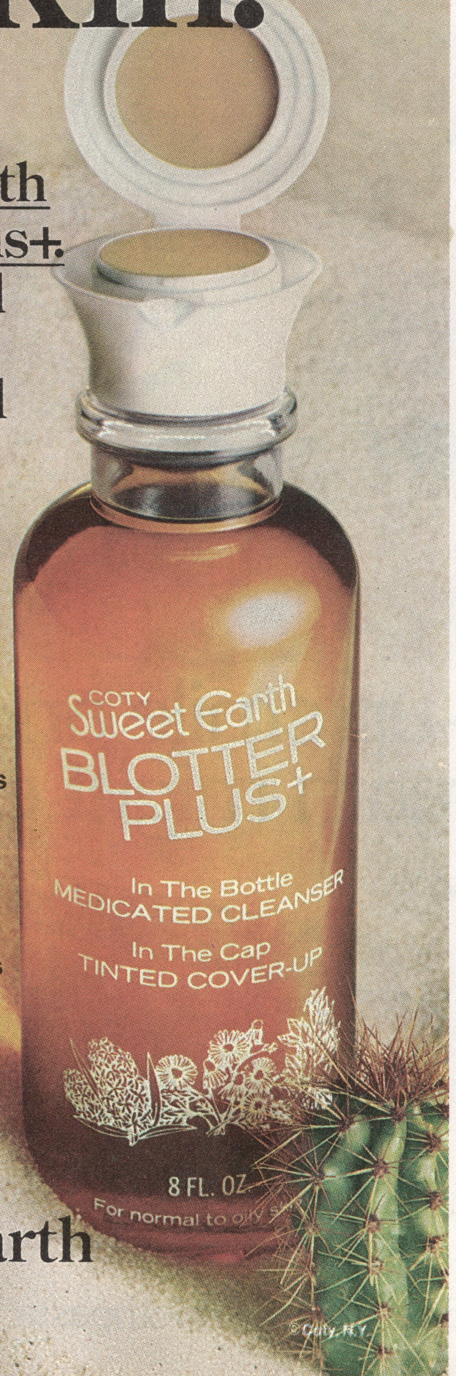
First, in the bottle, a medicated cleanser. It's antiseptic, astringent, and it helps blot away all that excess oil you're always trying to get rid of.

Then, in the cap, more help. A tinted cover-up, which not only covers up, but blots up even more oil. And, the cover-up is portable.

All together, it's all you need to fight oily skin.

Naturally, from Sweet Earth.

Sweet Earth by Coty.



Work is outdoors in national parks, national forests and other public land and water areas. While you work on conservation projects, you also learn *why* these are important and how your contribution helps. Some camps are affiliated with local colleges and offer high school or advance college credit in environmental studies.

Pay rates vary, depending on federal and state minimum hourly wages and the number of hours corpsmembers work. A typical weekly schedule would include 30 hours of work and ten hours of environmental education.

"Our first priority is environmental education," says Jerry Eoff of the U.S. Forest Service and director of a California Y.C.C. camp at Crystal Lake. "The second priority is providing these kids with summer jobs where they can earn about $400 in an eight-week period and have the unique experience of camping out in the forest during the week. Third, we get some of *our* projects done."

Corps members spread wood chips on a hillside to prevent erosion and to help re-vegitation of the Pueblo Dam area.

Bert Schulle, chief of Land Management and Recreation for the U.S. Bureau of Reclamation office in Pueblo, Co., agrees that "The Y.C.C. kids do things that we'd be hard-pressed to do, things that would be prohibitively expensive to do with regular crews, things that probably wouldn't be done otherwise. It's important from that standpoint and also as a learning experience. Every job they do is seen as an opportunity to learn. Even while picking up trash after the July 4th crowds had left the area, our corpsmembers sifted through it to see what could be recycled and also did a study on what people are throwing away."

Donna Roberts, a college student and group leader at the Pueblo Y.C.C. camp, adds that she has encouraged the teens in her group to write letters about environmentally threatening things they've discovered to appropriate people and agencies.

These concerned teen citizens are a balanced ethnic, racial, economic and male-female group selected by a computerized lottery system from a pool of local applicants. (If you apply to Y.C.C., you will generally be considered for a site near your home to minimize your transportation expenses and maximize your potential earnings.)

Some camps are tents or barracks in the wilderness. Other Y.C.C. members work close to nature, but live in nearby college dorms. Still other corpsmembers are in nonresidential programs allowing them to live at home and commute to work. Some of the residential

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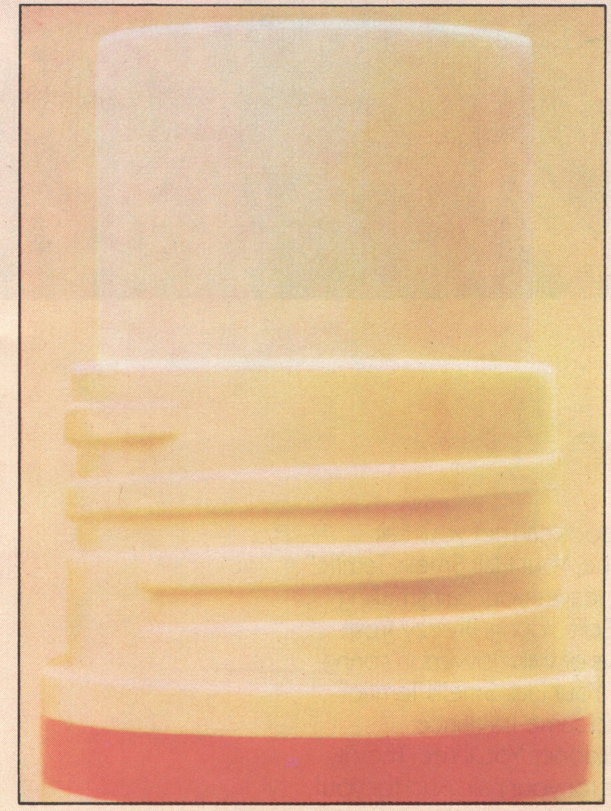
THE MIRACLE THAT HAPPENS ON YOUR FACE.



THE COLORLESS BLUSHER THAT KNOWS WHAT COLOR EVERY FACE SHOULD BLUSH.

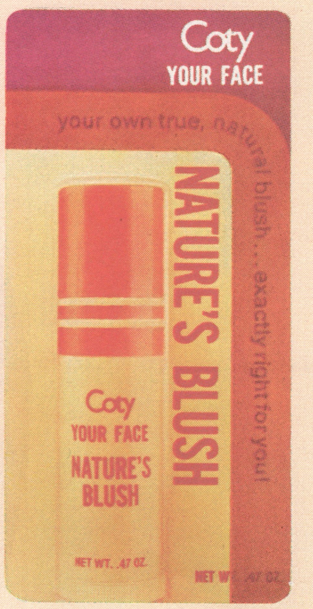
This is a blusher unlike anything you've ever experienced before.

It's new, Nature's Blush by Coty. The colorless blusher that doesn't blush until you put it on.

Then Nature's Blush happens right before your eyes. Its clear transparent color slowly mixes with the color of your skin to become the perfect, natural, individual color for you to blush.

And no matter how light your skin is, how rosy, how tan, Nature's Blush always knows what color you should blush.

Nature's Blush. You just put it on and wait a few seconds. It does the rest. Just like nature itself.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"GEE, YOUR HAIR SMELLS TERRIFIC!"

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fragrance shampoo
"GEE, YOUR HAIR SMELLS TERRIFIC"
fragrance conditioner

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FRAGRANCE SHAMPOO &
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THEY'RE TERRIFIC!

Available in normal/dry and oily hair formulas.

Meet The Supersports

Over 30 teen athletes of the month will be chosen during 1976-1977, and one lucky winner will become 'TEEN's Athlete of the Year. 'TEEN Magazine and Burlington Socks-Adler will co-sponsor a year-long Supersport competition, open to girls between 12 and 19 years of age.

'TEEN will run a monthly column that will feature three Supersport winners. In May of 1977, the 'TEEN Supersport of the Year will be selected from the monthly winners.

Teens participating in any team or individual sport are eligible. Just tell us about your own athletic achievements or those of your friends. Enter as many times as you wish.

Here's how you can win:

1. In 150 words or less, write a brief summary of your athletic achievements and tell why you feel your entry should win.

2. Include at least two black and white action photos of yourself or your friends participating in the sport at which you excel.

3. Include the name, age, address, height and weight of the entrant, the name and address of the school you or she attends, and the name of the athletic director at the school.

4. Mail your entry to:

SUPERSPORTS
c/o 'TEEN Magazine
8490 Sunset Blvd.
Los Angeles, Ca. 90069.

5. Entries will be judged by the editors of 'TEEN on the basis of amateur athletic achievement.

6. Your entrant must be of amateur athletic standing.

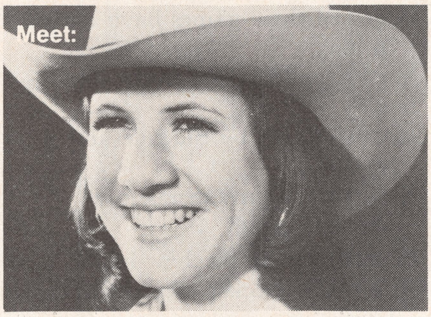
Each of the monthly winners will receive a super sporty prize, courtesy of Burlington Socks-Adler. Included will be athletic socks, leotards, tights and knee-hi's all packed in a nifty racing-stripe Weekender suitcase. From the monthly winners, one girl will be named **ATHLETE OF THE YEAR** and will receive a $1,000 scholarship to the school of her choice. The 'TEEN/Burlington Socks-Adler Athlete of the Year will be selected in May of 1977. Her story will be published in 'TEEN's August 1977 issue.

●

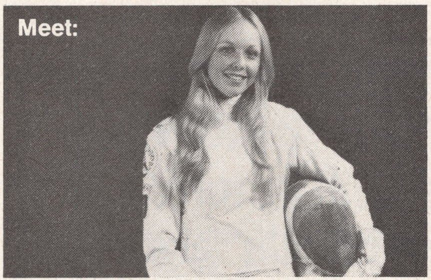
The contest is limited to residents of the U.S. and entrants must be between 12 and 19 years of age. No purchase is necessary. Contest void where prohibited by law. All state and local regulations apply. Contest is not open to employees or families of Petersen Publishing Company and Burlington Industries. Entry in the contest constitutes full permission to publish names, addresses and photographs of the winners without further compensation. No correspondence will be entered into with the entrants. Decisions of the judges are final. No substitutions will be made for prizes offered.

●

Congratulations to each of these 'TEEN Supersports who will receive a nifty collection of athletic socks, leotards and tights, courtesy of Burlington Socks-Adler, and will qualify for the 'TEEN/Burlington Socks-Adler Athlete of the Year Award.



Denise Fraser, age 17, from Arlington, Texas. Denise's athletic specialty is horseback riding. A champion barrel racer, she has competed and placed in The American Association of Sheriffs' Posses and Riding Clubs national finals. Denise is one of the top-ranked riders in her state and has hundreds of trophies and awards to prove it.

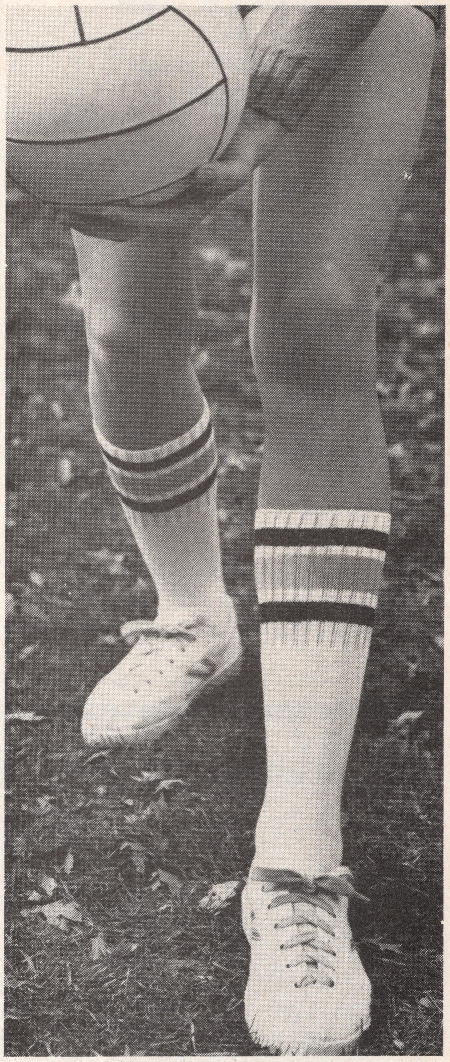


Joy Ellingson, age 16, from Gardena, California. Joy, who hopes to bring the U.S. its first Olympic gold medal in fencing, is well on her way as a two-time winner of the U.S. Junior Olympics fencing competition. Winner of the AAU Under-19 National Championship, Joy has even traveled to Europe to fence with the U.S. team.

Peggy Ellis, age 15, from Mobile, Alabama. A competitive runner for only two seasons, Peggy has already set a state record for the 440 dash and the mile relay. She was chosen most valuable player on her school's cross-country team and has been named to the All-County Track Team and the All-County Cross Country Team for two years.

★★★★★★★★★★★★★★★★

SUPERSPORT SOCKS OF THE MONTH



For Non-Stop Feet

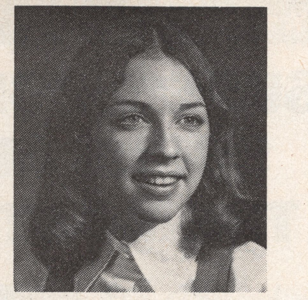
For the action-loving girl, the ideal socks. For non-stop active feet like yours, Burlington makes them with super comfort for every on-the-go minute. And if you're into team sports like volley ball, get more bounce and fashion into your action with these socks. Just *name* your action, and Burlington has your socks.

Burlington/Adler Knee-Hi's and Sport Socks.

Burlington Socks/Adler, a division of Burlington Industries at Burlington House, New York, New York 10019. Also available in Canada.

★★★★★★★★★★★★★★★★

READER WRITE-ON



In a blinding flash
of color, the leaves escape
and the tree is bare.
Patricia Vetz, Dearborn Heights, Mi.

WHICH?

I watched them tearing a building down,
A gang of men in a busy town.
With a 'yo-heave-ho' and a lusty yell,
They swung a beam and a side wall fell.
I asked the foreman, "Are these men as skilled
As the men you'd hire if you had to build?"
He gave a laugh and said, "No indeed!
Just common labor is all I need.
I can easily wreck in a day or two
What builders have taken years to do."
I thought to myself as I went my way,
Which of these games have I tried to play?
Am I a builder who works with care,
Measuring life by the rule and square?
Am I shaping my deeds to a well-laid plan?
Patiently doing the best I can?
Or am I a wrecker who walks the town,
Content with the labor of tearing down?
Michelle Medina, Cimarron, N.M.

CEEMORE

A full day of barking and running about,
Now he's tired and all played out.
His eyes begin to droop and finally they close.
He's filled with content from his head to his toes.
So peaceful, so sweet,
He lies beside me, fast asleep.
Anita Davey, Las Vegas, Nv.

COLOR

Color the world with beauty
So that all around will see
That it's not how dull the world is
But how disillusioned its people can be.
Karen Rock, Beaver Dam, Ky.

I

I am one face in a crowd,
I am one living soul on earth,
I am a tiny part of this universe.
I am one out of millions
But I am important;
I am me.
Jill Elliott, Peoria, Il.

The wet moondrop dew
Kisses the green of the earth,
Cools the summer day.
Sandy Hiironen, Berea, Oh.

AIR

How I wish I was free,
as free as the wind on the prairie.
Air is what I'd like to be,
flowing across the mountains,
blowing the leaves from a tree.
Only air doesn't have a home . . .
I guess it's nice to be me.
Kim Batty, Mars, Pa.

One afternoon I was trying
to think of a good reason
why I should keep living
and couldn't think of a single one.
I decided to think harder!
Marion Angivili, Placentia, Ca.

Today I saw a butterfly,
I watched him as he fluttered by.
I thought of how our love was so,
like that butterfly, you know.
If I could reach it then there might be
Another chance for you and me.
I saw a dream go by today,
I tried to catch it but it got away.
C.L. Beane, Vienna, Va.

LOVE

If love is only a word,
Why does it hurt so much
When you find it isn't there?
Dawn Aarhus, Postville, Ia.

If you'd like to submit an ORIGINAL poetic work, WRITTEN BY YOU, send it to Reader Write-On, c/o 'TEEN Magazine, 8831 Sunset Blvd., Los Angeles, Ca. 90069. In the envelope, please include your name, address, age and a clear photo of yourself with your name printed on the back. **You must also enclose a statement in your handwriting, saying: "This will certify that the above work is completely original."** ALL POEMS AND PHOTOS BECOME THE PROPERTY OF 'TEEN MAGAZINE.

Handbag Course

Discover Your Creative Talents With Leathercraft... And Save $3 On Tandy's Handbag Kit!

Add a creative touch to your handbag wardrobe with a purse that will be in style all year round. The kit includes everything you need to complete the handbag, plus supplies you can use for future projects. Retail value is $14.95, but with the convenient coupon below you can have the kit for only $11.95.

Tandy LEATHER COMPANY

Mail this coupon with your name and address and a check or money order for $11.95 plus 95¢ postage to 2808 Shamrock, Dept. HTN4, Fort Worth, Texas 76107 (Texas residents add 59¢ sales tax).

Name ____________________
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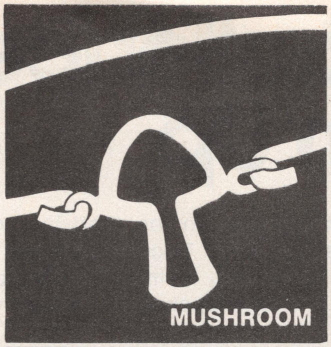
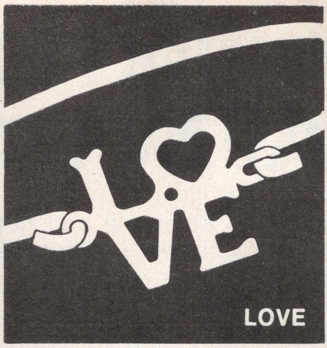
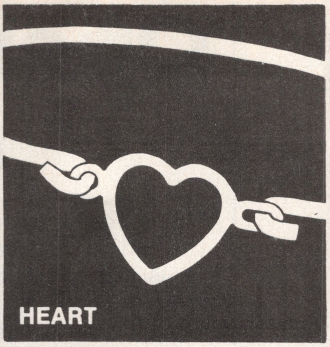
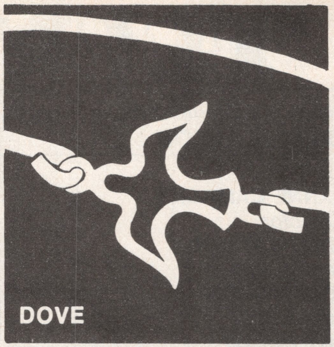
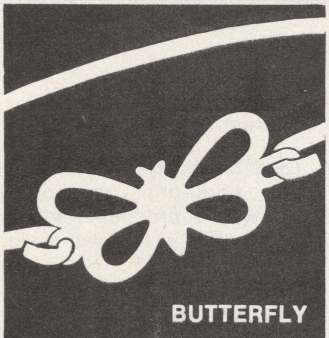
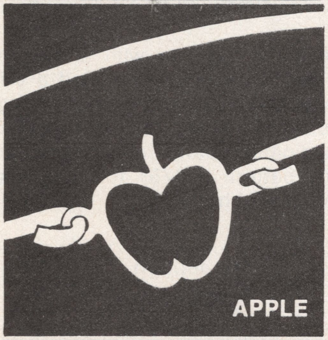










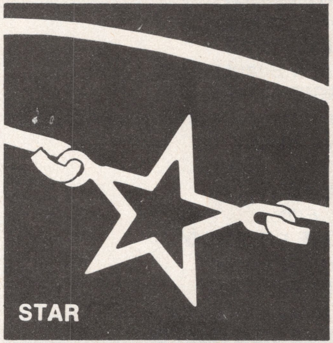


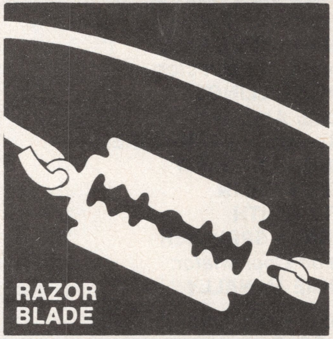
AMAZING $1 OFFER Charming Charm Bracelets

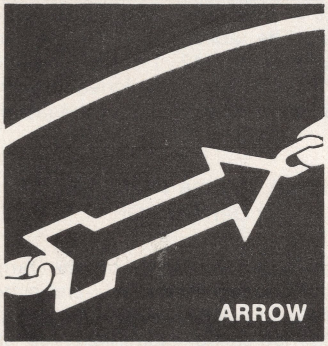
Only $1 Each

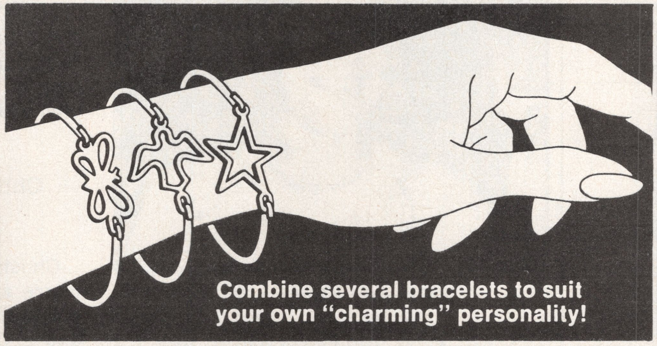
Just to introduce you to our superb, new catalog.

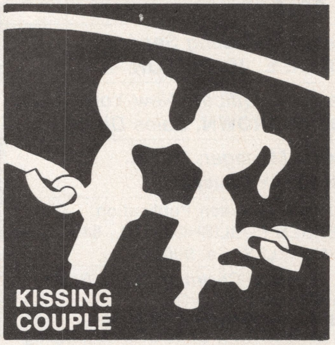
Here's an incredible chance to get as many of our favorite charm bracelets as you want at our lowest price ever! Each lovely bracelet is sure to catch the eye of all your friends and maybe someone special too. Each has a high-gleam, mirror finish in your choice of gold-tone or silver-tone and can be yours at our lowest prices ever in this special introductory offer.








Combine several bracelets to suit your own "charming" personality!



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_____Charming Charm Bracelets.

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Pa. residents add 6% sales tax.

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5 for $3.95
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Please mark quantities desired in each finish.

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Operation Exellence All Sewn Up

'TEEN readers shifted into high gear and got the sew on the road in style! Our judges had their work cut out for them as Operation Excellence lived up to its name with thousands of *excellent* entries pouring in from all over the country. You kept us in stitches and we kept you in suspense but at last we were able to design a pattern for winning.

• • •

First Place Prize: The Sewmobile, a one-of-a-kind sewing room on wheels, a 1976 Dodge van, customized inside and out in a super patchwork design.

SEWMOBILE
TEEN
TEEN

Beverly Keefer, 18
Albuquerque, N.M.

A variety of mix-and-match outfits put Beverly in the driver's seat of the Sewmobile. Beverly combined Simplicity patterns with her own designs to create everything from a plaid flannel parka to a lace-overlay prom gown. Beverly also used her original embroidery work to accent many of her outfits. To-and-from-school transportation will keep the Sewmobile busy, and Beverly is already designing more terrific outfits that she'll create with the help of all her new Sears sewing equipment.

•

Second Place Prizes: Sears 1914° Kenmore Sewing Machines

Lorelei Aldridge, 16,
Kinston, N.C.

Lorelei sewed up a new sewing machine with a beautifully tailored tartan blazer and coordinating skirt in 100% wool from Simplicity pattern #7140.

Juanita Beatrez, 15
Hillcrest Heights, Md.

Juanita used Simplicity pattern #7399 for her crisp, floral-print gaucho. She topped it off with a crocheted top and patchwork purse, both of her own design.

Madge Caffey, 15,
Readyville, Tn.

Madge got it together with a six-piece mix-and-match set which included a skirt, jacket and halter top of her own design. Madge used Simplicity pattern #6843 for the coordinating pants and shorts and Simplicity pattern #6751 for the jacket which completed her outfit.

Sonja Jepsen, 17,
Solvang, Ca.

Sonja's winning entry was a three-piece pants suit. The jacket and pants are Simplicity pattern #7442. T-shirt, Simplicity pattern #6976. Sonja designed the crochet work for the back yoke of the jacket.

Christine Joanne Redoutey, 17
McDermott, Oh.

Christine used a "down on the farm" theme and created several mix-and-match outfits including embroidered bib overalls and a pair of calico espadrilles that she made from a pair of old shoes and leftover fabric.

•

Congratulations to these winners and to the excellent seamstresses who took third, fourth and fifth place honors.

•

2 Third Prizes: For each winner, si
complete outfits featured on 'TEEN's e
torial pages (April).

10 Fourth Prizes: Cute, po
bandanna-print wood sewing baske
Sears.

75 Fifth Prizes: Super, iron-on e
from Wrights.

Y.C.C.
continued from page 20

programs—like the one at Crystal Lake in California—are five-day-a-week live-in experiences. Others—like the Pueblo Y.C.C.—run seven days a week. The Pueblo members—a coed group of 15 girls and 15 boys—live in University of Southern Colorado dorms during the week and spend their weekends on supervised hiking, backpacking, camping and river-rafting expeditions in the nearby mountains. Other camps are sometimes segregated by sex, but equal opportunity is still provided for interested female applicants.

At Crystal Lake, for example, there are two separate wilderness camps: one for girls and one for boys. "Coed camps usually exist where there are college dorm facilities available," says Richard Montague, a forest fire management officer affiliated with the California camp.

Steve Fitch, district ranger for the Mt. Baldy (Ca.) region, says that "Our Y.C.C. girls work as well as the boys. We don't discriminate in any way on work projects. They all do the same work."

"The girls are, generally, better workers than the guys," observes Bill Gray, a natural resource specialist and Y.C.C. project coordinator for the Pueblo project. "This is tough, backbreaking work in the hot sun. The guys start full steam ahead, work five minutes and are ready for a break. The girls are slower, but work steadily."

How can a teen girl interested in joining the Youth Conservation Corps apply? Local newspapers may carry information about camp locations and recruiting areas in late winter or early spring. School counselors, teachers and principals often receive Y.C.C. information and application forms. You may also obtain an enrollee application by writing to: The United States Youth Conservation Corps, P.O. Box 2975, Washington, D.C. 20013.

After you send your completed application to your state Y.C.C. recruiting agent, the waiting begins. Generally, applications exceed available openings and potential Y.C.C. members are chosen by a computerized lottery.

What will life be like if you are chosen for the Youth Conservation Corps? What is it *really* like to work, earn and learn with the Y.C.C.?

Take a vicarious trip back in time and pretend that you have just been selected as a 1976 member of the Pueblo, Co. Y.C.C.

In early May, about six weeks before the camp starts, you begin to get enthusiastic, informative newsletters from camp director Jack Seilheimer, who is also a biology professor at the University of Southern Colorado. He tells you what your schedule will be like, what to bring, how to apply for academic credit and what to expect on your weekend forays into the wilderness. He also gives you tips on recreational facilities close to the air-conditioned dorm room you will share with a fellow corpsmember. You learn all about your group leaders and have many of your questions answered in his subsequent weekly newsletters.

By the time you arrive in Pueblo in late June, you feel that you know Jack very well. However, in order to get better acquainted with your fellow corpsmembers, you go off on an overnight camping trip together to the wildlife area of the Pueblo Reservoir, the land where you will be working this summer. Problem-solving games by the campfire help you to get to know one another and fun exercises—like a stone-stepping contest—help you relax. You choose your work teams here and get a special safety lesson. Safety is a vital concern of the Y.C.C. and is something you learn right away!

continued on page 96

Revolutionary Record Offer!

2 Albums for $2!

THE PEOPLE'S RECORD brings you 90 glorious minutes of People's Music at People's prices. For just $2, comrades, you can enjoy excerpts from the latest albums by such People's Music Heroes as ***Fleetwood Mac, Alice Cooper, Rod Stewart, George Benson*** and 21 others on one budget-priced 2-record set! Wage slaves, throw off your chains! Beat back the revisionists and outwit the running capitalist dogs at Warner Bros. Records! Join the Cultural Upheaval: mail $2 for THE PEOPLE'S RECORD, 25 selections by 25 of today's most resourceful musical heroes at one deviously low price.

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PRO 645

Dear Chairman:
Your agitprop has stirred my heart. Here's $2 for my copy of the glorious PEOPLE'S RECORD. Off the bourgeois hooligans!

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CITY________________ STATE________ ZIP________

(Make all checks payable to the imperialist curs at Warner Bros. Records. Allow 6-8 weeks for delivery of THE PEOPLE'S RECORD. Offer good only in the U.S.)

CREATIVE DAYDREAMING

By Kathy McCoy

How It Can Work For You!

It's sad but true: Mark, the object of your most fervent one-sided affections, has once again failed to discover you. You remember, with a lingering stab of pain, how he pushed past you in the hall today, ignoring your smile and greeting. You remember how you watched sadly as he strolled off, hand-in-hand, with Bethany. Another hard fact has hit you: you're not one of your school's Beautiful People. "It's so unfair!" you mutter, putting your favorite Paul Williams album on the stereo.

Your mood changes as you listen to Paul's gentle voice singing of love, of needing, of giving. Paul would understand and appreciate you. He *does.* You close your eyes, imagine that you are sitting with your head on his shoulder and he is singing to you—and only you. He is so gentle, kind and thinks that you're very special. . . .

It's hot in biology lab. It's also boring. You have finished your dissecting project and are waiting for the others to finish. The teacher is droning on and on. You examine your project once again and sigh: "This could be so interesting if. . . .

You stop. If what?

"If I were a world-famous surgeon performing a rare, life-saving operation that no one in my area has ever attempted before. . . . "

Other doctors, nurses and surgical technicians are at your side. Your peers crowd into the operating room theatre. Tension and anticipation hang heavy in the air. . . .

You're standing in line, waiting to register for your first high school classes. You're new in town and feel very alone amid the crowds of chattering friends. Your loneliness is matched only by your tension as you wonder what high school will be like, whether you'll do well, whether you'll *ever* have friends.

Suddenly, you find yourself back in Hawaii where you spent two weeks this past summer with your family. You're sitting on a golden beach in Maui, watching the afternoon sun sparkle on the water. A scattering of clouds overhead releases a brief, warm drizzle. Taking a deep breath of the warm, perfumed air, you close your eyes and lift your face to the skies. The sensation of the tiny, warm raindrops on your cheeks is as gentle as a kiss. . . .

So you're a daydreamer? We *all* have daydreams. Tennis superstar Billie Jean King has admitted that she daydreams about being a dancer and Carol Burnett has said that she dreams of working with children. Many teens admit that they daydream constantly about the present and future.

In the past, daydreaming was often labeled "idle" and "useless." Even Sigmund Freud contended that "Happy people never make fantasies; only unsatisfied ones do."

Today, however, many psychologists are discovering that daydreaming is not only a normal part of human existence—it's a *vital* part of growing up.

"Daydreams can perform enormous functions in the lives of teens," says Dr. Howard Newburger, a psychologist and co-author (with Marjorie Lee) of the book WINNERS AND LOSERS (David McKay Co.).

A number of his colleagues agree with him.

Dr. Jerome L. Singer, professor of psychology and director of the graduate program in clinical psychology at Yale University, has done a great deal of research in the field of fantasy and daydreaming. In his latest book, THE INNER WORLD OF DAYDREAMING (Harper & Row), Dr. Singer closely examines teenagers' daydreams, pointing out that adolescent daydreams are often more than mere wishful thinking. They can help you to develop as a separate person, having a sense of power in your life. Daydreams can be rehearsals for roles and situations to come and can also be a way of coping temporarily with frightening events and changes.

Many see daydreams as a useful way to introduce changes in your life. Psychologist Dr. Frances Stern and her partner Ruth Hoch use daydreaming—or what they call meta-imagery—to teach weight control at their Institute for Behavioral Awareness in Springfield, N.J. Dr. Stern sees meta-imagery as *positive* daydreaming as opposed to negative daydreaming which is simply called "worry."

Physician and weight control specialist Dr. Martin Schiff, author of DR. SCHIFF'S MIRACLE WEIGHT LOSS GUIDE (Parker Publishing Co.), taps his Los Angeles patients' daydreaming skills to help build positive self-images and, with these, better eating habits.

Whether you are worried about your weight, feeling depressed because you are unpopular, have a problem with shyness or tension or find the future a little scary, you can put your daydreams to work for you, the experts contend.

"Daydreams can be protective cushions for some painful experiences," says Dr. Newburger.

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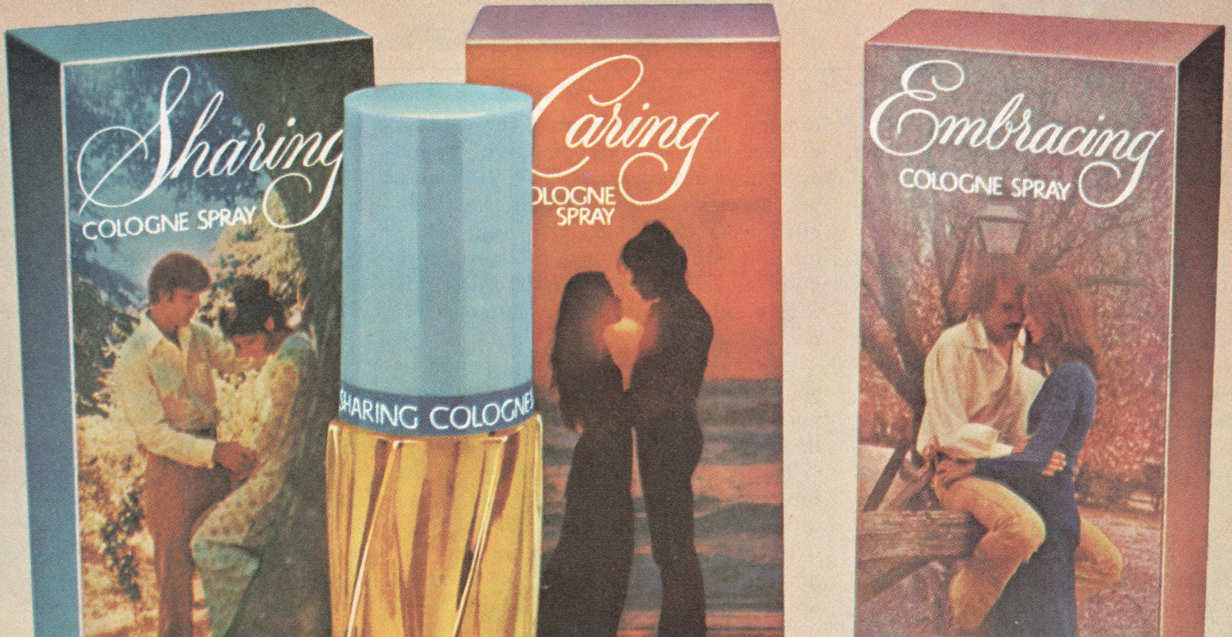
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continued from page 28

Jan, spurned by the boy she likes, fantasizes about rock heroes, movie stars and a male teacher who is kind to her. In her fantasies, she is loved, appreciated and cherished.

"This daydream has the function of maintaining a teen's ego in the face of life's cruelties," says Dr. Newburger. "Another function of daydreaming may be to help alleviate that feeling of inadequacy that teenagers so often have. Daydreaming may give a teen a glimpse of his or her potential."

This is the kind of daydreaming where you may see yourself in a number of careers, lifestyles, romantic situations—you name it!

Rita, an able student who is tormented by an unreasonable English teacher, daydreams about becoming a famous writer some day—just to *show* her unpleasant teacher!

"A daydream can be an expression of your potential," says Dr. Newburger. "Within each daydream is an assessment of potential. So it's important to pay attention to your dreams. You may catch a glimpse of what—or who—you could be. One patient of mine, a somewhat disabled ex-Marine who had been unhappy in 12 short-term jobs since he left the service, told me that in all his childhood and adolescent daydreams, he saw himself wearing a uniform. He learned a lot about his expectations for himself in remembering these daydreams. He is now very happy in his job as a hotel doorman in New York and, yes, he wears a splendid uniform! Very often, your career objectives and major interests are determined in your childhood and adolescent daydreams. It is within our daydreams that our own expectations evolve."

Of course, dreaming is not enough. If you don't try to take *action* in some way, you will probably not realize your dreams.

The pull between your dreams of the future and what emerging reality seems to be can be a painful part of teen life.

In his book on daydreaming, Dr. Singer contends that adolescent fantasies are constantly being tested against reality and a number of these fantasies must be given up within a relatively short time. Within only a few years, he says, some options will be closed to you forever. The pain of such realizations can be alleviated somewhat by achieving *some* of our dreams. If you feel successful in fulfilling some of your dreams, you will be able to let others go with a minimum of pain.

Exact duplication of your dreams is not always possible, of course. You may dream of beating Billie Jean King or Chris Evert but may realize, as time goes by, that you have neither the ability nor the true inclination for professional tennis. "Your sports-centered daydreams, however, may have helped you develop a lifelong love of physical activity," says Dr. Newburger.

Some daydreams, then, can give you a glimpse of the future *you,* professionally and personally.

Daydreams can also help you to get in touch with the *present* you.

"Daydreams can really help you understand yourself," says Dr. Newburger. "You can become aware of good and bad habits this way. One patient of mine found that he was daydreaming about saying to a pretty girl, 'If you ever break up with your boyfriend, let me know . . . ' When he really thought about these daydreams, he saw that he was always putting himself in a secondary position. When you're aware of such trends in your daydreams, you can look for *behavior* that keeps you from realizing your true potential."

An acquaintance of Dr. Singer's experienced similar insights while examining his daydreams about his old gang of friends. This studious young man had diligently devoted himself to his schoolwork for the past year, neglecting his social needs. He came to realize, through his daydreams, that he needed his friends and that sociability and intellectual growth were *not* incompatible.

Dr. Martin Schiff urges his patients to use meditation and daydreaming techniques to pinpoint poor self-image and bad eating habits.

"I ask my patients to relax and take a bird's-eye view of their lives—especially childhood and adolescence," he says. "I ask them to think about their crutches, their rationalizations, their fears and hopes. Then, when they have thought about their problems, I ask them to imagine themselves solving these problems successfully . . . and to savor the feeling of success."

Success can come to you by surprise via a daydream. Dr. Singer cites yet another function of daydreams: to help make your life more creative and original. "Research by psychologists has revealed that the most creative scientists, artists and writers were much given to fantasy," he says. "Einstein, for example, daydreamed about what would happen if a man could fly out into space at the speed of light. From this, he developed some important features of his theory of relativity!"

You may not make a world-shaking discovery like the theory of relativity in your daydreams, but you can make some vital discoveries about yourself—and help your own personal growth a great deal.

How can you make creative daydreaming work for you?

The first step is relaxation.

You can even daydream your way into a relaxed state!

"There are two relaxation exercises that I think are particularly effective," says Dr. Newburger. "These are 'Imaginary Place' and 'Clouds.' "

How do you do the Imaginary Place exercise?

Sit down and close your eyes. Imagine a place where you would love to be, a place where you would feel especially peaceful. It might be a beautiful garden, a grassy slope overlooking a bubbling mountain stream, a deserted beach at sunset with the cool waves lapping at your bare toes. Or you might imagine yourself sitting on a hill, well above the clamor of the city, watching the lights below twinkling quietly in the darkness. Listen to the stillness. Feel the cool breeze on your face. Notice all the feelings you have being in this imaginary place—sensations of sight, sound and smell. Travel via your imagination to this peaceful place whenever you need to relax.

The Cloud Exercise is also simple and relaxing.

Close your eyes once again. Imagine that you are floating, nestled in a fluffy white cloud. You're safe, happy and content. Stay there for a few minutes. Then breathe deeply and open your eyes slowly.

Now that you're relaxed, you might want to try Dr. Schiff's exercise for a positive self-image.

"Relaxation is very important for this," says Dr. Schiff. "Let your mind paint a picture of the ideal you. See yourself as enthusiastic and optimistic. Create an image of yourself as slender, happy and positive. If overeating is a problem for you, you might imagine eating your favorite, fattening food and feeling sick afterwards. Imagine yourself enjoying a modest meal of good, nutritious food. Hear yourself saying how much you enjoy this meal. See yourself as slender and successful—the way you want to be."

This will feel good, Dr. Schiff adds, and will help you to take the steps necessary to achieve that ideal you.

A number of psychologists—Dr. Singer among them—advocate dreaming in an "as if" way. How do you do this?

You may imagine yourself the most popular girl in school, confident and admired by others. Or you may dream a little further into the future and see yourself as a successful career woman—independent and attractive with a busy, exciting life. In these daydreams, you may find yourself coping with situations you never thought you could handle. Examining the resourcefulness you show in these daydreams may reveal some strengths and talents you didn't know you had. You may also come to realize

continued on page 78

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HAPPY BIRTHDAY SAGITTARIUS!

SAGITTARIUS

(November 22—December 21)

This is your month to shine; you're the star on top of the Christmas tree! Take this opportunity to start new projects and make interesting friends because everything you touch right now turns to gold. Get ready to be the center of attention this month. Be yourself and you're sure to simply sparkle.

CAPRICORN

(December 22—January 20)

Organize! The new year holds plenty of good things in store for you if you use this time to make plans and reach decisions. Decide what your goals are for '77 and work on a plan for achieving them. This is an ideal time of the year for Capricorns to shape up. How about a new exercise plan?

AQUARIUS

(January 21—February 19)

Social life takes a front seat and shifts into high gear for you. Party invitations should come as no surprise, and you might want to throw a *holiday* bash of your own. Recent accomplishments bring compliments your way. Be sure to accept them graciously. Don't let the applause go to your head.

PISCES

(February 20—March 20)

Lend a helping hand to a friend or member of your family, and get involved in a worthwhile project. This is the month to volunteer your time to a civic or community organization. Get back in touch with an old friend of yours (your pen pal maybe) and drop a holiday greeting in the mail today.

"A friend in need is a friend indeed!" That old saying fits Sagittarius like a glove. Never one to take an obligation lightly, you'll stick out a problem with a friend til the bitter end. Sagittarians are warm and generous (almost too generous at times) and their intentions are always good.

Watch out, though, because sometimes even the best intentions are misunderstood, especially when they come from a frank, blunt Sagittarian. You are totally honest and you hate deception, even to the point of being a bit tactless.

Fortunately, you do combine a warm and loving heart with your honesty, and you usually direct your rage against cruelty and injustice.

Excitement is your spice of life, and you don't mind being a trifle overdramatic if it means adding a bit more zing to a situation. Sagittarians do have a flair for theatrics, on and off the stage.

ARIES

(March 21—April 19)

Pull out all the stops and let your Aries imagination run wild. Whatever your special talents, December is the time to make them work for you. Jumping from 1976 to 1977 will be done with a burst of creative activity on your part . . . just be careful not to bite off more than you can chew.

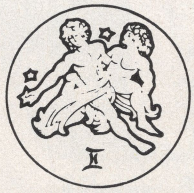
TAURUS

(April 20—May 20)

1976 ends on a relaxed note for you as daily routines become less hectic. Don't get *too* comfortable, though, because December is also a great time to grow from the inside. Read a book that you thought was too heavy or master a musical instrument. You'll surprise yourself with your abilities.

GEMINI

(May 21—June 20)



The twins of your sign seem like they're at war with each other as the year comes speeding to an end. Unfinished projects can be completed if you keep your head together and remain calm. Your energy level is extremely high right now and that's a big plus for you during this difficult period.

CANCER

(June 21—July 22)

If you've got something that needs doing, don't wait; now's the time for action. Overcome the Cancer tendency to "do it tomorrow," and finish '76 with a bang. December might see a hidden talent surface so don't be shy about your capabilities. This month's motto: you'll never know til you try.

LEO

(July 23—August 22)

This has been a busy year for you with a lot of water having passed under the bridge. Before 1976 floats away, take a good look at where you've been and think about where you'd like to be at this time next year. Is it time to select a college? Do you have to make a decision about a job? Decide!

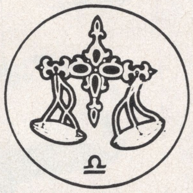
VIRGO

(August 23—September 22)

'76 saw you reach an important goal and you feel great about it (even if that goal was just to stop biting your nails). But don't sit there congratulating yourself—one good thing leads to another. Go out of your way to reach even higher goals in '77. Start now to get the ball rolling.

LIBRA

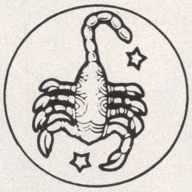
(September 23—October 22)



There's excitement in the air and it's not just the holiday spirit. You are breaking old routines and discovering hidden talents and new aspects of your personality. Keep your emotional scales balanced, though, and resist the temptation to rush into new territories without thinking things through first.

SCORPIO

(October 23—November 21)



You are just about to close the book on 1976, right? Wrong! December is still filled with activities and things that must be done. Don't take off in the opposite direction and overdo, though. The year will end on a successful note if you make up your mind to take December one day at a time.

I can't wait to grow up. But I love now.

Someday, I'll be a grown woman. But I'm not in any hurry. I'm having too much fun now.

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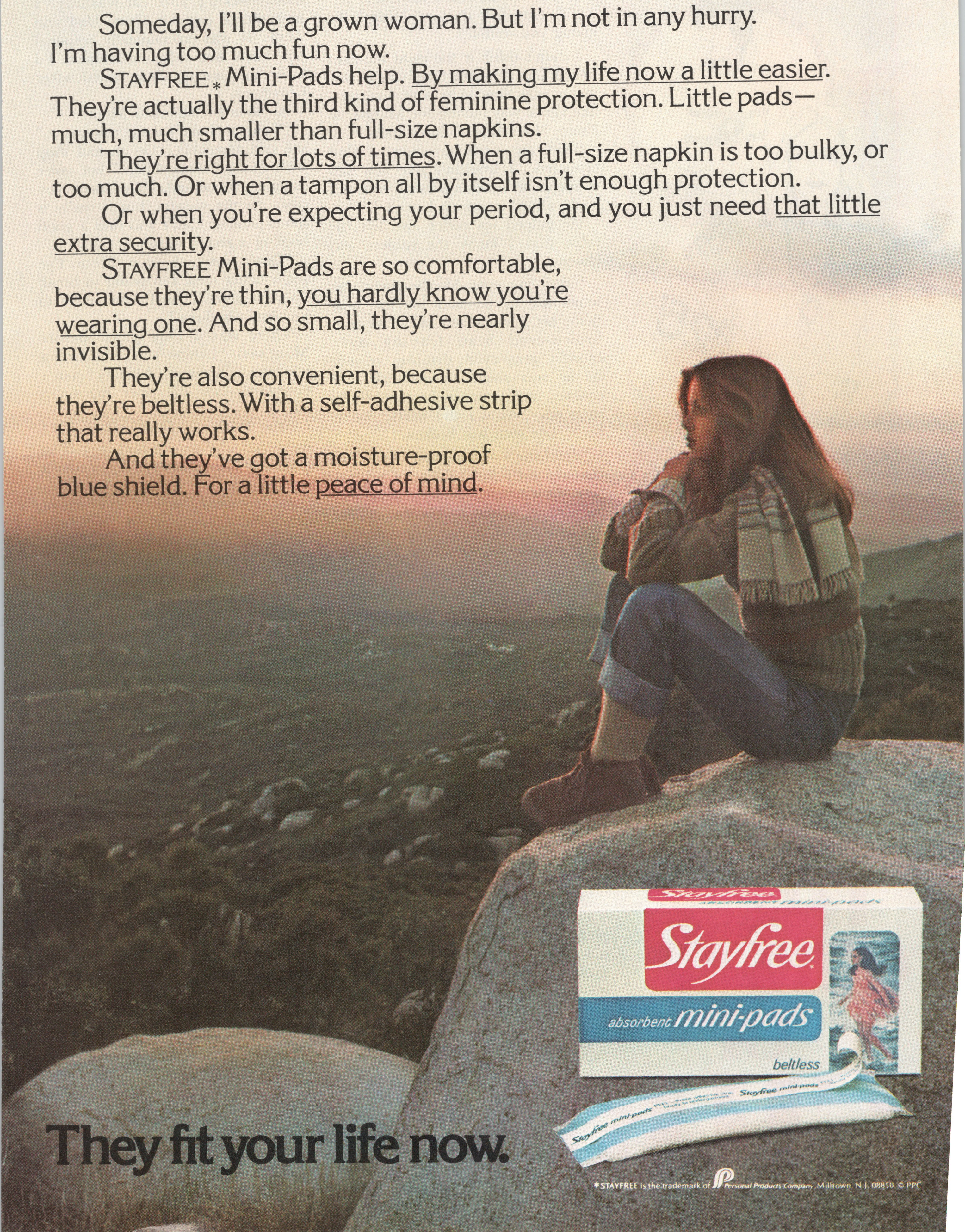
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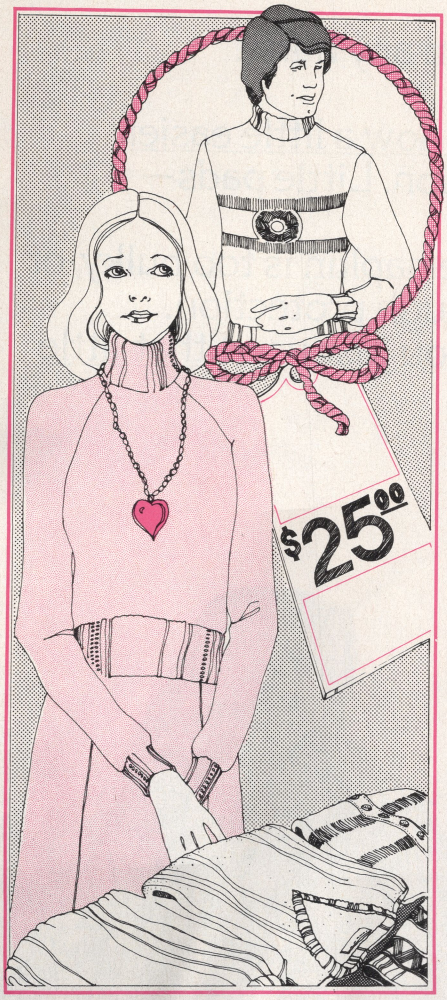
THE COLOR OF CHRISTMAS

By Hilda Lassalette



Christmas is the season to be jolly. But when all the other girls in your crowd are buying expensive sweaters for their boyfriends, and you're broke, it can be pretty bleak.

When I asked Dad for a loan at breakfast and explained why, he was as prickly as a porcupine.

"In my day, boys gave girls chocolate—and were lucky to get a kiss under the mistletoe in exchange," he said.

"But things are different now, Dad," I pleaded. "I've just got to have $25 for a sweater for Stan."

"Twenty-five dollars! What's he giving you—mink?"

I didn't think it the right moment to tell Dad I hoped Stan would buy me a matching skirt and sweater—like Hank was buying for Margie, so I said, "Gee, Dad, I don't know."

"Kids are spoiled nowadays," Dad blustered. "I wouldn't give you $25 to spend on a boy's present even if I could afford it—which I can't."

He gulped his coffee and left the table—and I knew the subject was closed.

I shut my eyes. Maybe there was something to be said for the mistletoe bit. I visualized tall, dark and brown-eyed Stan leaning over blonde, gray-eyed, diminutive me. As he was about to establish oral contact, my younger brother Andy shouted, "What's the matter with her?" The spell was broken.

"Nothing's the matter with me that a million dollars wouldn't cure," I answered testily. Somehow, somewhere, I had to get the money to buy the dark brown, just-right-for-Stan sweater I'd found in The Beehive.

The California sun was warm when I reached Cahuenga High. Margie was waiting for me.

I was about to tell her my woes when she said, "Ellen, guess what? My dad sent me a $25 check—then my stepfather gave me one. Mom said he didn't want to be outdone. Want to go with me after school to buy a sweater for Hank?"

No use telling her my financial problems I thought as I said, "I half-promised Mom I'd bake some cookies for her today."

"Telephone her at noon and check, okay?"

"Okay."

I wasn't sure I wanted to go shopping with Margie. Sometimes it was too much—watching her flip through racks of expensive dresses (Mom made mine), buy shoes as if she had four feet and get nail polish to match each outfit.

Scholastically I wasn't with it all morning. I'd realistically narrowed my earning powers to babysitting, cookie-baking and car-washing. I had gifts to buy for Mom, Dad and Andy. It was economically impossible. There was only one solution. I'd have to give up Stan until after Christmas.

At noon I telephoned Mom.

"You can bake for me tomorrow," she said agreeably. "Go on and shop with Margie. And, Ellen," her voice sounded concerned, "I'm sorry you can't get the sweater, but it really is too expensive. Can't you find a good book or a record album?"

"Don't worry about it, Mom. I've got a better idea. I'm going to break up with Stan. Then I won't have to buy him anything."

There was a long pause before Mom said, "I think you're making a mistake, honey. Money isn't everything—nor the price tag on a gift."

After I'd hung up the telephone I wondered why people said that. You really couldn't do anything without money.

As I walked back to the school quad, Stan approached. His full-lipped smile gave me internal goosebumps. It wasn't going to be easy to part with him—even though only one week, and one more school day, remained until Christmas.

"Hi, Ellen—where have you been?"

"Had to call home."

"I've got the car today. Want a ride home from school?"

Any other time I'd have accepted immediately. Instead I hesitated. "Gee, Stan, I can't today."

"How come?"

"Well, I made some other plans."

He looked at me quizzically. Usually I was more explicit.

"Okay, I'll ask you next time I have the car—maybe tomorrow?"

"I think I'm going to be busy tomorrow, too, Stanley," I said formally.

His eyes had a still, hurt look for a second before he said quietly, "Seems like you're awfully busy all of a sudden. Do you still have time to go to the movies with me tomorrow night?"

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THE COLOR OF CHRISTMAS

continued from page 34

I swallowed and looked down. "I meant to tell you—I've got to take Andy to a basketball game."

Any other time I'd have asked him to go along. He got the message and said nothing.

Just then the bell rang, and I knew how a boxer felt when his stomach is the target for a good, hard punch.

When Stan turned around and headed for Senior English, I knew I'd won the first round. All I wanted was to run after him and give up the fight. But I didn't.

The rest of the day I felt really low.

After school I went with Margie to the men's department of The Beehive. The salesclerk spread sweaters on the counter.

"Shall I buy green or brown, Ellen? What color are you buying for Stan?"

Startled, I almost swallowed my gum. What could I tell her?

"Why don't you buy a blue sweater to match Hank's eyes?" I hedged.

"There's a neat brown one; that would match his hair." She pointed to the one in the back of the display case that I had secretly chosen for Stan. I didn't say a word, just ached inside.

Margie handed a bill to the clerk. "I'll take the brown one."

She gave me her full attention. "Now, Ellen, what color are you buying for Stan?"

Unable to avoid the issue, I told her I wasn't buying him one.

"Did you have a fight?"

"Sort of. I don't want to talk about it, Margie—okay?"

She nodded, took her package from the clerk, and we headed for the gift-wrapping counter. Margie kept looking at me in a puzzled way, but I focused my eyes on the gold-trimmed, white Christmas tree decorating the store.

Margie grabbed my arm.

"Look at that yummy sweater and skirt set—pink, my favorite color. Sure hope I get one like that for Christmas. Here's a yellow one that would look terrific on you, Ellen. Hold it up."

She stood back.

"Makes you look Nordic—and cold," said a cool, masculine voice.

Hank and Stan had approached from the rear.

I ignored Stan's comment, as Hank said, "Boy, am I glad to see you, Margie. What color sweater should I buy my sis?"

"How about pink?" Margie suggested.

"Come over here and help me pick one out, will you?"

I was sure Hank was buying it for Margie.

Then Stan said, "Thought you were awfully busy, Ellen."

I felt hot, then cold, as I stammered, "Well, I am. I had to help Margie Christmas shop. You looking for a sweater for your sister, too?"

Then I bit my lip. It would be horrible if he bought one for me. I had to make the break.

He gave me the opportunity.

"What's the matter, Ellen? Are you mad at me for something I've done?"

"No, Stan. It's just, well—I don't think we should see so much of each other."

"Are you trying to say that you don't want to go out with me any more?" His eyes were icy.

"I guess that's it, Stan."

continued on page 85

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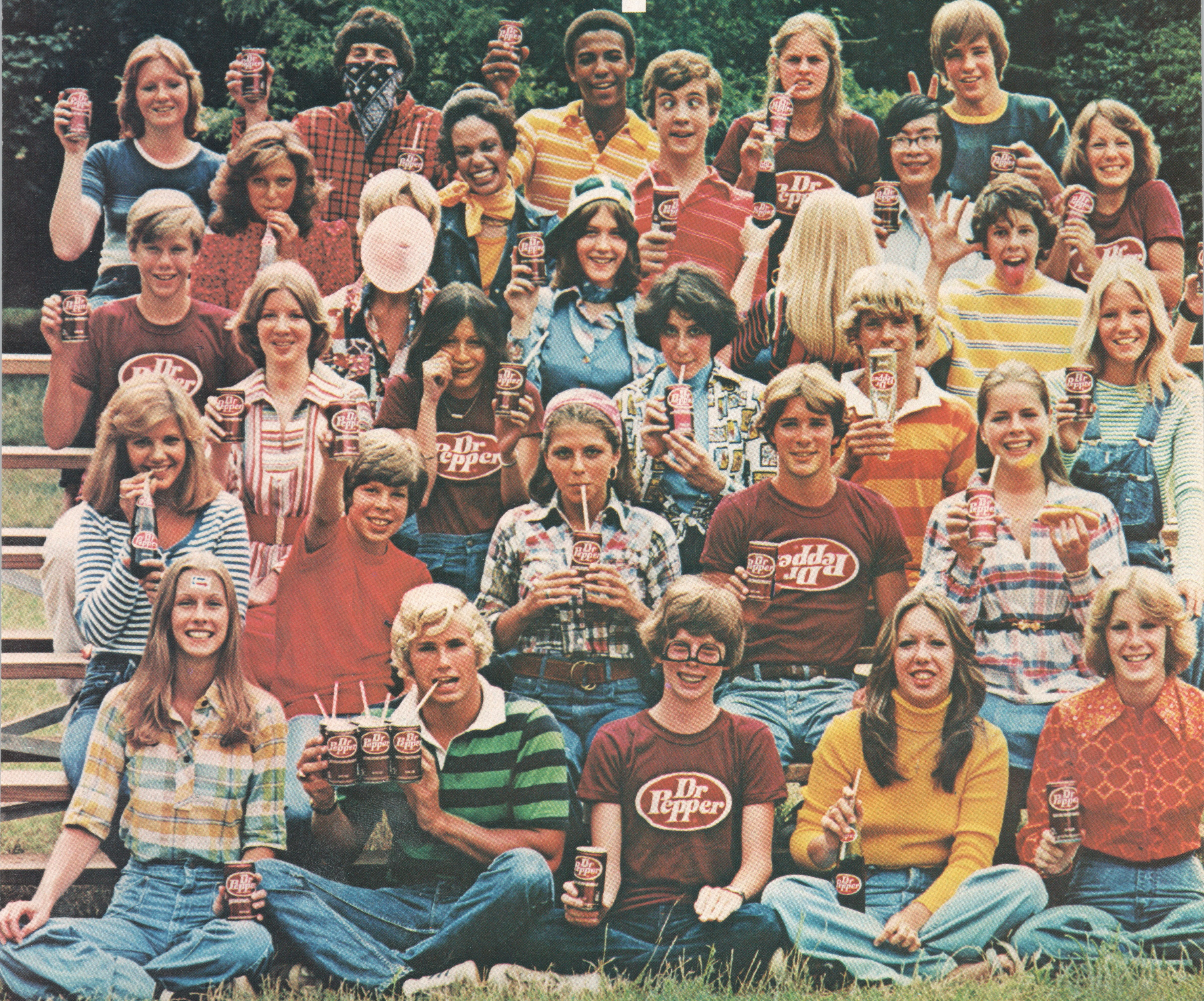

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If you have a problem getting your complexion really clean, help is available with a free one-ounce bottle of Derma-Deep Cleansing Lotion from the Agnes Timar Skin Therapy Institute in New York City. Derma-Deep Cleansing Lotion cleanses skin deeply and thoroughly to prevent acne and blackheads. Specify your skin type—DRY, OILY, NORMAL OR COMBINATION—when sending in your request. Enclose 60¢ to cover postage & handling to: Agnes Timar, Ltd., 108-01-03 Queens Blvd. Forest Hills, N.Y. 11375.

bric-a-brac boutique

PRETTY PATCHWORK

Brighten up faded jeans, jackets and T-shirts with colorful iron-on fabric patches. Each patch is a full 2½" in diameter. Send 50¢ for a set of six patches (or 75¢ for 12) to: Super Values, Box 8316, Dept. FP-227, Charter Road, Philadelphia, Pa. 19176. (Limit is two sets per customer.)

FREE STAR PHOTOS!

Picture this! Free photos of your top teen favorites . . . ELTON, CHER, REDFORD, BOWIE, MAJORS and more . . . on a giant 8½ x 11 'Mini-Poster.' Photos can be cut to wallet size, or poster can be hung as is for a great wall decoration. A super gift. Keep 'em or swap 'em. All free. Send 50¢ for one poster or 75¢ for two (handling charge) plus a long, self-addressed, stamped envelope to: SOUL MATES PHOTOS, 9350 Wilshire Blvd., Beverly Hills, Ca. 90212.

100 LOVE DECALS

What a fantastic thing to do! Stick pretty decals on your letters, books or anywhere they'll be seen. You get **Feet, Sealed With A Kiss, Love,** all the signs of the zodiac and many, many more. Send 50¢ postage & handling for one set of 100 decals or 75¢ for two sets. Super Values, Dept. LD-125, Box 8316, Charter Road, Philadelphia, Pa. 19101.

THUMBSUCKER

Keep your favorite picture from falling off your mirror . . . hold it up with the THUMBSUCKER. No more need for tape or glue. Sticks on any smooth, clean surface. Send 50¢ postage & handling to: Metra Corporation, Dept. T/S, 1610 Greensburg Pike, N. Versailles, Pa. 15137.

LOVE BUG STICKERS

Sweeten your stationery and books with love bugs. These adorable, heart-shaped stickers have lovable big-eyed bugs on them with messages like "You've got a friend," "Please Write" and "I love you." Others are handy name and address labels. You get over 200 and they come with a catalog packed with jewelry, cosmetics, stickers, stationery, gifts plus a special offer for free goodies. All for only 75¢ postage & handling. Write to: Chelsea, 1405 Hanover St., Hanover, Ma. 02339.

THE LOVEABLE WUPPETS

Nobody knows where they came from or just what they really are. We only know they arrived on earth in their little space jar. Loveable Wuppets are colorful and soft, furry creatures that sport two antennae and have big, buggy eyes. Just peel off their little, flat oversoles and stick them most anywhere—on your phone, your dresser, the kitchen sink, on the back of your favorite chair. For each Loveable Wuppet send 75¢ postage & handling to: The Wuppet Company, Dept. F, 3255 Wilshire Blvd., Suite 1634, Los Angeles, Ca. 90010.

barnyard bargains

FREE HORSE POSTER

Large colorful horse posters show the American Quarter Horse performing in exciting action events—racing, roping, cutting, jumping. Also included are booklets telling how to select, train, feed and enjoy your quarter horse. Write to: American Quarter Horse Assn., P.O. Box 200, Dept. FB-76, Amarillo, Tx. 79168.

PET ADVICE . . . FOR THE ASKING

Informative brochures tell how to treat your pet with tender, loving care. Choose only one category. The care of: "Dogs," "Cats," "Birds," "Fish," "Horses" or "Small Mammals." Include 25¢ postage & handling and mail to: The American Humane Association, P.O. Box 2788, Denver, Co. 80201.

POSTAGE-SAVING HORSE NOTES

Horse postcards save time and money when you want to jot a short note! Set of 12 cards have four handsome horse designs in chestnut brown and fiery red. And they come with a value-packed catalog of jewelry, cosmetics, stationery, gifts. Plus a big, money-saving offer for free products. All for only 75¢ postage & handling. Write to: Chelsea, 1405 Hanover St., Hanover, Ma. 02339.

STUCK ON HORSES?

If you're a purebred horse lover, you'll adore these handsome horse stickers! Chestnut brown and red, they're great for stationery, books, everything. And you get 288 of 'em for just 75¢ postage & handling. You'll also receive a catalog of gifts, jewelry, cosmetics, records—plus a marvelous, money-saving, free-product offer. All from Chelsea, 1405 Hanover St., Hanover, Ma. 02339.

feminine forum

A GIRL'S BEST FRIEND?

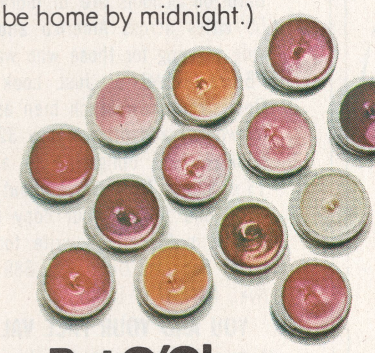
If the saying's true, "Diamonds are a girl's best friend," then you'll want to learn everything about these beautiful stones. "A DIAMOND IS FOREVER" is a booklet that tells all: Why the diamond is

"Look ma, I'm a sexpot."

I never dreamed I could be a sexpot till I found Pot O'Gloss. It's the sensual way to make up. Because it's lipcolor you can see, smell, taste and touch.

With a flick of the finger, I've got ripe, luscious, shiny lips. And it's in self-service cosmetic sections everywhere.

I can't believe it's me. (Don't worry, ma. I'll be home by midnight.)



Pot O'Gloss.
The sexpots from Yardley.

unique among gems, the origins of the diamond engagement ring tradition, how to select your diamond and the Four C's (carat weight, cut, clarity, color) that determine the price of a diamond. Free. Write to: Diamond Promotion, Dept. TX, 260 W. Lehigh Ave., Philadelphia, Pa. 19133.

FEMININE PROTECTION

Free tampons in an embossed compact! Send for doctor-designed Pursettes®, tampons inside a special carrying compact. Ask for 4 regular Pursettes® or 3 super-absorbent Pursettes Plus® tampons. Send 25¢ postage & handling with your name and address to: Campana, Dept. TF-126, Batavia, Il. 60510.

FDS—FOR WOMEN ONLY

FDS Pure and Natural Towelettes are the first and only feminine towelettes moistened with 100% natural ingredients. These pure rayon cloths are moistened with purified water and individually foil wrapped for convenience and freshness. To receive four sample towelettes, send 25¢ to cover postage & handling to: Pure and Natural Offer, P.O. Box 1910, Maple Plain, Mn. 55348.

AIN'T SHE SWEET?

Even sweet gals can have skin problems. To clear up that sweet face of yours try Sweet Earth "Suds"—an extremely mild, specially formulated cream soap containing natural granules. The soft foaming action of the soap combined with these granules produces a very effective facial product for deep cleansing, reducing excessive oil and helping to coax out blackheads. For a 30-day supply send 50¢ postage & handling to: Coty Offer/Kayservice, Dept. 734, 2855 Shermer Road, Northbrook, Il. 60062.

WOMEN & SPORTS

An action-packed booklet, "Sport-shape Tips for the Sports-Minded Woman," gives conditioning and instructional tips on the ten most popular women's sports plus info on diet and sports-related apparel. Produced in cooperation with members of Professional Trainers Association. Send 25¢ postage & handling to: Burlington Socks/Adler, 1345 Ave. of the Americas, Dept. W., N.Y., N.Y. 10019.

watching it

WATCH YOUR SKIN CLEAR UP IN 7 DAYS

If you have acne pimples, the makers of ACNE BAN claim it may be cleared up in seven days or less. ACNE BAN is tested and proven to alleviate acne pimples when used as directed. Not a cover-up or astringent. 7-day FREE sample offered. Mail 50¢ to cover postage & handling to: Image Research, Inc., Dept. 32F, 7428 Melrose Ave., Los Angeles, Ca. 90046.

LOOKING FOR CONTACT LENSES?

Twelve pages of facts about hard and soft contact lenses help you decide if they are for you. Covers advantages and disadvantages of contact lenses and offers advice on regular wear, safety and effectiveness of lenses as well as information on cost. For a free copy, send a self-addressed, stamped envelope to: Public Information Division, American Optometric Association, 7000 Chippewa, St. Louis, Mo. 63119.

ALL ABOUT WATCHES

Fascinating facts, fads, fancies from the history of watches and timepieces are presented in an informative brochure from Sears called "TICK TOCK." Also includes a handy guide to shopping for the computer-age watch, the digital. For your free copy write to: Public Relations Dept. (Watch Brochure); Sears, Roebuck & Co., 1633 Broadway, N.Y., N.Y. 10019.

everything about anything

CONSUMER INFORMATION

A free, quarterly catalog lists about 250 free and low-cost federal publications that cover a wide range of subjects—education, nutrition & diet, health, gardening, recreation, making money, how to start a business, travel, children – you name it! For your free copy of "Consumer Information" write to: Consumer Information Center, Dept. T, Pueblo, Co. 81009.

STUDENT TRAVEL CATALOG

50 pages of travel bargains throughout the world for students, teachers and other budget-minded travelers available through CIEE/SOFA Student Travel Services. All you need to know about the International Student Identity Card, charter flights, travel guidebooks, special student tours, train and car travel bargains, work programs in Europe, low-cost accommodations, travel insurance, etc. Includes applications/order forms for all items listed. Write to: CIEE, Dept. TN, 777 United Nations Plaza, N.Y., N.Y. 10017. Enclose 25¢ for postage.

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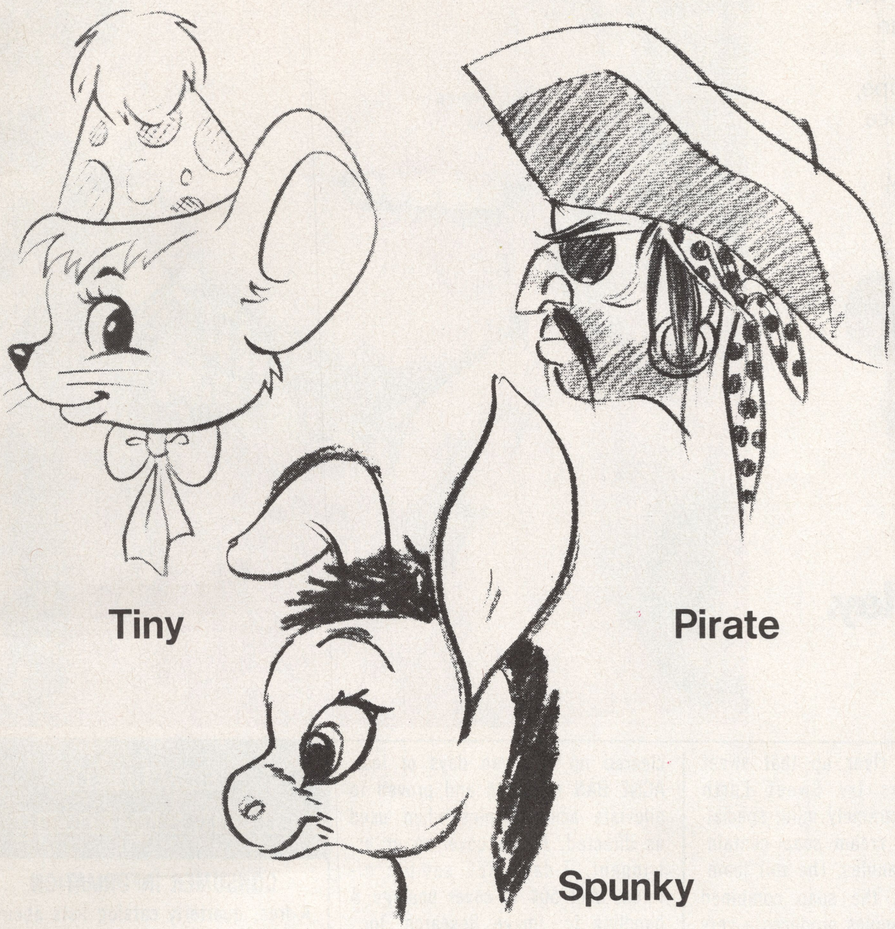

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FREEBIES

EYE-DEAS ABOUT SOFT LENSES

"Easy On The Eye" is a booklet with practical answers to common questions about soft contact lenses. For your free copy send a stamped, self-addressed (include zip code) #10 envelope to: Easy On The Eye, Dept. TM, Bausch & Lomb Soflens Division, 1400 N. Goodman Street, Rochester, N.Y. 14602.

CAREERS IN MODELING

Barbizon Schools are in more than 50 cities across America and provide training for those who want to "Be a Model or Just Look Like One." They now teach men as well as women and offer a new 32-page book without obligation to anyone 13 or older. To find out about modeling and to get your copy of "A Career in Modeling" write to: Barbizon Schools, Dept. TX, 689 Fifth Ave., N.Y., N.Y. 10022.

YOU AND YOUR FACE VALUE

A booklet on teenage skin care tips, "You and Your Face Value," can help you treat your own individual skin type and improve your "face value" as well as answer your questions about acne problems. For a free copy, send name, address and a business-size, self-addressed, stamped envelope to: "You and Your Face Value," Sea Breeze Laboratories, Inc., Dept 12T, P.O. Box 15598, Pittsburgh, Pa. 15244.

HOW TO PLAY HARMONICA

Tune in on playing the harmonica. A 24-page booklet with graphics and easy instructions features playing techniques, care of the harmonica and 23 different tunes to play. To obtain a free copy of "How to Play the Hohner Harmonica" write to: M. Hohner, Dept. T, Andrews Rd., Hicksville, N.Y. 11802.

beauty boutique

LIP SHINER

Long-lasting lip gloss comes in natural or petal pink—please specify. Enclose 50¢ postage & handling for one shade or 75¢ for both to: Canyon House, Dept. LG-130, Box 8316, Charter Road, Philadelphia, Pa. 19101.

GET IT ON!

An acne medicated cleanser that cleanses "deep down" as it helps to treat pimples, blackheads and blemishes. EXZIT Medicated Cleanser is a hard-to-beat anti-acne formula recommended by dermatologists. For a 1-oz. trial sample send

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A few examples? Our Talon® 02 Polyester zipper is one. It comes in an incredible range of colors and lengths. It's the perfect all purpose zipper for dresses, slacks and skirts.

On the other hand, you may be working with a pattern that calls for something sheer. Then you'll want the Talon Polyflex® zipper. This dainty lightweight zipper is a natural for lightweight, synthetic and blended fabrics.

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The Top-Brass™ metal zipper works beautifully in jeans or denim skirts. And Talon's RiRi™ decorative zipper is a great fashion touch for everything, from parkas to jumpsuits to lightweight jackets.

Talon makes every zipper you'll ever need. So you can be sure there'll be one designed specifically for the fashions you create. After all, you put too much valuable time into everything you sew to end up with anything less than the very best.

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25¢ in coin for postage & handling to: EXZIT, Dome Laboratories, 400 Morgan Lane, West Haven, Ct. 06516.

creative notions

BUTTON TALK

Want to find out some new ways to use buttons? Streamline Button is offering their informative brochure "Button Talk" to 'TEEN readers. It's full of fashion and craft ideas, all of them featuring buttons. It also has instructions on the correct way to sew on your buttons. "Button Talk" is available free of charge. Send a self-addressed, stamped envelope to: Streamline Button, Inc., Fashion Office, 234 W. 39th St., N.Y., N.Y. 10018.

DECORATE YOUR ROOM

Easy, inexpensive ideas for decorating a bedroom are given in a 16-page booklet, "Your Room," available free from Johnson Wax. Send a postcard with your name and address to: Consumer Services Center, Johnson Wax, Dept. TM1-77, P.O. Box 567, Racine, Wi. 53403.

SEWING GUIDE

A complete sewing guide from Scovill Sewing Notions. Guide covers cutting, fitting, sewing and pressing. Send 50¢ to cover cost of postage & handling to: Sewing Offer, P.O. Box 66, Bronx, N.Y. 10462.

ideas to cook up

SPICE IT UP WITH RICE

Tired of the same meals day after day? Want something delicious, nutritious and economical? Try rice! Two recipe leaflets, "Let Rice Slice the Price," and "Favorite Recipes from the Southern Rice-Growing Area," show how rice can enliven any meal. For a free copy of these leaflets write to: Rice Council, Dept. R.M., P.O. Box 22802, Houston, Tx. 77027.

INSTANT FLAVOR

Imagine the flavor of green peppers or mushrooms without chopping, or the taste of bacon without the calories. No need to imagine—sprinkle on taste in a flash with Creative Touch Instant Flavors in green pepper, mushroom and bacon. No refrigeration, no cholesterol and low in calories or salt, these seasonings are ideal for cooking and last-minute sprinkling at the table. For carefree ideas in a neat recipe booklet, write to: Creative Touch Instant Flavors, P.O. Box 27, North Hackensack, River Edge, N.J. 07661.

MAKE IT WITH MILK

Here's a cookbook of recipes you'll love—all made with Borden Sweetened Condensed Milk. Send 25¢ postage & handling to: Borden, Inc., Dept. F, P.O. Box 451, Jersey City, N.J. 07703.

TRY LAMB FOR A CHANGE

Now is the time for wise consumers to discover lamb. Tender lamb cuts can be used exactly like beef—for steaks or kabobs, etc.—and are just as tasty. For your free lamb recipe cookbook entitled "Now—New Zealand Lamb As You Like It" write to: New Zealand Meat Producers Board, 800 Third Ave., 29th Floor, N.Y., N.Y. 10022.

GET IN ON THE CREPE CRAZE

Crepe-making is fun, easy to do and very economical. An easy-to-use booklet with color illustrations shows you how to turn your leftovers into delicious meals and contains some of the world's great crepe recipes—Mexican tortillas, Russian and Jewish blintzes, Italian manicotti, Chinese egg roll, plus pancakes from every country. Send 50¢ to cover postage & handling to: Contempra Industries, 371 Essex Road, New Shrewsbury, N.J. 07753.

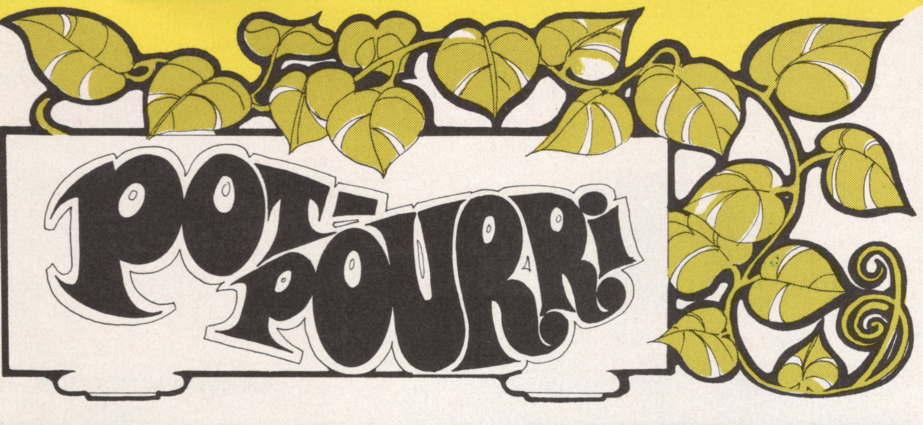
NO TIME FOR COOKING?

Impromptu slumber party? Mom out for dinner? Hungry for a tasty snack? Let Swanson Frozen Prepared Foods help solve the "What's to eat?" dilemma. Our "No Time For Cooking?" recipe booklet shows you how to put it all together—it's easy! For your free copy, write to: NO TIME FOR COOKING?, Box 355-TN, Collingswood, N.J. 08108.

PASTA ON PARADE

Pleasing Pasta . . . for you and your whole family. "Pasta on Parade" is a 16-page booklet filled with favorite pasta recipes. Look for refreshing macaroni salads, creative fish

continued on page 84



POT-POURRI

MIST-TAKE

Q. I mist all of my plants except the ones with fuzzy leaves. A friend told me that it's not healthy to mist those plants. Please set me straight before I make a mistake.

Sandy Kaderlik, Mn.

A. ***The straight talk on misting plants with fuzzy leaves can be summed up in one word, DON'T! What your friend probably knows is that misting damages those tiny hairs and causes spots on the leaves of plants like African Violets and Begonias. You should check with your local garden shop before you mist any plant. For instance, misting a Coleus can cause the color to fade from the leaves.***

PAINTED PUT-ON

Q. Someone told me she just got a Red Fingernail plant. Is there such a thing or is she putting me on?

Janet Keller, N.J.

A. ***It's not a new cosmetic product . . . the Red Fingernail plant really exists and its scientific name is Neoreglia. It comes in many shades: almost black, bright red, red and white striped, some with black or red mottling. They all have a small red tip on the end of each leaf and that is the "fingernail." Easy to grow inside, they can take lots of direct sunlight and don't mind if you neglect them a little bit. Red Fingernail plants are rapid growers and in no time you'll have a handful.***

SIZE-WISE

Q. I have a small Echinopsis (Pink Easter Lily Cactus) and it's starting to turn green along the top. I don't know whether it's growing or what. How much and how often should I water it? How large will it get?

A Cactus Grower in Iowa

A. ***Your concern over color isn't too clear. Is the shade deep green, yellowish, brownish, pale green? Deep healthy green is the right color for your Pink Easter Lily Cactus, and its spines should be brown with black tips. It takes its name from the flowers that it bears in the spring. These fragrant pink flowers, which bloom at night and close up during the day, can grow to be six inches across. When the plant itself is full grown it will look like a five-inch ribbed globe, with the spines measuring one inch. Place it in a spot where it can get at least four hours of direct sunlight each day. The soil should always be fairly dry. In winter, water it only enough to keep the plant from shriveling.***

TIP THE SCALES

Q. Are scales insects? What kinds of plants do they attack?

Mary Lynn Leaver, Billings, Mt.

A. ***Scale itself is not an insect; it's the thickened and hardened skeleton that protects the insect in its adult stage. The scale also houses the eggs which the female lays inside the scale before she dies. They stick to the undersides of leaves along the main veins and, because they are yellowish or greenish-brown in color, they are often hard to spot. Try to catch them in an early stage because they can overtake and kill the plant. Remove them by gently scrubbing the infested area with warm, soapy water and a small brush, then rinse off the soap with clear, tepid water. If you have Aloe, Aralia, Croton, Dracaena, Ferns, Rubber Plants, Ivies or Palms, be on the lookout for this common pest.***

PLANT-SITTER PROBLEMS

Q. During the summer I had someone plant-sit my Swedish Ivy and it has not looked healthy since. The leaves are losing their color and turning brown at the edges. Do you think the plant received enough water? What can I do?

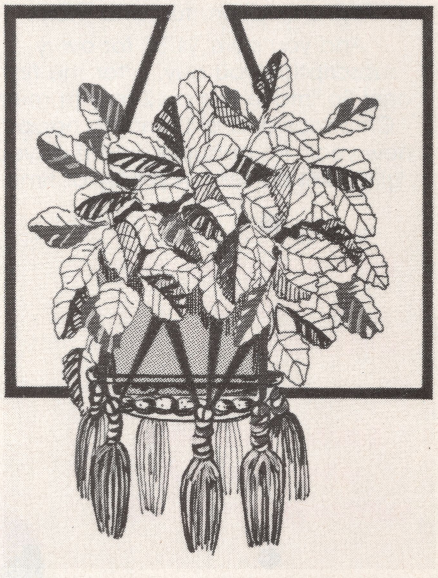
Mary Ellen, Ma.

A. ***Swedish Ivy can be finicky, especially when it comes to proper watering and lighting. The soil should be kept moist at all times, though not soggy. Don't mist. Your Swedish Ivy needs plenty of indirect sunlight and good air circulation in a cool spot. That can be a tricky combination of conditions, and maybe your plant-sitter left out one or two. Put your Swedish Ivy outdoors (not in direct sunlight) for a day or so, keep it well watered, and next time leave detailed instructions with your plant-sitter.***

RUG RESCUE

Q. I like to keep my plants in macrame hangers but when I water them, they drip all over the rug, and I'm afraid I'm ruining it. What can I do without putting my plants in a hole-less pot?

Lori Levoff, Ca.



ILLUSTRATION/JANICE BILLINGS

A. ***Don't allow your carpet to become a sponge because eventually mold and mildew will form underneath and the rug will never completely dry out. Drip-catching pans are the simplest solution to your plant problem.***

Take a saucer slightly larger than the bottom of the pot and place small, uniformly sized pebbles in it. Place the pot on top of the saucer and pebbles, and rehang the entire arrangement. This will not only rescue the drowning rug, but keep your plants moister longer (great if you have to go away for a short time). The pebbles allow room for the water to recirculate.

Is your green thumb turning blue over indoor plant problems? We'd like to help Mother Nature and you reach green happiness by answering as many of your questions as we can. Send your letters to Pot-Pourri, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. At the same time join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." (Note: Do *not* write this message on the envelope you address to 'TEEN but on *your* self-addressed, stamped envelope.) 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option.

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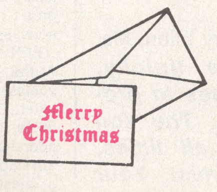

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INQUIRER

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ZANY CRIME SOLVERS

SEE PAGE 51

D.C. LARUE AND HIS BLACK TENNIS SHOES

When black sneakers start polishing off all of your fanciest outfits and they seem absolutely proper to wear on a very special date, you'll have D.C. Larue to thank. D.C. is a New Haven, Connecticut-born, New York singer-songwriter who has set the latest footwear trend with his black sneakers.

His very listenable disco songs are being heard in clubs and on juke boxes everywhere and when we heard that B.F. Goodrich is coming out with a D.C. Larue disco shoe, we knew the time was right to find out the strange connection between the music and the style.

When D.C. was in Los Angeles, he told us that, "It kind of came from two directions. My album, 'Ca-The-Drals' (which shows D.C. with his black sneakers on), was starting to be successful in America, but was also becoming a sensation as an import to Paris. I had been to a disco in Provincetown and I was wearing the sneakers I had worn on the album. The disc jockey there stuck his foot in the air and showed me that he had on a pair like them.

"Meanwhile," he said, "there's a designer in Paris that has a P.R. firm in New York City who calls up his firm and says he wants to find out about D.C. Larue and the sneaker craze because he's considering showing them in his spring collection to wear with suits and French-cut slacks and shirts. Once that happened, everyone thought it was such fun that Uniroyal came around with the idea of doing a D.C. Larue disco shoe!"

They sound so comfortable that we can't wait to get a few pairs and toss aside our impossible-to-dance-in platforms! Ⓣ

JEFFERSON STARSHIP

Orbiting The Musical Universe

It was the flight of the decade. With Grace Slick as head stewardess, the Jefferson Airplane glided on a four-year, airborne jaunt—starting from San Francisco—that broke the social, cultural and sound barriers that had held the 60's intact. Songs like "Somebody to Love," "White Rabbit" and "Volunteers" sent everyone soaring.

After a four-year pause in the sky-splitting, sonic offerings of the Jefferson aeronautics gang, the group again rose to stellar heights in the form of a Jefferson Starship.

A couple of months ago, 'TEEN was invited to visit the legendary Airplane House on Fulton Street in San Francisco (the 1902-built Victorian mansion that has, at different times, housed many of the leading figures of the San Francisco music scene) and spend an afternoon with Craig Chaquico, the Starship's youngest crew member.

Now 22 years old, Craig grew up on the sounds of the Jefferson Airplane and other San Francisco groups like Big Brother and the Holding Company and Quicksilver Messenger Service.

"I was a big fan of all that and would go to San Francisco, which was about a hundred miles from Sacramento (where I lived), to go see those bands at the Fillmore and Winterland," he told us. "It's really a flash, the fact that I was a fan and now I'm an actual member of the group and participating in all the music. Seeing it from both sides gives you an unusual perspective."

The Jefferson Airplane began preparing for flight in 1965, when Marty Balin, Paul Kantner, Jorma Kaukonen, Skip Spence and Signe Anderson got a folk-rock group together. By the end of the year, they had signed a recording contract with RCA Records and a year later, released their first album, "The Jefferson Airplane Takes Off." Soon personnel changes shifted the line-up to Grace Slick and Marty Balin (lead singers), Spencer Dryden (drums), Paul Kantner and Jorma Kaukonen (guitarists) and Jack Casady as second lead vocalist.

Seatbelts secure, the following years saw them through a jet stream of albums like their now-classic, "Surrealistic Pillow," "After Bathing At Baxter's," "Bless Its Pointed Little Head" and "Volunteers."

We wondered what sort of changes Craig had seen in the group since those days of watching them from the audience, as opposed to being on stage with them. "The message of the music is different now," he explained. "It isn't as much concerned with revolution and the things that were important 10 years ago. Now the group is into songs about love and relationships. There really is a message in love and getting close to people. They're songs people can relate to because everyone has been, or is, in love.

"You could say the songs are more commercial, but not in a bad way—in a way that more people can turn onto them. Musically, the band used to be into long, extended songs. I think that now they've changed into shorter, more interesting tunes. There's more variety instead of the long and tedious jams that were common in the acid-rock days."

The years 1970-1974 were a period of transition for the Airplane. The group formed its own label, Grunt Records, while Marty Balin took a three-year leave of absence. Jorma and Jack left the flight formation to start their own group, Hot Tuna. The Airplane released three albums and various parts of the group worked on solo and part-of-group works. None of the recordings from that time period had the effect of the earlier albums or the glow of the yet-to-be-heard Starship offerings.

It was in February, 1974, that the Airplane officially became elevated to Starship consciousness. Craig, who had already been a guest guitarist on several Grunt releases, took his permanent position in the group, Pete Sears soon joined in on bass, and later John Barbata took his place behind the drum set.

Craig started playing guitar in order to avoid accordion lessons. When he was in high school, he got together with his English teacher Jack Traylor to form Steelwind Band.

"Steelwind was kind of like an early Airplane," Craig explained, filling us in on a little history. "We had a flute player, though, and the music was a little more jazz-oriented than the Airplane." The group made one record, "Child of Nature," for Grunt Records.

"I did my first session on my sixteenth birthday," said Craig. "That was on Grace's and Paul's 'Sunfighter' album." Since then, he's played on all Starship releases.

"I really got a chance to check out the San Francisco scene and play with a lot of my guitar idols, like Jerry Garcia," he continued. "I got a chance to do it when I was still pretty young. It was a mind blower because I was still in high school. It was really great when I became a regular member of the band. I couldn't believe it, but I was glad because it was an opportunity to write songs and actually change and affect the music."

At the same time as the first Jefferson Starship set off along the runway for its first tour, the group released "Early Flight," an album of unreleased material from the '65-'70 stage of Airplane.

In the summer of 1974, the Starship recorded its first LP, "Dragonfly," the album that navigated them right back into the center ring. Since then, the Starship has flown higher and higher, holding more passengers than anyone imagined possible. The second Starship album, "Red Octopus," won the No. 1 spot on the record charts four different times. The third album, "Spitfire," was being released the week we were up in San Francisco visiting Craig and only time will tell if this one will outdo the last.

What changes have made it the right time for the Jefferson Starship to fly again? "The band keeps playing the music they want to play and, every now and then, they hit on something other people like to listen to," proposed Craig.

"Also, the Starship has changed its actual recording techniques. We have a new producer, which has made a big difference. When we started working with him is when we started getting gold records again. His name is Larry Cox. He did all three Starship albums with us, and they've been the best-sounding and most successful. I think that has a lot to do with him," he continued.

"Spitfire" seemed to have some interesting influences working on it and we thought we'd ask Craig to explain them. There seems to be an Oriental air surrounding certain songs and certainly the cover. Craig told us that, "It was a theme we were playing around with on most of the album and it has a definite relevancy to one song. It's from a tune we all had a hand in writing called 'St. Charles.' It's a song related to the picture on the cover and taken from a Chinese history that is about 4,000 years old about an Oriental dragon princess who had the power to turn into a dragon."

Our other question was about a spacy-sounding piece with the odd name "Ozymandias." Craig explained that, "There's a poem written in a pyramid somewhere, which when translated, reads something like, 'I am Ozymandias, the king of the world, the ruler of all you see around you.' And as you look around you from this stone where the poem is inscribed, all you can see is the barren desert. It's a very mysterious poem.

"The night we recorded it has a very strange story," Craig continued. "We hadn't practiced that song. Paul just mentioned that he wanted to go in and jam with a little piece for the beginning of a tune that we were going to do on the album. Before we went in, we really didn't know what we were going to play but we set the mood in the studio with candles and soft lights. It was almost eerie in a way, like a seance, and we all sat in a circle and just started playing and that's what the song 'Ozymandias' on the album really is—just us sitting around playing. It was very strange, though. There was an energy that came over all of us. It was very magical and when we were done we looked around and we were sitting in the circle with all the candles and felt very mystical. When we played it back, it had a very strange magic to it—like a spirit had something to do with it."

The Starship is flying at heights few of us would ever be able to reach on our own. It's awfully nice that they're taking us all along for the ride.

Susan Swift jokes with her family outside the set of "Audrey Rose" at the Metro-Goldwyn-Meyer Studios.

Susan Swift as she appears in the movie.

SUSAN SWIFT: Starring In A Dream Come True

It could only happen in fairy tales. That's what 12-year-old Susan Swift of Webster, Texas, thought until one day when she found herself with the starring role in the major new motion picture "Audrey Rose."

"I was at school when I got a call from the Alley Theatre School of Acting that I had been going to," wide-eyed Susan told us during a lunch break at MGM Studios one afternoon. "They couldn't reach my mother, so they called me and asked if I would like to audition for Mr. Wise, the director of the movie." Robert Wise, along with producers Joe Wizan and Frank De Felitta, had been touring across America interviewing aspiring young actresses, trying to find the perfect person for the role when he first met Susan.

"I cried when I heard I had gotten the part," Susan told us. "I figured, how often does this happen . . . once in a lifetime or maybe even less.

"My first reaction was that it was really nice that they had chosen me. Then, immediately after, I thought, 'What about all the other girls that missed out?' I hate the feeling that the other girls didn't get it because I hate the feeling of losing out."

"Audrey Rose" tells the eerie tale of one man's convictions of reincarnation. A father is convinced that the soul of his daughter, who died a tragic death, lives on in another couple's child and he is obsessed with proving he is right. Susan plays the daughter who is not only torn between the two families, but also between two lives.

It's a complex and dramatic part to carry off, but Susan seems to be enjoying herself with it. "I like the role a lot," she said. "It's really neat. I wanted to be an actress. I thought I'd be in plays or teach drama. I didn't think I'd be in movies."

Since this has happened, though, Susan has had a lot of thoughts about her future career as an actress. "I'd love to keep on acting, but I don't know if it's going to happen that way," she explained. "I'm very lucky to have gotten in this movie, but I've heard that 70 per cent of the actors in Hollywood are out of work. There just aren't enough movies to go around. I'm never going to be in love with acting or filmmaking. I don't want to take that chance. If everything would go right and I knew I could do it, I would go into acting. After I get through school, though, I'm going to go to college first."

Future film pursuits or not, being a movie star seemed a great way to spend a summer vacation. Susan's grandparents live in a neighboring beach community and found an apartment for her and her family to live in while the film was being made and Robert Wise even offered Susan's younger sister the job of being an extra in "Audrey Rose." She, of course, happily accepted.

When the season ends, they'll head back to Texas where Susan will finish up her work at the Alley Theatre and enter the seventh grade at Webster Intermediate School, looking back on one of the greatest experiences of her life.

my fair and frantic HOLLYWOOD

by earl leaf

PEOPLE like to read the truth about themselves, no matter how flattering it is. And I'd like to lay some laudatory notes on **Dr. Hook** which, as you know, is the name of a far-out six-man band.

Until recently Hook gigs were exercises in crudeness, lewdness and paranoic parodies, but they have cooled down (sometimes) to play it pretty straight in sanka songs like their recent "Only Sixteen" single and "A Little Bit More" album.

Hook's frontmen are bewhiskered **Dennis Locorriere** who, at the age of 16, put a quarter in a honkytonk jukebox and thereby "discovered" his latent musicianship, and **Ray Sawyer,** pride of Chicksaw, Alabama. Incidentally, the eyepatch Ray wears isn't merely a stage prop. Ray lost an eye on the way to Oregon where he planned to be a rollicking, roistering, romantic lumberjack.

Other **Dr. Hook** players are **Jance Garfat,** a violin virtuoso at 12 and electric bassist at 15, and **Rik Elswit,** guitarist, who explains his background thusly: "In California, where I worked first, you have a choice. L.A. bars give you a chance to be discovered by record executives; San Francisco bars give you $10 a night and all the beer you can drink, so I moved to San Francisco."

Dr. Hook's **John Wolters,** a Florida State University accounting grad, taught himself to play drums while he was teaching science at a local high school, and **Billy Francis,** trumpeter, keyboarder, singer and songwriter, is from Memphis Town.

Dr. Hook isn't the only band with a self-imposed doctor's degree. Other so-called sawbones are **Dr. Buzzard's Original Savannah Band,** a recent entry in C/W wailings, **Dr. John and the Night Trippers, Dr. Feelgood and the Interns, Dr. Cool and His Famous Sapphires,** and **Dr. Bop and the Headliners.**

★★★

LAUGHING ON THE INSIDE. Dang me if those blue grass, bayou, swamp and country troubadors don't dispense more funny funk than the general run of soulers and rock-n-rollers, and they don't mind laughing at themselves either. Two new tunes on the C/W charts are "Honky Tonk Women Love Red Neck Men" by **Jerry Jaye** and "The Redneck National Anthem" by sod-kicking **Vernon Oxford.**

★★★

GOSPEL/SOUL. Beloved **Al Green** whose smooth, soft, sensitive voice has earned him 24 gold and platinum albums and singles, has become an ordained minister of the gospel.

Instead of giving up music, however, he hopes to use it as a means of creating a unique style of worship, akin to "gospel-spiritual" music, but on a more emotional audience-participation level. **The Reverend Green** now regards himself not as a song star but as a singing salvationist and preaching evangelist.

An old Green friend, **Quincy Jones,** didn't "get religion" but he and two of his innumerable discoveries, the **Brothers Johnson,** are deep into helping young, restless and jobless, but talented, ghetto kids to make a start in music and art. (The Johnsons have two current hitsongs, "Get The Funk Out Ma Face" and "I'll Be Good To You," both songs written by "Q" as Quincy likes to be called.)

Headquarters for this unclassified school is the Quincy Jones Production Workshop at the Inner City Cultural Center.

Last time I counted, jazz-blues-gospelsinger **Lou Rawls** had cut 28 albums, which did okay but never reached the Top Ten status or laid him a golden egg.

Only three singles, "Love Is A Hurting Thing," Dead End Street" and "A Natural Man," streaked to the upper echelons of the popscopes in all those years. Lou, who is gifted with a deep, rich, powerful voice, was caught in a rut, repeating the same lush, middle-of-the-road songs over and over.

After fooling around with different labels, Lou finally recorded a combination jazz-blues, soul-pop LP, "All Things In Time," a sales tally topper. "You'll Never Find Another Love Like Mine," culled from that album, shot to the No. 4 spot, only his second disclick in the last ten years.

All he really wants to do is find a new, young audience whose heart is into soul, he told me at a "Midnight Special" rehearsal.

★★★

SPINS & NEEDLES. Industrious, illustrious **Helen Reddy** may be dog-tired and ready to roll over and play dead, though she just keeps rolling along. As of this moment, Helen is leading lady of a Walt Disney film, "Pete's Dragon," made in Northern California. After it's finished, she's been booked by her diligent husband/manager **Jeff Wald** to do another mini-tour, cut another album and guest on TVariety shows while Jeff hunts around for another film for her. She doesn't emcee NBC's wonderful "Midnight Special" this season as she did last term. In fact, Helen would love to spend more time at home with her two children.

After all that original hoopla, the Bay City Rollers have another album on the Top 200 charts and we're sure they'll be back with more blockbusters. Meanwhile, the Backstreet Crawlers have a dubble-bubble, "2nd Street," which is climbing like Jack up a beanstalk.

At the same time, the **Beatles,** individually or group-wise, have no less than six albums on the hottest-selling lists, and some of those LPs are eight to ten years old. The eternal **Beach Boys** have five simultaneous oldie and newie LPs on the charts.

Music man **Barry Manilow** has been assigned by Columbia Records to produce the next album for the incomparable **Liza Minnelli,** Academy Award-winning actress, recording star, daughter of the late **Judy Garland** and wife of **Jack Haley, Jr.,** the young producer who brought a heavy hunk of stability into Liza's previously helter-skelter life. She is duly grateful. Still a wee bit on the sunny side of 30, Liza has even stopped biting her nails and doing her coiffure with a pizza cutter.

The once-brilliant, blues-rock **Allman Brothers Band** survived the untimely death of brother **Duane Allman,** then busted up due to bad vibes caused when the narcs busted their former road manager. **Gregg Allman** joined the entourage of his lovin' wife, Cher, and babysits for their newborn son, **Elijah Blue. Sonny** has custody of the Bono family cat.

Jay Grusky, who replaced **Danny Hutton** as the third lead singer of the **Three Dog Night,** is a talented, youthful and very likable cat, sometimes described as an all-American boy. Somehow, however, the group doesn't generate the same electricity and excitement without Danny.

I've been seeking to learn why he quit and where he's at. I've known Danny since he was a busboy in his mother's neighborhood cafeteria down the street from my hillside habitat.

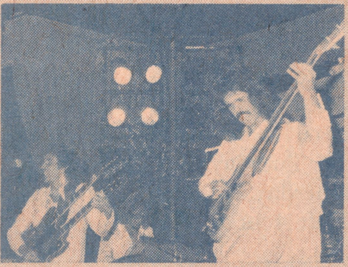
Chart champs in the singles category are two charmy chanteuses. One is **Andrea True,** naughty star of several X-rated movies, whose "More More More I," a prime cut from her album, has lasted 24 weeks at the head of the hot-selling LP list.

RAY SAWYER (left) and DENNIS LOCORRIERE (right) are the lead singers of DR. HOOK.

Though he says he's restless, PETER FALK is back for another season of Columbo.

RODNEY BINGENHEIMER, CHERRY VANILLA and BO DONALDSON at the Starwood.

LOU RAWLS' appeal to a younger crowd has brought him renewed success.


ETHOS, who performed outdoors last summer, are glad to be back inside this winter.

B.W. STEVENSON didn't plan to crack the rock/pop charts, but did it anyway.

CANDI STATON, one of Warner Bros.' new blues discoveries, made her debut at the Roxy.

After two years of personal problems, the great ARETHA FRANKLIN has it all together.

Though their musical style has changed, the DR. HOOK cast remains the same.

Runner-up, at 20 weeks, is **Vicki Sue Robinson.** Vicki's smash hit, "Turn The Beat Around," was plucked from her memorable album, "Never Gonna Let You Go."

Mary Kay Place, the earnest quester for superstardom in country music, will have a larger role in next season's TV serial, "Mary Hartman, Mary Hartman."

Columbia also signed her for a series of albums under her real name, though the world thinks of her as **Loretta Haggars.**

Maybe you haven't heard of him yet, but Emmy nominee **Nick Nolte** is destiny-marked to be one of Hollywood's greatest film stars. Take my word for it, as I took the word of a jillion young girls who've asked me about him since the televised award ceremony. Nick plays second lead in a Bermuda-made film, "The Deep," costarring **Robert Shaw** and **Jacqueline Bisset.**

★ ★ ★

DOTS & DASHES. **John Denver** and **Neil Young,** though they lived continents apart, had one complaint in common as kids. Both hated their birthdays being so close to Christmas.

Norman Alden, screen scribe turned actor, deserves an Emmy for his hilarious death scene in "Mary Hartman, Mary Hartman." He drowned in a bowl of chicken soup Mary had brought him for his cold.

Vincent (son of Dick) **Van Patten's** name is penciled in on a contract to star in "The Bionic Boy," a double-whammy spin-off of "The Six Million Dollar Man," **(Lee Majors)** and "The Bionic Woman" **(Lindsay Wagner).**

KEN SCOTT:

There's no telling who's boss when you're in the studio with The Tubes. Producer Ken Scott is at the lower left.

A Musical Gourmet Chef

Producers are, literally, the unsung heroes of the record world. Without them, the many ingredients that go into making a record wouldn't ever come together. That's what the high-ranking British producer Ken Scott told us one afternoon when we got in touch to discuss his innumerable production and engineering triumphs.

Ken's very first project was the Beatles' "Magical Mystery Tour." In those days, he was an engineer—running the board, but not directing it. After being an engineer for four or five years he graduated to being a producer, when he co-produced David Bowie's "Hunky Dory" album.

Since then he has been the guiding force behind such artists as Supertramp, The Tubes, Billy Cobham, Stan Clarke and, most recently, Cat Stevens.

"The producer's role varies a lot with the artist," explained Ken. "It can stem from just making sure the sound is right for the artist from a technical standpoint, to virtually arranging the songs, making sure they're the right length, the right instrumentation and things like that. A producer can really be called a coordinator.

"Producers usually take a project from rehearsal stages, before the artist goes into the studio, to the finished point when they make sure the quality of the test pressing is good," he continued.

We asked Ken how and why he decided to go into the production end of making records. "I got a tape recorder when I was 11 and from then on, I knew I wanted to record things," he told us. "Then, when I was taking exams at school, I got really fed up. I wrote to various record companies on a Saturday, looking for work. I heard from EMI (one of the largest) on Tuesday, had an interview on Wednesday, was accepted Friday and left school that day."

He hasn't looked back since. He hasn't needed to because he has emerged as one of the most successful and most skillful new producers around, working with some of the finest talent around.

We wondered if, given complete freedom, there was a pet project he would like to do. After thinking a moment, Ken said, "It's always intrigued me how some Paul McCartney and John Lennon numbers have been recorded by so many different people, in so many styles and a lot of them have turned out great. Someday, I'd like to find a song that was so good that a whole album could be made up of the one song done every way you could think of doing it. It wouldn't get boring because the styles are so completely different . . . it just happens to be the same song."

If anyone could manage to brew up such an album it would be Ken Scott, and we're waiting for it. Ⓣ

TEEN REPORTERS, TAKE NOTE

WHO: You could be a big winner in the 29th annual "Ability Counts Survey Contest" IF you are a junior or senior in high school and are interested in researching and writing a three-page report on "Handicapped People and Affirmative Action."

WHAT: This research-writing contest is sponsored by the President's Committee on Employment of the Handicapped and participating Governors' Committees on Employment of the Handicapped. Entry is on a state level first. Your report should cover—firsthand—how a new law, Section 503 of the Rehabilitation Act of 1973, which provides for affirmative action in hiring, promoting and training of qualified handicapped people, is affecting the handicapped in your community. What are their views and experiences? How do employers feel? Do people in your area know about this law? Are the handicapped treated fairly in your community? Finding answers to these questions is your job—as a special investigative reporter!

WHEN: Governors' Committees sponsor this contest on a state level any time after schools open in order to submit state winners to the national finals by March 1, 1977.

WHY: National prizes include trips to Washington, D.C., for the top five prizewinners, courtesy of each state federation of the AFL-CIO. DISABLED AMERICAN VETERANS has donated the $3,750 in cash prizes for national winners—including a $1,500 award for the talented teen reporter who scoops everyone else for first place. The contest can also be an excellent learning experience for both you and the disabled persons you interview. It may bring increasing public awareness of the beginning of the end of second-class citizenship for handicapped people.

WHERE: For further information on your own state's rules and deadlines, write to: The State Chairman, Governor's Committee on Employment of the Handicapped, c/o your state capital. Ⓣ

THE NEW KNIGHTS OF SATURDAY MORNING

They're four of the friendliest and fun guys we know and we'd like to introduce them to you. Their names are Steve Bonino, Biff Warren, Cosie Costa and John Lansing—better known as P.T., Doomsday, Bugs and Doc, respectively. Those super Kids From C.A.P.E.R. (The **C**ivilian **A**uthority for the **P**rotection of **E**verybody, **R**egardless).

Besides being the zany, crime-solving young police interns in the small, western city of South Easton, they've proven to be fantastic music-makers as well. Off camera as well as on, we've found that the four are as different as four people could possibly be and that that is the reason they work so well together. You'll see the same thing.

The Kids From C.A.P.E.R.

Steve Bonino (P.T.)

A Libra who has had most of his professional experience in New York, Steve is the youngest of the "Kids." Talking about his role of P.T. (not even Steve can say what it stands for), he told us that, "P.T. is more me than I am. In other words, in real life I'm really dead and bland, but when I go out in front of the camera, I portray the me I'd like to see."

We think Steve was either kidding or being a little modest when he said he was dead and bland because while he is quiet, he's definitely one of the most pleasant people you could want to meet.

"P.T. is 17 years old and the most ambitious," Steve told us. "Without him, C.A.P.E.R. wouldn't be because he's the one who thought the thing up. He's very adventurous and likes the idea of helping the police department solve crimes."

Cosie Costa (Bugs)

Cosie is a joy to chat with. He's warm, open and, like Bugs, a really fun person to be around. Cosie just barely falls into being a Cancer (his birthday is June 22).

"Bugs is certainly not Cosie Costa," he told us, "but there are certain things in my kind of humor that I try to write into Bugs' character. As Bugs, I'm an 18-year-old street kid who can go a little wacky at any time—but wacky in a nice way."

Cosie was born in Grass Valley, California. After schooling at the Pasadena Playhouse, he moved to New York to get some practical experience. He and John Lansing met when the two of them were in the show "Grease."

Biff Warren (Doomsday)

Biff is probably most different from the rest of the members of the cast. First of all, he's the only "Kid" who isn't a New York-bred actor; he's also blond and a vegetarian.

As Doomsday, you can't help but love him for he's so kind and sweet, the kind of blessed soul who wears rose-colored glasses.

Born and raised in Jackson, Mississippi, he had most of his theatrical training at the University of Mississippi. His father owned clubs and that's where he got his musical training in singing.

Biff, a Sagittarian, loves to surf and ski in his free time.

John Lansing (Doc)

John is the tall, dark, foxy Libra of the group. He's the one who gets all the girls and is the brains of the C.A.P.E.R. gang. Doc's the kind of guy who had a prep school upbringing and came from a heavily intellectual family with money. He's 20 years old and can handle most any situation. "Groomed to deal with empires," as John put it.

"As Doc, in any other circumstance, he probably wouldn't be hanging out with the other three guys, but they really need him," John said.

Besides being an actor, John has always been into music and used to be in a band called Fox. A motorcycle buff, John, like the other guys, also likes sports.

CAUGHT IN THE ACT

LOUD'N SHINY STARZ

Free concerts are rarities these days. But one group, Starz, has found them to be a great way to greet America and introduce them to their atomic brand of glistening rock 'n roll.

We caught the five-member, New York-based band when they did a free show in Santa Monica, California, with a local band called The Quick. With enough energy and excitement to challenge a hurricane, Starz sent the audience into a dazzled state of rock insanity.

For only having been together about a year and a half, it's amazing how far these guys have progressed. They've linked up with the same management as Kiss, the same producer as Aerosmith and the same record company as Paul McCartney and dozens of other acts. They've been on tour with the likes of Peter Frampton, Aerosmith and Z.Z. Top, have a single climbing up the charts with an album nearby, and they say this is only the beginning. How can they miss? The odds say they won't and a couple of days after their concert, we got together with lead singer Michael Lee Smith to find out what the band has to say about it all.

"When we first put this thing together," he said, "we said, 'Let's do it where we can play the biggest places and make the biggest impact as fast as possible.' We designed everything that way. We never played little clubs or anything. From the moment we started, we said, 'Let's go for the top.' "

How did this determined group join together? "There's a newspaper called the Village Voice in New York," explained Mike. "Joe X. Dube, our drummer, and Brenden Harkin, the rhythm guitarist, put an ad in it for a singer and about 50 came and sang, and they decided they wanted me. Then we decided we needed another guitarist and we put another ad in the Voice and got Richie Ranno." Pete Sweval, the bassist, joined somewhere along the line.

"Each of us just wants to entertain people and do it for a long time," remarked Mike. He went on to explain their view of the music they make. "We want songs, but we also want the heavy sound, the heavy feel and the heavy energy of the heavy metal bands—like a combination of the two. Not like light pop. We use a light pop form, but twist it to where it's heavy now. Peter and I are poets and the other guys are really good musicians. They could play in any other form they wanted to.

"We're songwriters," he continued. "We like the form of the song if it's written with all the structure. A lot of groups just get a riff going and sing over that. We want real melodies with melodic skips and everything."

They do it, too. As loud and as strong as the music is, it's also well put together and carefully thought out. Mike writes the bulk of the lyrics and all five members share the task of the music.

Their musical inspirations? Mike stated that, "You just absorb so much music in America—the radio's always on, there's always someone on TV. We've been bombarded by so many people that I think we've absorbed a little of everything. Our interests are very wide and everybody's into a different kind of music. We decided that the kind we do now, the best kind of music, is what we do together."

Sounds fine with us. Especially when matched with the slick, black outfits, fancy lights and incredible stage set-up, these Starz are bound to shine on and on. Ⓣ

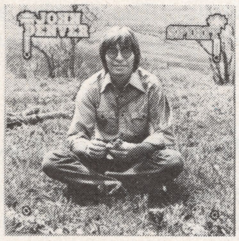
RAPPING ON RECORDS

BY JOANNE JERI RUSSO

Which of 'TEEN's choices for the top ten albums of the month would you choose as No. 1? Play the Rapping On Records game and you may win your pick!

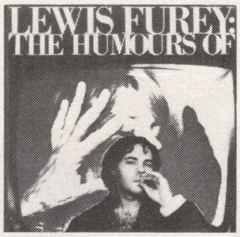
BAY CITY ROLLERS

☐ For the first time, The Bay City Rollers have recorded an album in North America and it stands as a **DEDICATION** to all of us. With their new producer, Jimmy Ienner, they've grown into wider musical fields. From the impossible-to-stay-still-to "Rock 'N Roller" to the jazzy "Are You Cuckoo?" this is certainly the Rollers' best yet. We're honored. Arista.



☐ If any one person can stand for a place, John Denver has done the trick with the **SPIRIT** of Colorado. Mellower than ever, John offers 12 mild-winded selections without a fanfare of energy, but nice all the same. Close your eyes and you can almost smell the campfire and see Aspen. Fans will love his version of "San Antonio Rose." RCA.

☐ Speaking of country-pop singers guaranteed to deliver the goods, Linda Ronstadt has a new one out. **HASTEN DOWN THE WIND** can be summed up in one word: beautiful. Each cut stands securely on its own, as well as being part of a very complete album. The Ronstadt-styled "That'll Be The Day" will sweep you away. Asylum.



☐ This guy, Lewis Furey, is somewhat of a weirdo and he'd probably be the first to admit it. His music is moody, tight, not-so-hard rock and roll that is complemented by razor-sharp lyrics which cut through love and life like an anchor in water. Not for those afraid of the unconventional. **LEWIS FUREY: THE HUMOURS OF** is a feast for the open mind. A & M.

☐ Becky Hobbs is a lovely young lady who sings to you straight **FROM THE HEARTLAND**—the land of reflections of the people she loves. Her strong, wide, Carole King-type voice rings out with ease in the songs she and her guitarist Lewis Anderson wrote. Better subject and style variety could do wonders for this hit-bound singer. Tattoo.

BARRY MANILOW
This One's For You

☐ **THIS ONE'S FOR YOU,** sings Barry Manilow. Since his last album, the public has skyrocketed him to the highest level of popularity. TV specials, hit singles and sold-out concerts are just the beginning, this album assures us. Like the one before, this record has something for everybody. The title cut and "Looks Like We Made It" are faves. Arista.

CHRISTINE McVIE
Not For Sale

☐ Christine McVie (the "Over My Head" voice of Fleetwood Mac) recently re-released a record she made in 1969. **THE LEGENDARY CHRISTINE PERFECT ALBUM** finds the bluesy-voiced keyboardist sounding simpler and more soulful than she is today. "Wait and See" is a should-be classic that's getting a second chance. Sire.

Natural Gas

☐ It's a **NATURAL GAS** listening to four veteran British musicians who have come together to share some basic musical ideas. They believe in tying grade-A quality to positively powered, blues-based rock and roll. A warming first effort, you're sure to enjoy "Little Darlin'," "You Can Do It" and "The Right Time." Private Stock.

STEELY DAN
THE ROYAL SCAM

☐ Steely Dan staged a **ROYAL SCAM** to come out on top of the new release pile. Well-planned musical methods, interesting lyrics and a full force of style and balance are the keys leading to the plan's failproof execution. "Don't Take Me Alive" and eight other tunes will capture you without a moment's struggle. ABC Records.

☐ This is really **SOMETHING NEW** for Barbi Benton. Her last album was recorded in Nashville. This one, though, catches the ex-Playboy model voicing out in a much poppier mode. Of course, the aid of musicians like Nigel Olsson, Dee Murray, Davey Johnstone and James Newton Howard didn't hurt any. Playboy.

HERE'S HOW TO ENTER: Rate these albums 1 through 10 (1 = tops and 10 = worst) in the boxes above. Five winners will be chosen at random from those rating each of the above albums as No. 1 (50 albums in all will be given as prizes each month). Hurry and enter! P.S. Who would you like to see featured in 'TEEN in a special in-depth story?

Name____________________________Age________
Address__________________________________
City______________State__________Zip________
PLEASE DO A STORY ON _____________________

SEND YOUR RECORD BALLOT OR REASONABLE FACSIMILE TO DECEMBER—RAPPING ON RECORDS. c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. No purchase necessary. Void where prohibited by law. Balloting not open to employees of Petersen Publishing Co. or their families. All material submitted becomes the property of 'TEEN Magazine. No correspondence will be entered into with the entrants. Decision of the judges is final. No substitutions will be made for prizes offered.

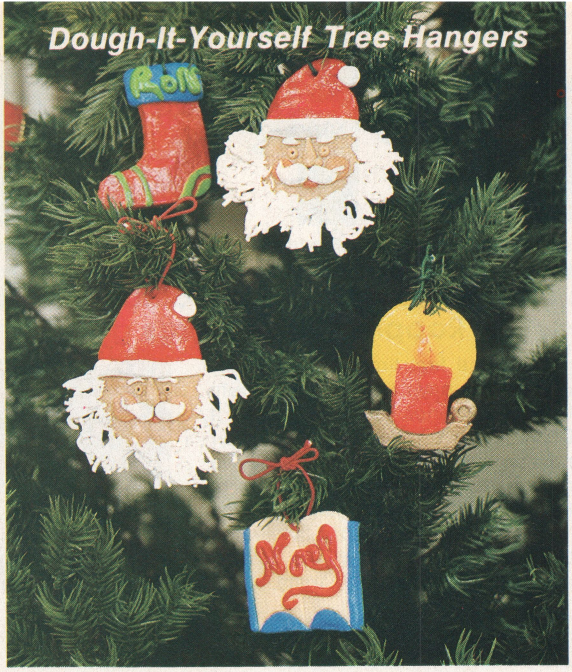
Prizes offered courtesy of ABC, A&M, Arista, Asylum, Playboy, Private Stock, RCA, Sire and Tattoo record companies.

GREAT
GIVE-
AWAY
GUIDE

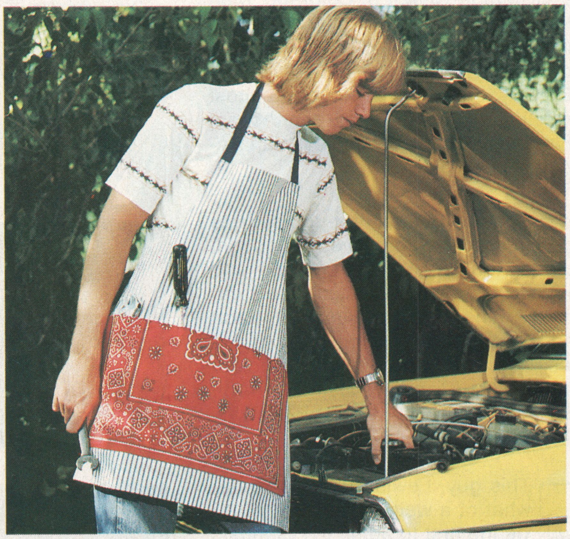
MAKE 'EM

'Twas the night before Christmas
And all through the house,
'TEEN's GREAT GIVEAWAY GIFTS
were around and about.
After all, twelve full pages
of goodies galore,
That you make, bake and eat . . .
That you wear and lots more!
There are perfumes and pillows
and puppies for loving,
We've got scarves, gloves and toe socks
for your stocking stuffing.
So read on and get going
for Christmas draws near,
And we'll keep you busy
til that time of year.

Dough-It-Yourself Tree Hangers



Here's a make-it, bake-it idea tha will trim the tree with style. They'l make great giveaways, too. They'r Christmas ornaments that yo make from dough. The basic recipe calls for flour, Morton Salt water and a little bit of your imagination. To find out how to make these tree ornaments, plus wal plaques, jewelry, puppets and planters, turn to the instructiona section. There's also a great boo offer for very little dough!

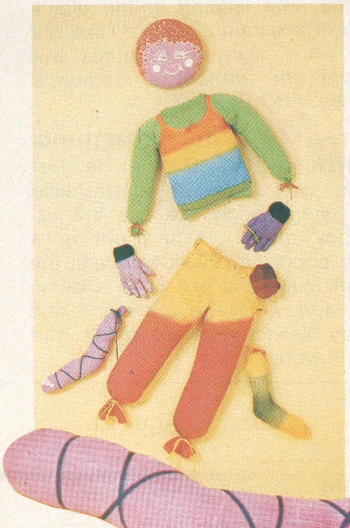


Ticking Tool Tie-On

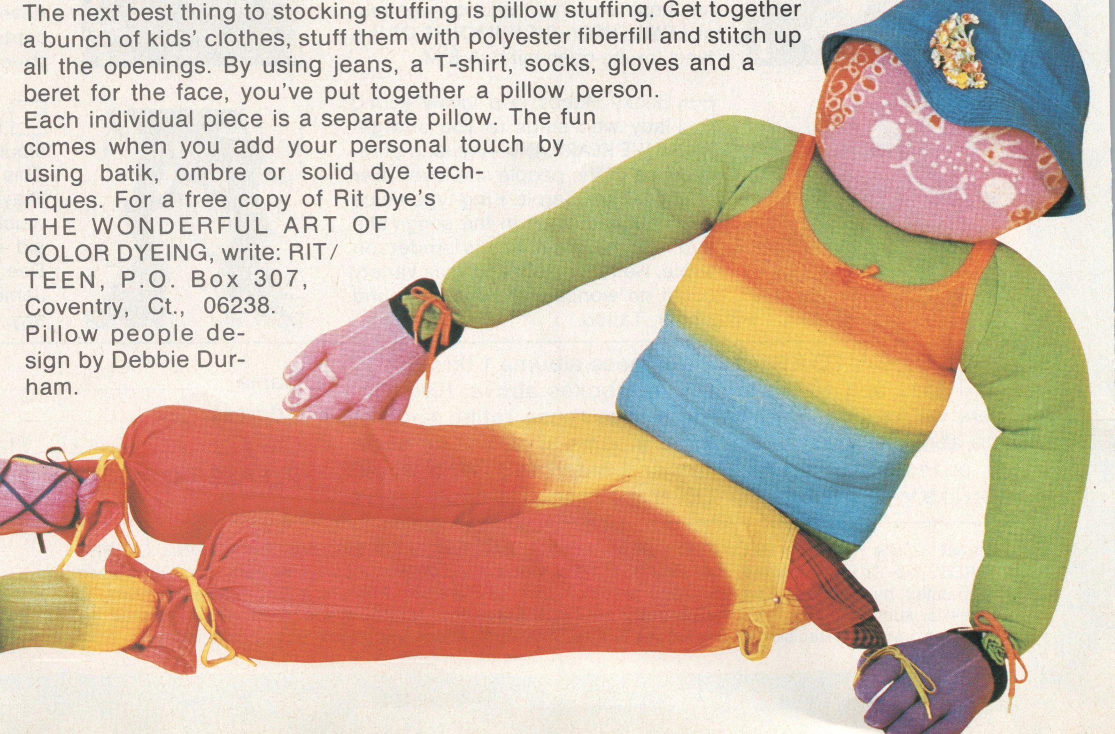
If your fella has a knack for fixing things and a habit of losing them why not make him a work apro that can pocket all his little tools It's easy to make and you won' have to sew a stitch. Using Stacy' Stitch Witchery you can make al the ends come together with jus the heat of your iron.

Instructions for making
these gifts on page 74

Pillow People Go To Pieces

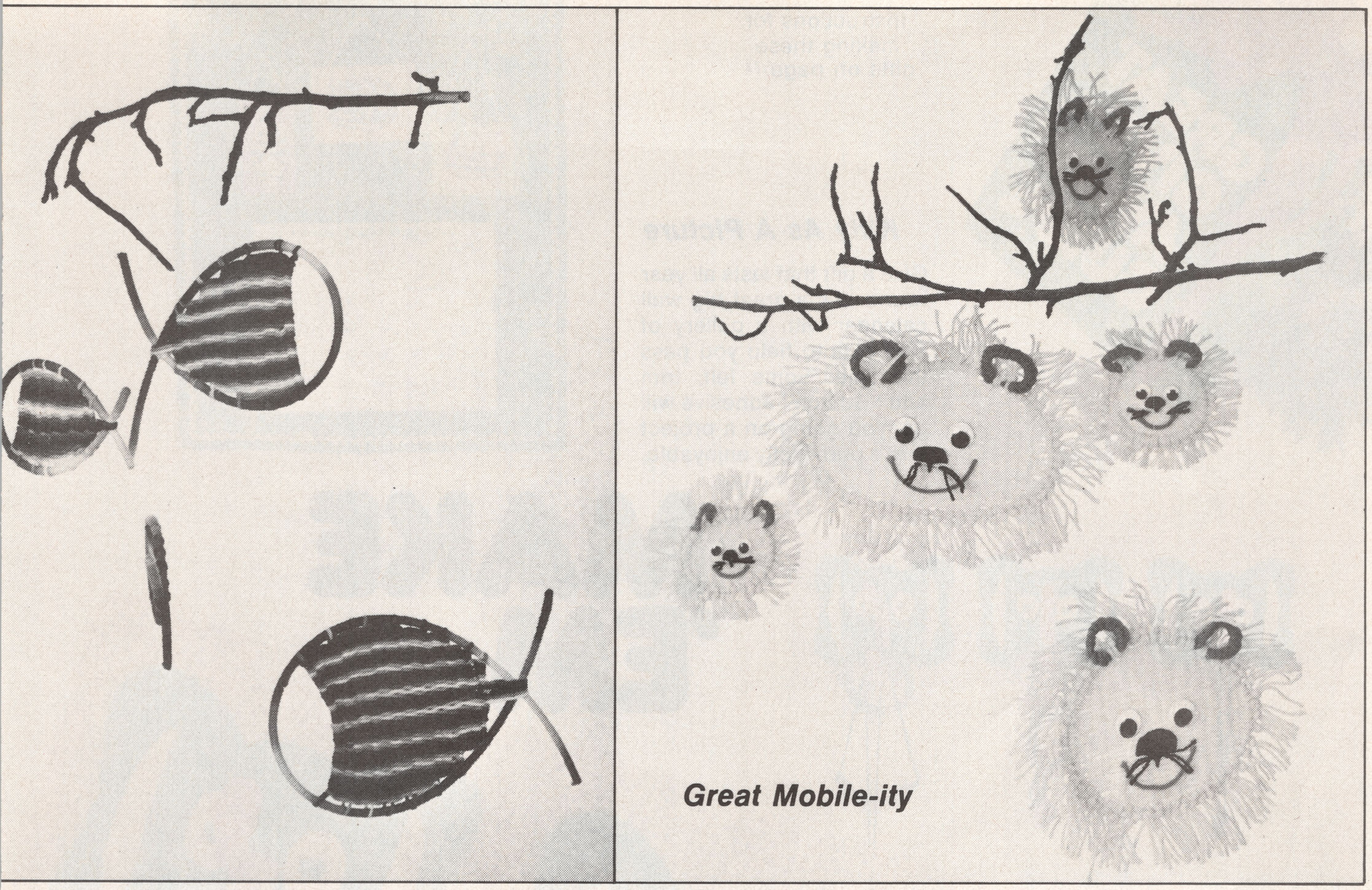


The next best thing to stocking stuffing is pillow stuffing. Get together a bunch of kids' clothes, stuff them with polyester fiberfill and stitch up all the openings. By using jeans, a T-shirt, socks, gloves and a beret for the face, you've put together a pillow person. Each individual piece is a separate pillow. The fun comes when you add your personal touch by using batik, ombre or solid dye techniques. For a free copy of Rit Dye's THE WONDERFUL ART OF COLOR DYEING, write: RIT/TEEN, P.O. Box 307, Coventry, Ct., 06238. Pillow people design by Debbie Durham.

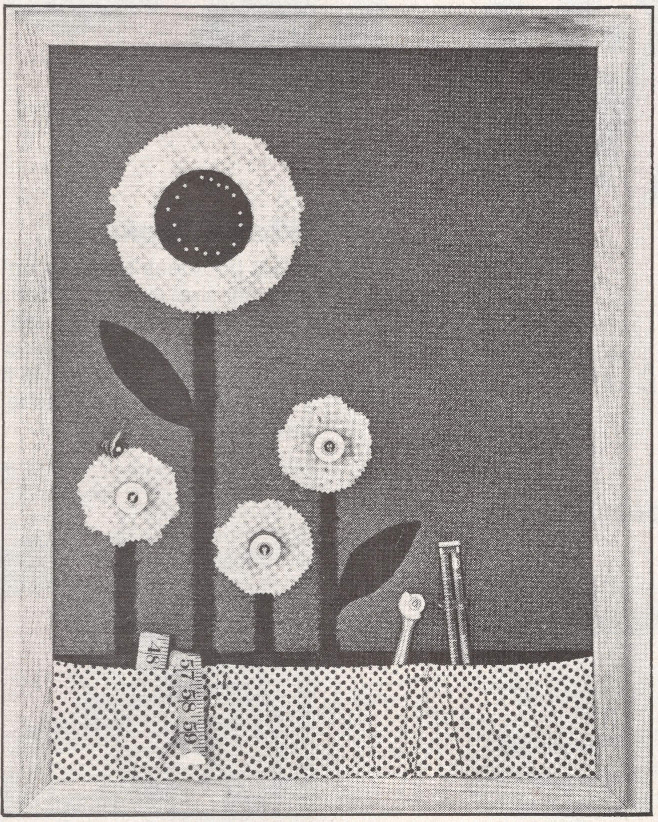


Instructions for making these gifts on page 76

Great Mobile-ity

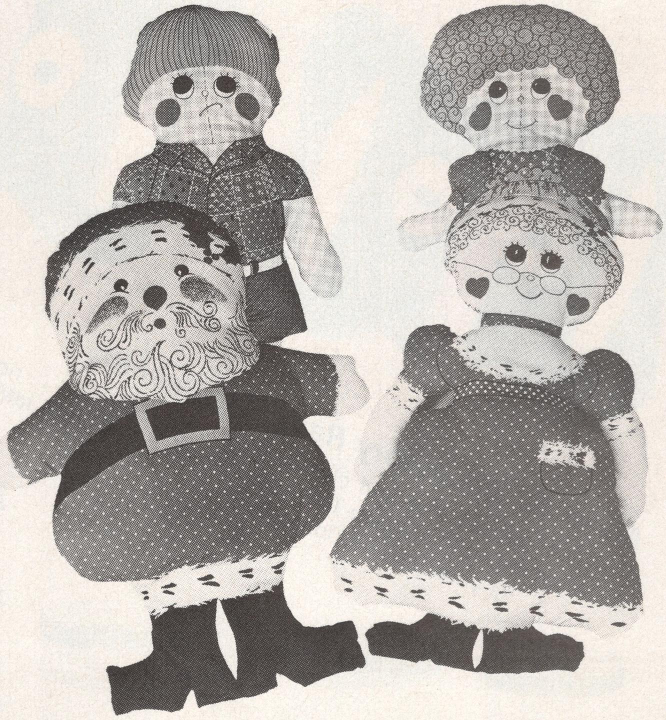


Fishin' for a gift to give a special someone? Try a mobile for a novel idea. Using Creslan yarn and a wooden or plastic reed you can make a zoo full of animals.



Noteable Sew And Sews

Make a note . . . the sewing notion bulletin board is the perfect present for the perfect sewer. It keeps all your sewing accessories looking pretty in one place.



Santa's A Real Doll

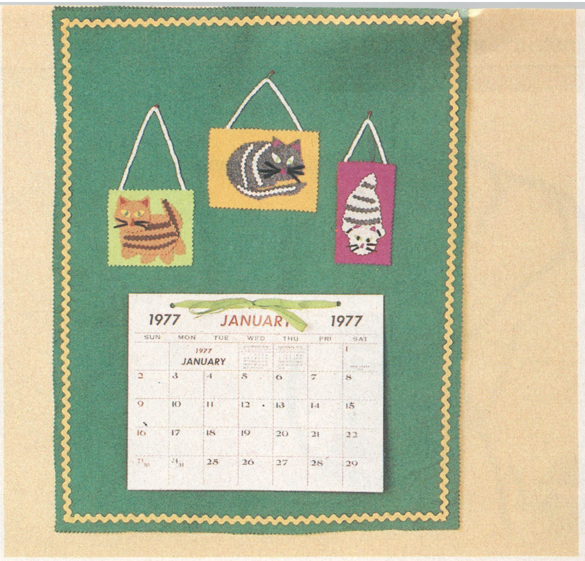
Give a cut-out creation to one of the younger set in your family. Kids can cuddle up to Santa, Ms. Santa, the Springmade boy and girl and a host of other characters from the fun collection by Springs. Cut-outs are approximately $2 and sewing instructions are printed right on the fabric. Available at department and fabric stores.

Instructions for making these gifts on page 74

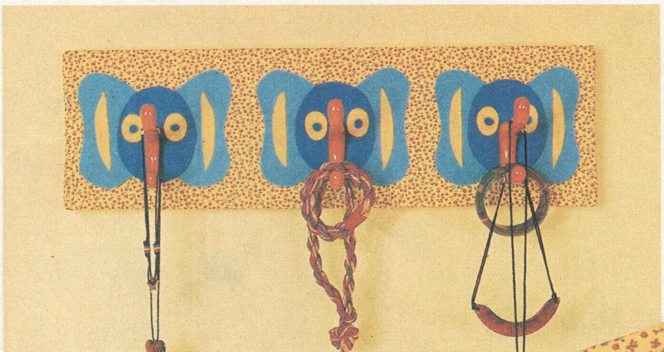
GREAT
GIVE-
AWAY
GUIDE

Kitty As A Picture

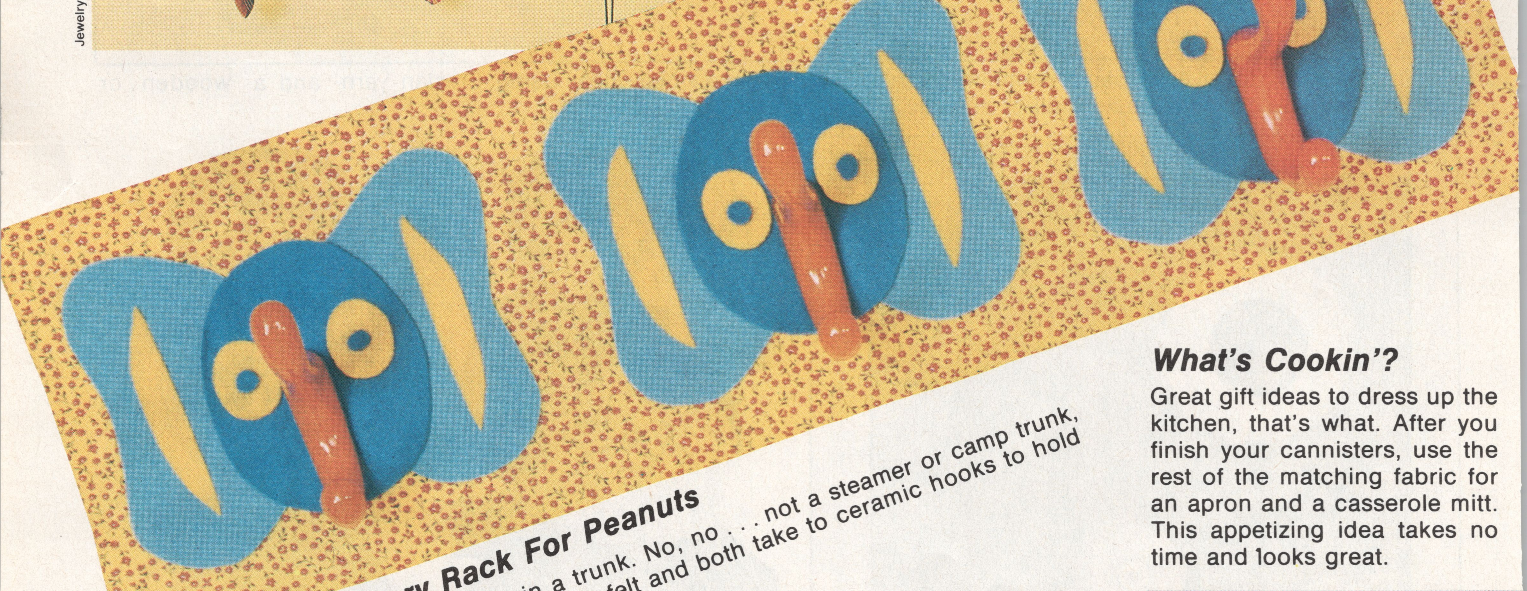
Give a gift that lasts all year round. It's a great big wall calendar with a gallery of kitty cats to help you pass the time. Some felt, trim and "Scotch" adhesive will get you going on a project that's purr-fectly enjoyable.



MAKE 'EM



Jewelry by Tempo and Red Cobra.



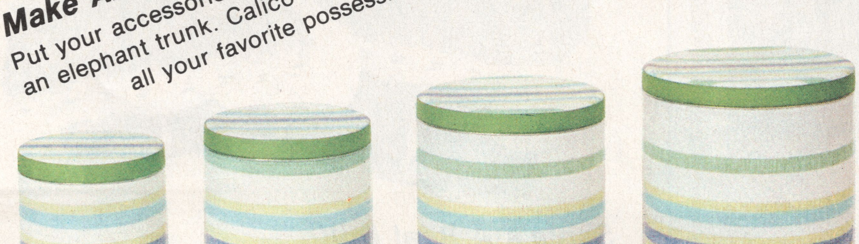
Make An Accessory Rack For Peanuts

Put your accessories and clothes in a trunk. No, no . . . not a steamer or camp trunk, an elephant trunk. Calico fabric takes to felt and both take to ceramic hooks to hold all your favorite possessions.

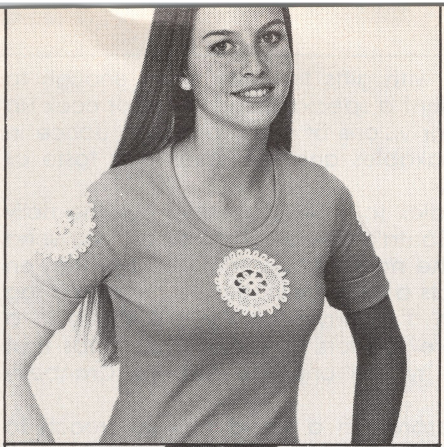
What's Cookin'?

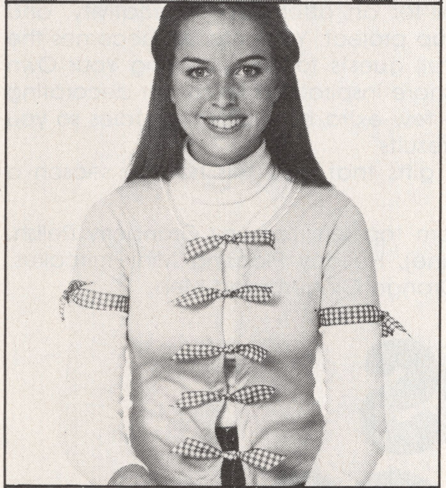
Great gift ideas to dress up the kitchen, that's what. After you finish your cannisters, use the rest of the matching fabric for an apron and a casserole mitt. This appetizing idea takes no time and looks great.

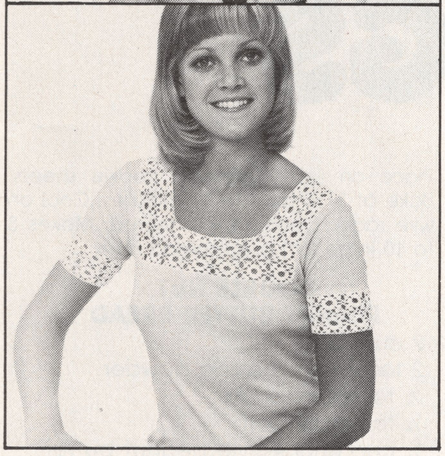
Four To Store



Cannisters . . . what an uncanny Christmas gift for mom. Stripe up the kitchen with a set of four cannisters in different sizes. A basic tin or can becomes beautiful with dishtoweling and Stacy's Stitch Witchery.



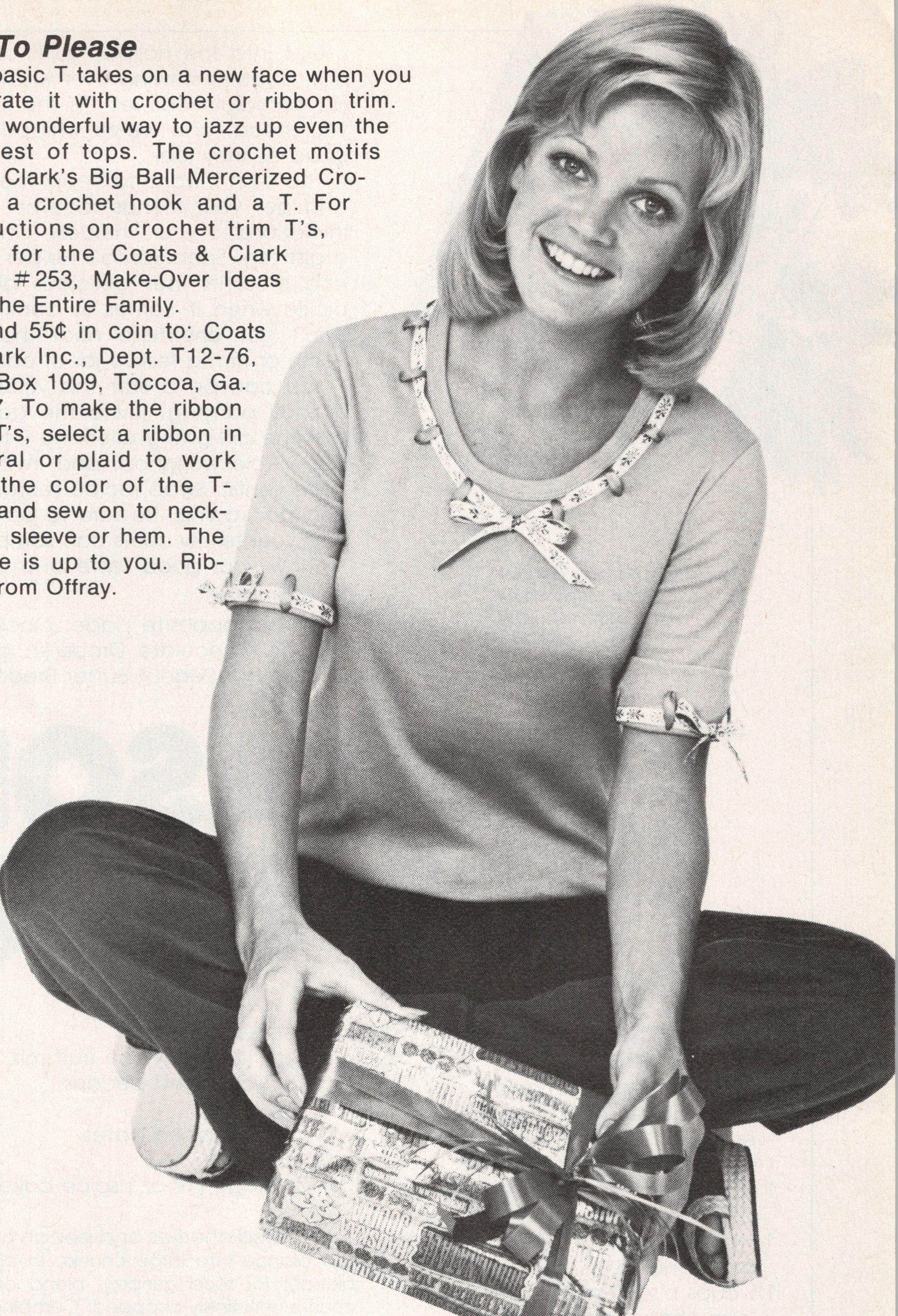




T's To Please

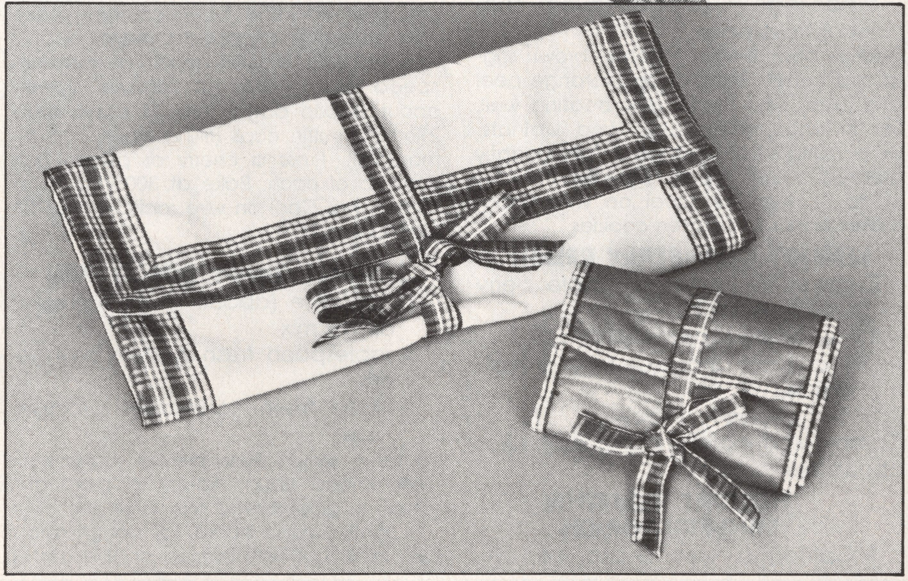
The basic T takes on a new face when you decorate it with crochet or ribbon trim. It's a wonderful way to jazz up even the simplest of tops. The crochet motifs need Clark's Big Ball Mercerized Crochet, a crochet hook and a T. For instructions on crochet trim T's, send for the Coats & Clark Book #253, Make-Over Ideas For The Entire Family.

Send 55¢ in coin to: Coats & Clark Inc., Dept. T12-76, P.O. Box 1009, Toccoa, Ga. 30577. To make the ribbon trim T's, select a ribbon in a floral or plaid to work with the color of the T-shirt and sew on to neckband, sleeve or hem. The choice is up to you. Ribbon from Offray.



Totes To Go A Travelin'

What a super gift idea for a traveling friend or relative. Sew up some traveling cases to pocket all loose jewelry and sewing notions. Small sewing case is made from Skinner's red quilt of 87% acetate/13% nylon, $4.60 per yd. Jewelry wrap-up is made of 100% nylon from Fashionlooms, $3.98 per yd. Plaid pockets are 65% polyester/35% cotton from White Rose, $2.50 per yd. Plaid ribbon from Roth Import. These travel accessories are just two from a big package by Simplicity, pattern #7735.



GREAT
GIVE~
AWAY
GUIDE

Get into the holiday spirit of giving with gifts that are good enough to eat. If you're stewing over what to present a special friend, why not cook up an incredible edible? 'Tis the season for visions of sugar plums to dance in your head, and we've whipped up bakables and makables that taste as good as they look.

You won't want to keep these goodies to yourself so haul out the holly and get your friends together for a Santa's Helper bash. When you send invitations to your "helpers," include the name of another guest written on a gift tag. Each Santa's Helper concocts a tasty treat, ties on the name tag and presents her delicious gift when it's party time. Even if you're in a pickle when it comes to cooking, there are lots of luscious gift ideas that don't get anywhere near the oven. Try the one-step Lemony Cranberry Relish or trim a festive jar of candies.

You can be a star this yuletide season with a whole new approach to holiday partying. Invite the gang over for an afternoon of creativity, and turn the gift-giving dilemma into a group project. Your kitchen becomes the North Pole workshop, and invitations tell guests to B.Y.O.I. (Bring Your Own Ingredients). Swap recipe secrets and share inspirations for clever decorating and packaging. Be sure to bake up a few extra batches of goodies so you and your fellow chefs can sample the results.

Show your good taste and dig into gifts that give this holiday season a special flavor!

On the opposite page, clockwise from top left: Lemony Cranberry Relish, Orange Chocolate Drops (in cellophane), Holiday Pleasing Mini-Fruitcakes, Double Nut Peanut Butter Bread and Orange Gingerbread Men.

All recipes were created
and prepared by
the Sunkist Growers.

SEASONS GR~EATINGS

ORANGE CHOCOLATE DROP COOKIES

¾ cup packed brown sugar
¼ cup butter or margarine, softened
1 egg, slightly beaten
1 tablespoon fresh grated orange peel
1 tablespoon fresh squeezed orange juice
1½ cups biscuit mix
½ cup chopped walnuts
1 package (6 oz.) semi-sweet chocolate pieces

In large bowl, cream together brown sugar and butter. Blend in egg, orange peel and juice. Add biscuit mix, beating well. Stir in chocolate pieces and walnuts. Drop dough from teaspoon onto lightly greased cookie sheets. Bake at 375° for 10 to 12 minutes. Cool on wire racks. Makes about four dozen cookies.

LEMONY CRANBERRY RELISH

2 cans (16 oz. each) whole berry cranberry sauce
1 cup orange marmalade
Grated peel and juice of one fresh lemon
½ cup chopped walnuts

Combine all ingredients; chill. Makes about four cups.

HOLIDAY PLEASING MINI-FRUITCAKES

1 California-Arizona orange, unpeeled
2 cups (16 oz.) glace fruit mix
¾ cup chopped pecans
½ cup raisins
½ cup chopped dates
¼ cup flour
1 package (19 oz.) spice cake mix
4 eggs
Candied cherries and pecan halves

Cut orange into large chunks. In electric blender (or food grinder), blend orange chunks until finely chopped. Combine fruit mix, pecans, dates and raisins with flour; set aside. In large bowl, combine cake mix, eggs and chopped orange; beat 3 minutes with electric mixer at medium speed. Stir in fruit-nut mixture. Spoon about ⅓ cup batter into 24 paper-lined 2½x1¼" muffin cups (filling each cup almost full). Press a cherry or pecan half into top of each. Bake at 300° for 35 to 40 minutes. Cool on wire racks. Makes 24 mini-fruitcakes.

ORANGE GINGERBREAD MEN

1 package (about 14 oz.) gingerbread mix
1 tablespoon fresh grated orange peel
¼ cup fresh squeezed orange juice

In large bowl, combine all ingredients well. Knead dough lightly to thoroughly blend in gingerbread mix. Chill one hour. On lightly floured board, roll dough about ⅛" thick; cut with floured cookie cutter. Place on lightly greased cookie sheets. Bake at 375° for 8 to 10 minutes. Cool on wire racks. Decorate as desired. Makes 8 to 10 large (6") gingerbread men.

DOUBLE NUT PEANUT BUTTER BREAD

2 cups flour
2 teaspoons baking powder
½ teaspoon soda
½ teaspoon salt
½ cup chunk-style peanut butter
½ cup packed brown sugar
1 egg, slightly beaten
3 tablespoons fresh grated orange peel
½ cup fresh squeezed orange juice
¾ cup milk

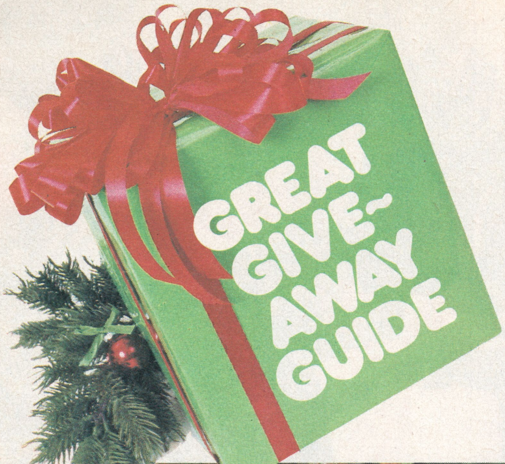
½ cup coarsely chopped peanuts

In large bowl, sift together flour, baking powder, soda and salt. With pastry blender or fork, cut in peanut butter and brown sugar. Combine egg, orange peel, juice and milk; add to flour mixture, stirring until well-blended. Stir in nuts. Pour batter into lightly greased 9x5x3" loaf pan. Bake at 350° for 45 minutes or until toothpick inserted in center comes out clean. Cool in pan for 10 minutes. Remove; cool on wire rack. Makes one loaf.

Variation: Pour batter into two 5½x3x2" loaf pans. Bake at 350° for 40 minutes or until toothpick inserted in center comes out clean. Makes two small loaves.

BAKE 'EM

GIFTS $5 AND UNDER



Stripe It Rich

Cozy up to brightly striped toe socks with matching gloves and be perfectly coordinated from hand to toe, $3.77. Available at selected Woolworth stores.

Play To Win

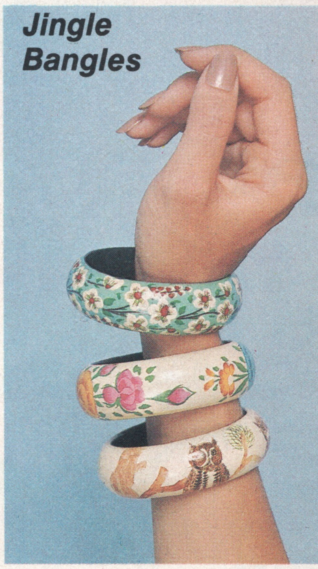
What's your game? There's a great selection of Parker Games for all ages, under $5. When choosing your Christmas presents, play to win!

Jelly Beans from California tops.

Tie It Merry

Choose a clan and wear it proudly. Tartan plaid fringed scarves are $1.27 each and available at selected Woolworth stores.

Jelly Beans from California top.



Jingle Bangles

Here's a gift that paints a pretty picture. Tempo personalizes their paper-mâché bangles with original hand-painted designs. $5 each.

Puppy Love

If happiness really is a warm puppy, then you'll spread plenty of happiness with this adorable gift, bow-tied and lovable. And the best thing is that this gift is often available free from friends and neighbors who are looking for good homes for their puppies. One word of caution: be sure that the person receiving the puppy would really welcome and care for a pet.

For A Warm & Woolly Winter

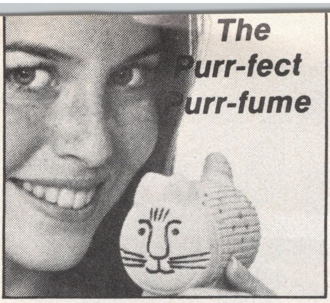
Put warm and woolly accessories under wrap with Hansen Knits' Peruvian cap, $3, gloves, $4, and fringed scarf, $5. It'll make a merry Christmas with all the trimmings.

PHOTOGRAPHY/TEKE

GIFTS THAT COST A LITTLE... AND MEAN A LOT!

Our holiday wrap-up is full of good news. The best of all is that these great gift giveaways are all $5 and under. So, stuff your stockings and warm those tree bottoms with presents galore.

The Purr-fect Purr-fume



You're the cat's meow when you give a friend the purr-fect Purr-fume Kitt Cat from the Sweet Earth Collection by Coty. Scent a room or sachet a drawer for just $3.50.

All Dolled Up

Get all dolled up for the holidays and trim the tree with old-fashioned gifts. Corn husk dolls make the past a present for only $1.25. Available at gift and specialty stores everywhere.

Doggie Cookie Jar

Bark up someone's Christmas tree with a doggie cookie jar. It'll hold lots of goodies to fill a sweet tooth, $3.99. Available at selected Woolworth stores.

It's In The Stars

GEMINI
ARIES

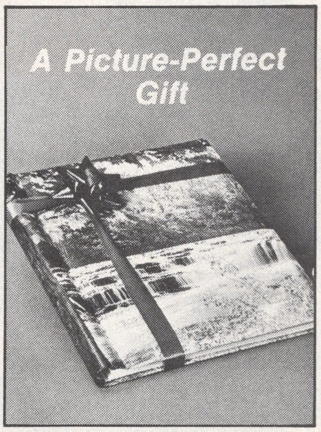
Chart the future of your plants with brightly patterned zodiac planters. They're definitely a sign of the times. Ceramic pots are 99 cents each and available at selected Woolworth stores.

PHOTOGRAPHY/TEKE

Playing Around

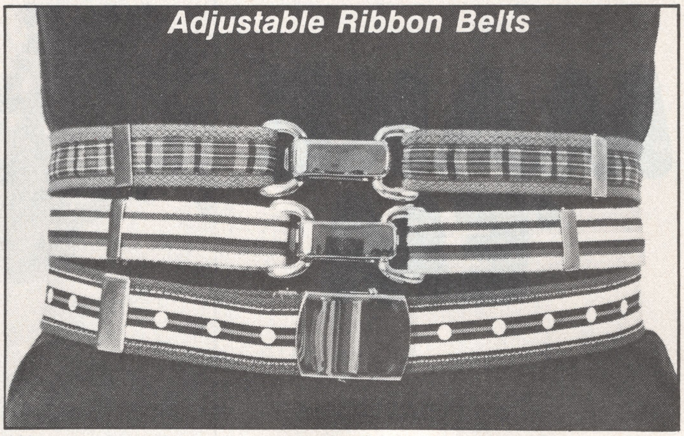
Give someone you like a gift they can play around with all year round. This Happy Days game is $4.50 from Parker Brothers.

A Picture-Perfect Gift



Give a gift that's pretty as a picture. This decorative photo album holds plenty of pictures, $3.49. Available at selected Woolworth stores.

Adjustable Ribbon Belts



Wrap yourself up in some holiday ribbons. These look especially nice 'cause they're adjustable belts by Together Crafts. Polka dot, $5, stripe, $3.50, and plaid, $5.

Glow Get 'Em

GOOD NATURE
CLEANSER
BONNE BELL
GOOD NATURE
MOISTURIZER
BONNE BELL
TEN-O-SIX
LOTION
BONNE BELL
LIP GLOSS
GOOD NATURE
CREAM

One pretty package under the tree could be the Good Nature Collection by Bonne Bell. It has skin and hair products to help you glow through the holidaze, $5.

Make Merry Scents

Give a cuddly gift that comes with its own cologne. My Pet Teddy Bear and My Pet Mouse, $4.95 from Max Factor.

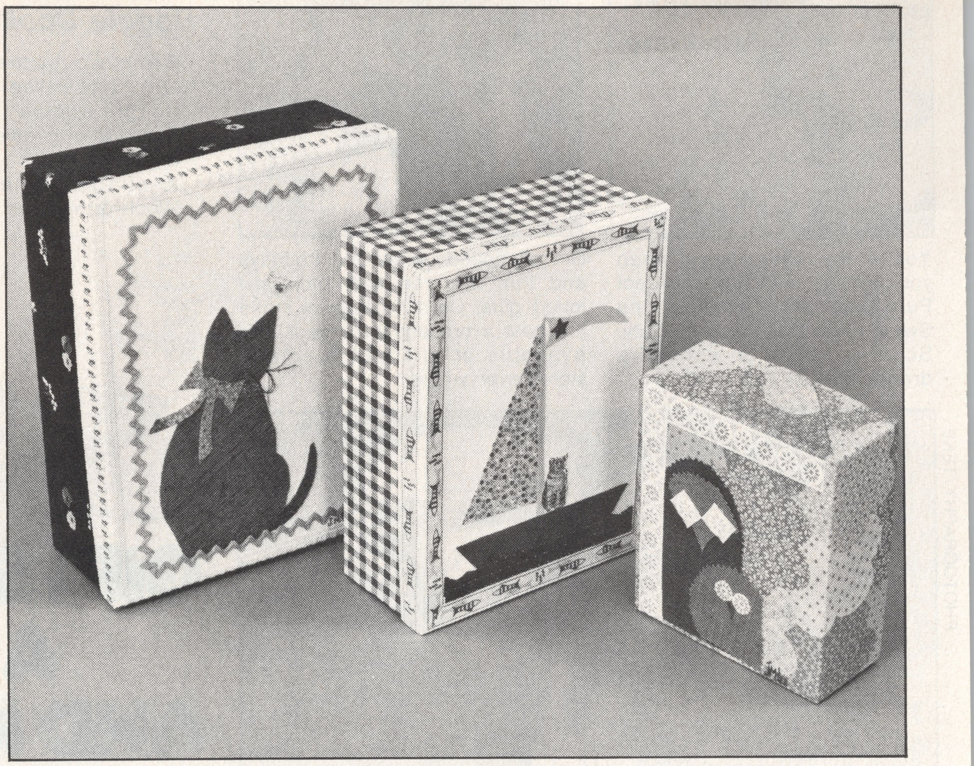
Fashion Fabric Kits

Tired of giving the same old Christmas gifts? Send a sewer a yearly Special Fabrictivity Club Membership. She'll receive outstanding fashion fabric kits four times a year (never an obligation to buy), a newsy newsletter on the latest trends and ideas, swatch kits and big savings on all fabrics offered. To send a membership to your favorite sewer, enclose a check or money order for $4 to: FABRICTIVITY, INC., 1381 Cranston St., Cranston, R.I., 02920. Also enclose your friend's full name and address.

GREAT GIVE-AWAY GUIDE

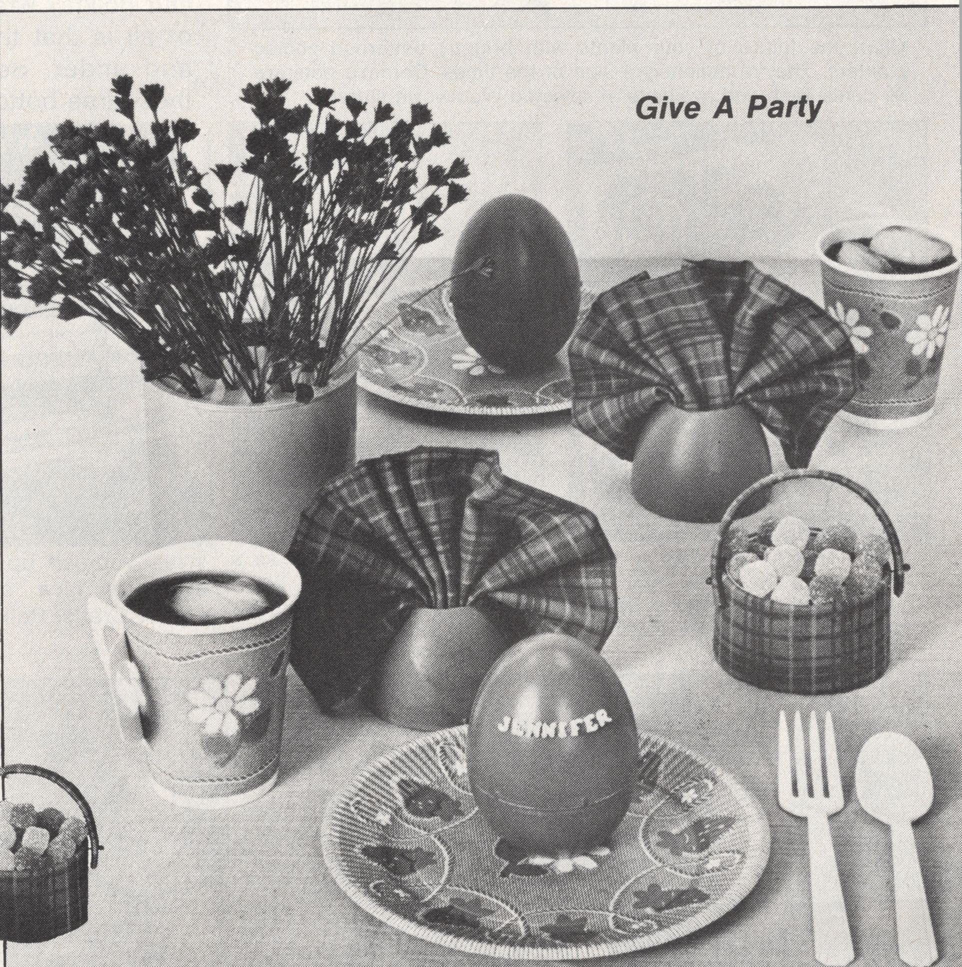
The Great Cover-Up

We hope you've been saving empty boxes 'cause we now have a great idea on what you can do with them. Cover them. Choose a scene, favorite animal or favorite hobby of a friend and put your scraps of fabric to work. "Scotch" adhesives hold all the pieces together with ease.



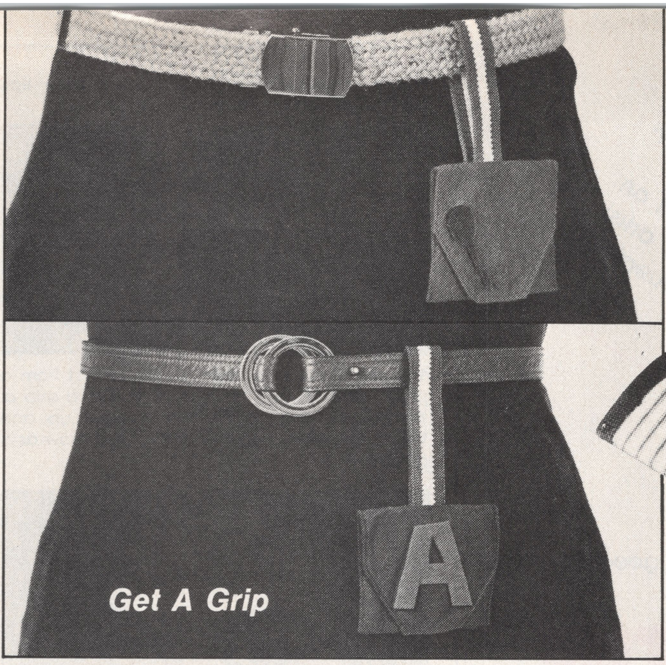
Instructions for making
these gifts on page 76

MAKE 'EM



Give A Party

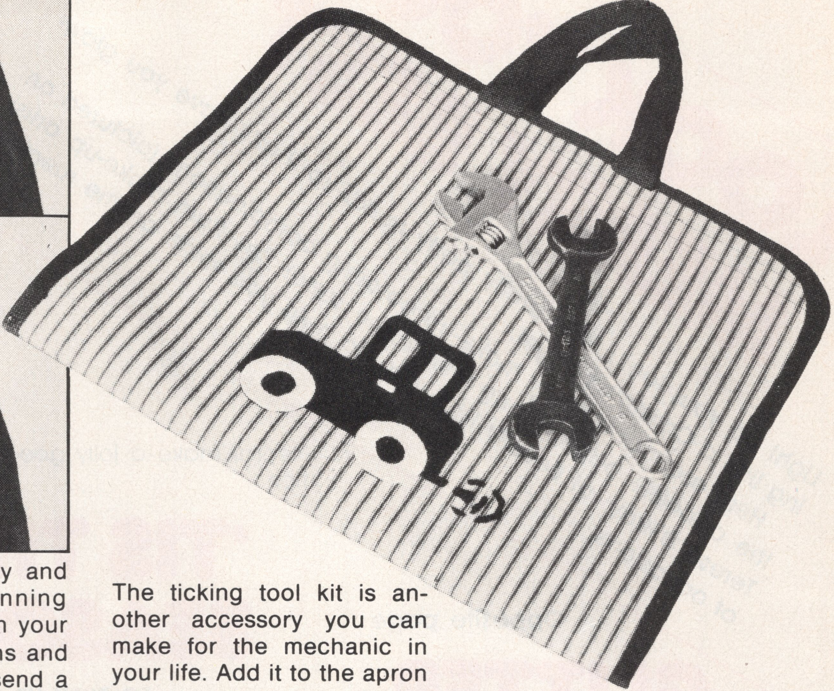
Here's a little leg work you won't mind doing. Give a party instead of gifts to some of your friends. Party fixings are expensive and may not have the personal touch you're looking for. Now you can decorate the table with a little fabric and an assortment of L'eggs containers. The L'eggs Idea Book has 96 pages of creative craft projects. To get yours, send $1 to: L'eggs Idea Book, P.O. Box 2363, Reidsville, N.C. 37222.



Get A Grip

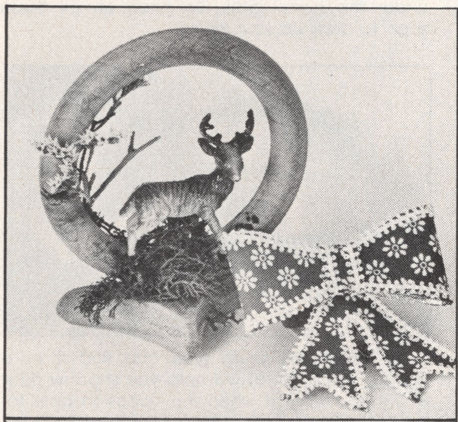
Here's a nifty craft idea to purse-ue. Keep money and keys handy when bicycling, driving or just running around. Felt purse loops onto belt or radio knob in your car. Velcro gets it all together. For easy instructions and more ideas on how to use Velcro fasteners, just send a self-addressed, stamped, business-size envelope to: Velcro Corporation, Consumer Division, Dept. T, 681 Fifth Avenue, N.Y., N.Y. 10022.

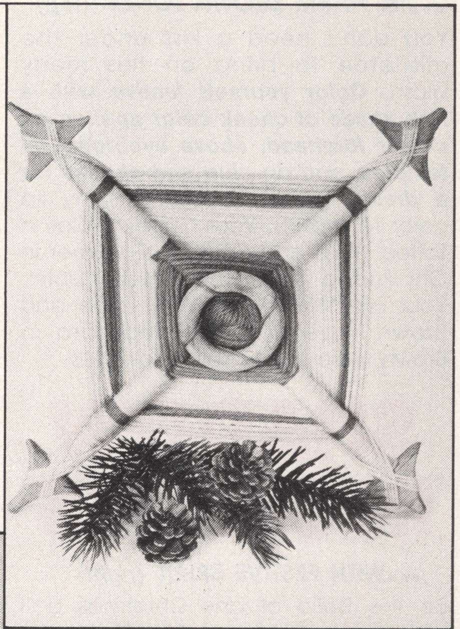
Tools For Toting

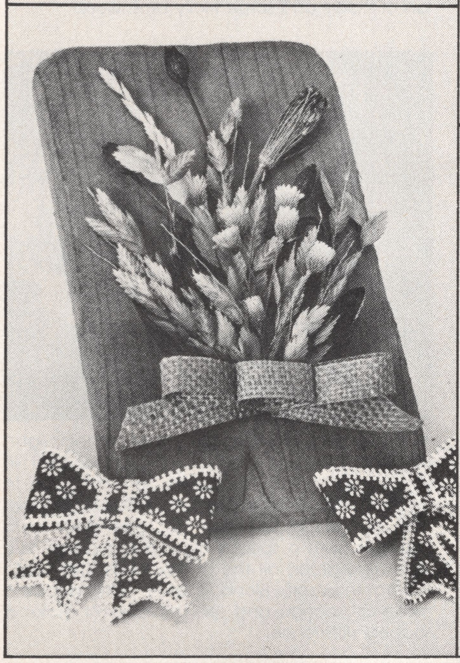


The ticking tool kit is another accessory you can make for the mechanic in your life. Add it to the apron on page 54 for a doubly good gift or let it stand on its own.

Instructions for making these gifts on page 76







Woodn't You Like To Make Some Plaques?

Deck the halls, and the walls and the furniture with an assortment of nature plaques and wall hangings. Wood crafts are becoming very popular and the materials are inexpensive and easy to find. These were designed by Eva E. Mizerek, Craft Coordinator of Woodring Craft. All spandrels, Nature Rings and Barnwood plaques are by Woodring Craft® and are sold at leading craft stores.

LOOK YOUR MERRY BEST

Light up your looks with pretty party make-up that'll have you glowing like a Christmas angel. Here are four holiday make-up coloring combinations (pictured on the opposite page) along with some super tips from make-up artist Teresa D'ifray of Beverly Hills, Ca., to help you shine on the merriest of occasions.

Opposite page:

GLITTER 'N GLOW

...IN WARM BROWN TONES *(top)*

You don't need a kiss under the mistletoe to bring on this merry blush. ***Color yourself festive with a rich shade of cheek color applied on center forehead, above eyebrows, at temples, and on chin and cheeks for a dressy glow.*** Choose a shiny lip color to match. Your Cheek Color in Toffee Whip and Your Lip Gleamer in Oh! Fudge have the holiday spirit. Your Eye Shadow in Misty Jade and Brown Haze and Your Mascara in Brown were the finishing touches.

SHADOW IN SHAPES

...WITH FESTIVE SPIRIT *(right)*

Be the belle of any Christmas ball with eye-catching color. ***Make the most of your eyes by shadowing the outer corners in a shade that makes a match with your own eye color. Choose a darker shade of the same color to shadow just above the already-shadowed area.*** Your Eye Shadow in Blue Spray and Mad Turq were the eye-deal color choices. ***If you're not one to wear a foundation, just use it to put under-eye circles in hiding.*** Your Face Make-up in Beige did the undercover work. Try peachy-keen color with your dressed-up holiday looks. Your Cheek Color in Honey Peach Whip and Your Lip Gleamer in Peachy Nectar make a jolly good combination.

'TIS THE SEASON

...TO PLAY UP YOUR LASHES *(bottom)*

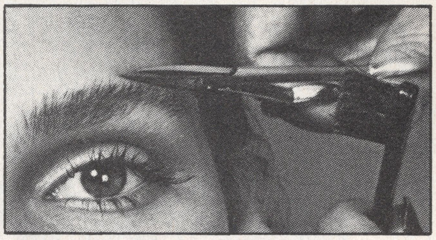
Deck your lashes in lots of mascara applied with the tip of the wand from the root out, for eye-framing fringe benefits. Two coats of Your Mascara in Black does the lash building in a jingle. Set your sights on this festive shadow trio to dress up your eyes. Your Eye Shadow in Russet Rose on the lid, Brown Haze in the crease and an underline of Lively Lilac. ***For a really dressed-up look, even out skin color and cover up trouble spots with foundation in your own skin shade. A darker make-up will look like a mask in dim party or fireside light and candle glow.*** Your Face Make-Up in Ivory put down the foundation for this party face. Holly berry reds like Your Cheek Color in Ginger Whip and Your Lip Gleamer in Boys 'N Berries are right in season.

MAKE UP MERRY

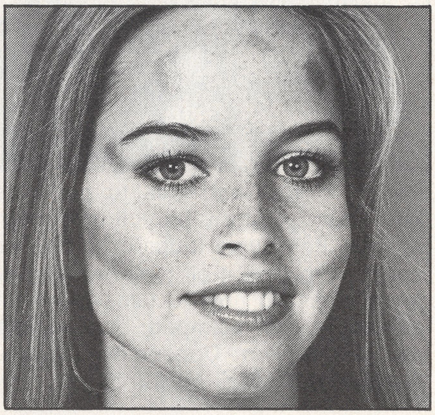
... IN A RAINBOW OF COLOR *(left)*

Decorate your eyes in a smooth blend of Christmas colors. Four shades, Your Eye Shadow in Gentle Plum, Misty Jade, Lively Lilac and Russet Rose applied and smudged in, one above the other, is a festive eye-dea. Clear, crisp shades of pink, Your Cheek Color in Rouge Whip and Your Lip Gleamer in Berry Delicious, put on the final polish. All make-up from the Your Face Collection by Coty.

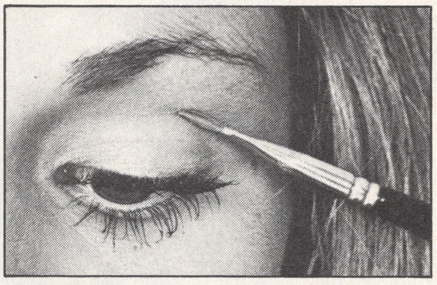
Here's a close-up on some party face tips that'll help you make up a polished look.



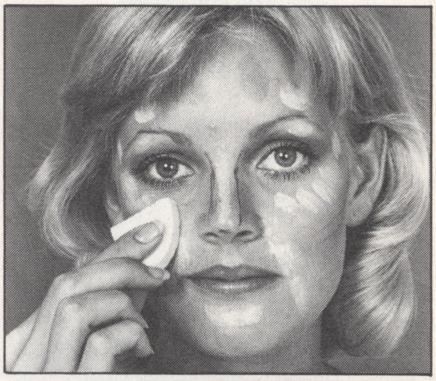
1. Bushy or unruly eyebrows can detract from a pretty face, so thin 'em out quick with a snip of the scissors. Just comb them straight up and trim them evenly using the top of the brow as a guideline.



2. A little extra color makes a festive showing under the party lights. So blush on all these spots to dress up your looks.

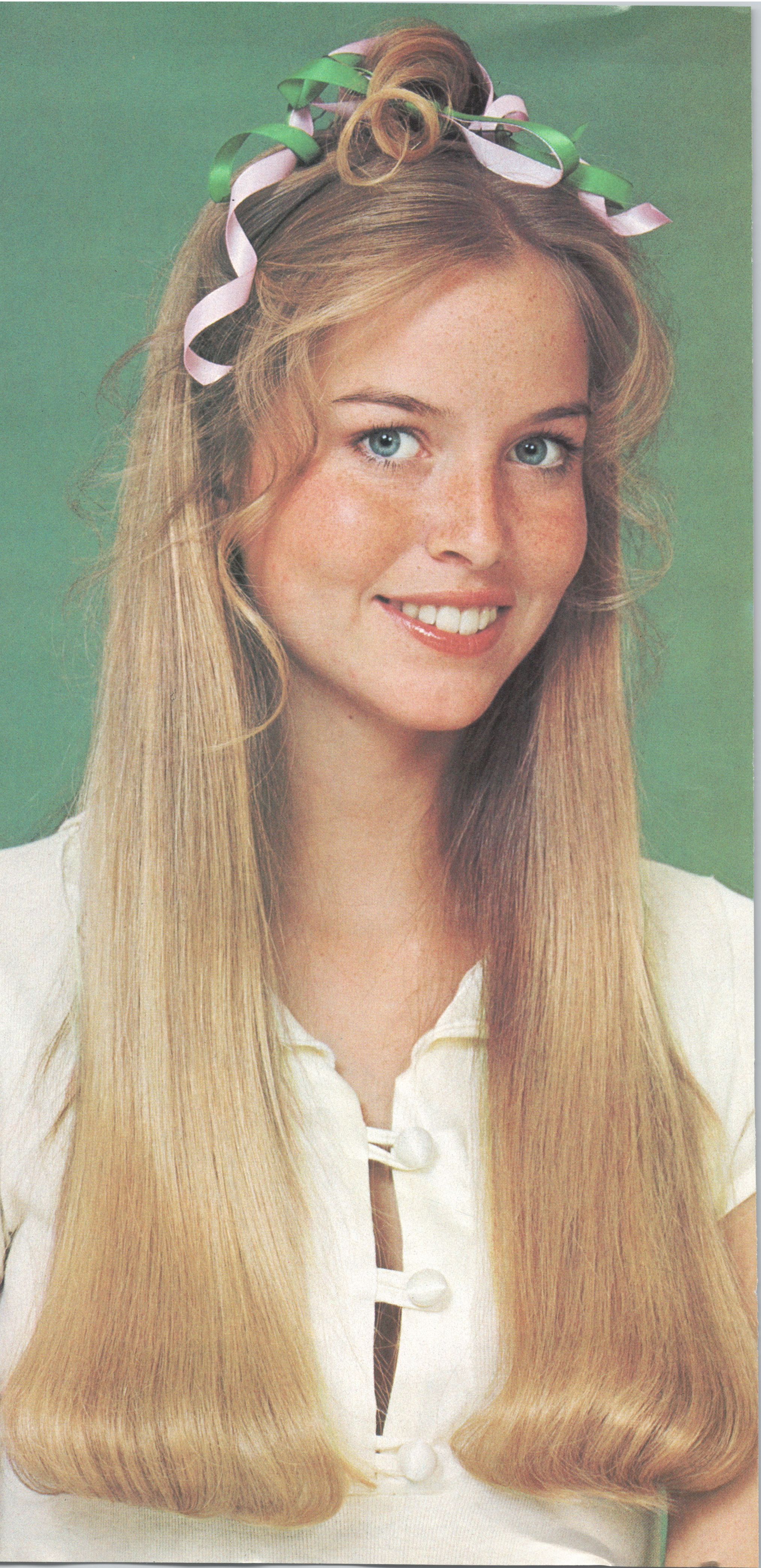


3. A fine-tipped brush (you can find it in a beauty supply store) will help you shadow right where you want it when the occasion calls for lots of colors and some tricky brushwork.



4. If you really want to get fancy, try highlighting and contouring to bring out the best in your face. The key to making up just right is to contour (with a brown pencil or darker foundation) the areas you want to tone down and highlight (with a special highlighting cream like Your Highlighter) all the good points that you'd like to show off. Blend it all in with a damp make-up sponge and see if it doesn't make a shapely difference.

PHOTOGRAPHY/TEKE

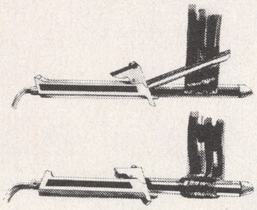


CURLING IRON CUES

Here are some hot tips on how to wind up any of these party looks with the twirl of a styling wand.

1. For the best and longest-lasting results, start with squeaky-clean, just-dried hair.

2. Wind the curl in the same direction you would ordinarily place a roller.



3. Experiment with one lock before you get started. Make a time test holding it in about two seconds at first, working up to more each time (but no more than thirty seconds) to see how long it takes to get just the curl you want.

4. To put in tight ringlets, curl up thin strands of hair, rolling them up close to the scalp. Release the iron and slip it out without unwinding the lock. For looser curls, wind up thicker locks just at the ends. Unwind the iron and release the curl.

5. To get a hold on the curl, clip each one in place until it cools.

ILLUSTRATION/JANICE BILLINGS

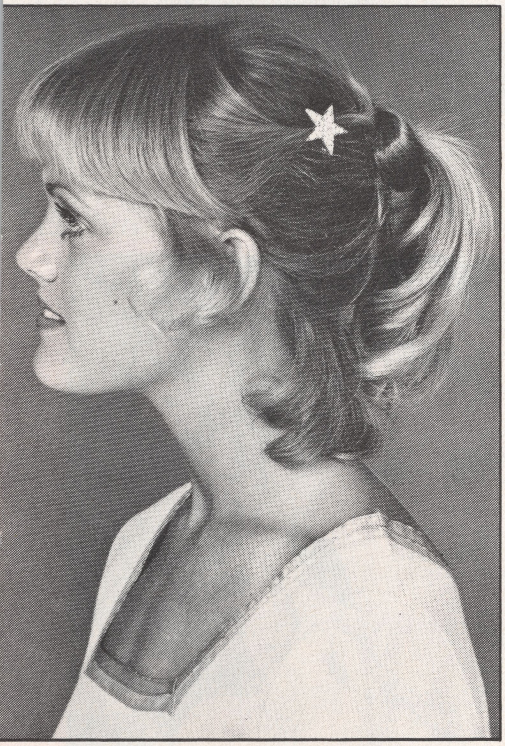
Wrap up a pretty party hairdo that adds that festive trim to your holiday look. Just clip in a pretty barrette, tie on a shiny ribbon or put in some bouncy curl to dress up your hair for all the merrymaking to come.

Here are some style-it-yourself hints from Michael and Peter of Linterman's, Beverly Hills, Ca., who decked the hair on these two pages.

"Adding some party frill to your hair style can be as simple as putting a little or a lot of your hair in pigtails or ponytails," Michael explained. "Just curl the ponytail along with the ends of your hair, add some decoration and you're set to go."

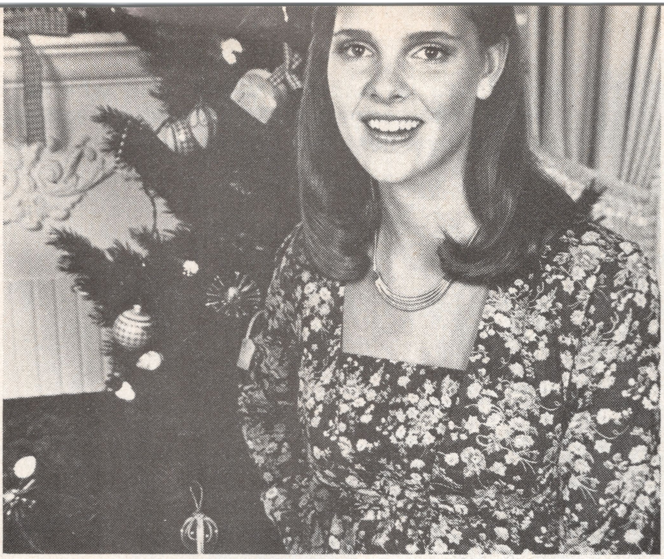
"Don't be afraid to try something new. One of the easiest ways," suggested Peter, "is to work with lots of curls, especially if your everyday style is a straighter one."

MAKE HOLIDAY HEADLINES



PHOTOGRAPHY/TEKE

Opposite page: Here's how to set up these holiday hairdo's with all the trimmings to get in some spirited style. You can use a curling iron to wind up each of these looks. The new Remington Super Salon Hair Styler can shape, wave and curl your hair with its different attachments, including an air-heated curling wand. **Large photo: For a Christmas ball or a silent night, tie-up this angelic do.** 1. Collect crown and top sides of hair into a loose ponytail. 2. Curl ponytail in tight ringlets. Set ends in looser curls. 3. Pin ponytail forward to crown hair so that curls cascade over crown. 4. Comb out each curl separately. 5. Curl narrow fabric ribbon with curling iron. 6. Cover elastic band with ribbon, and lace ends in and out of curls. Help oily hair shine on under party lights with Everynight Astringent Shampoo from Helene Curtis. Add a festive glow with Everynight Long Hair Conditioner from Helene Curtis. Hair by Michael. Jelly Beans from California top. **Inset, top: Curl up in a cheerful style to rush in the new year.** 1. Put in lots of tiny, all-over curls. 2. Comb out each one separately. 3. Brush bangs to each side. 4. Tie in a shiny ribbon. Everynight Extra Body Conditioner from Helene Curtis can put some holiday spirit in your style. Hair by Peter. San Francisco Tea Party top. **Inset, bottom: Head out in star-studded style when you want to put in a shining appearance.** 1. Turn under side-parted hair in a soft pageboy. 2. Clip back front hair at side with two starry barrettes. 3. Tightly curl the end of the lock. Everynight Rainwater Rinse from Helene Curtis takes the "bah humbug" out of managing your hair. Hair by Michael. Riviera barrettes. **This page: 'Tis the season to try this jolly good look.** 1. Even short hair can ponytail it if you gather up as much as you can catch in an elastic band. 2. Wind a lock around the elastic band. 3. Curl under short hairs at sides and back as well as ponytail. 4. Dress it up with a pretty barrette. Everynight Herb Shampoo from Helene Curtis is a merry good choice for frequently washed hair. Hair by Peter. Riviera barrette.



PARTY PUT~ONS

Stitch up and zip into a special party dress and get into the Christmas spirit. Even if your budget is low after buying all your Christmas gifts, these sew-pretty, long party put-ons won't break the bank.

On this page: Make it merry around the Christmas tree with this flowery, floor-length dress and jacket (see inset for jacket) from Simplicity pattern #7807. They look great for Christmas party fun and games and you can wear them right on into spring. The dress is made in 65% polyester/35% cotton fabric, by Marcus Bros. at $2.29 per yard. The go-together jacket that gathers around and bows in the front is made of 100% cotton fabric, by Marcus Bros. at $2.29 per yard. For the finishing touch, light up your party look with a shiny necklace by Tempo. Shoes by Miles.

Opposite page: Wrap yourself up pretty with these two party put-ons that will brighten any party and get you set for a great festive season.

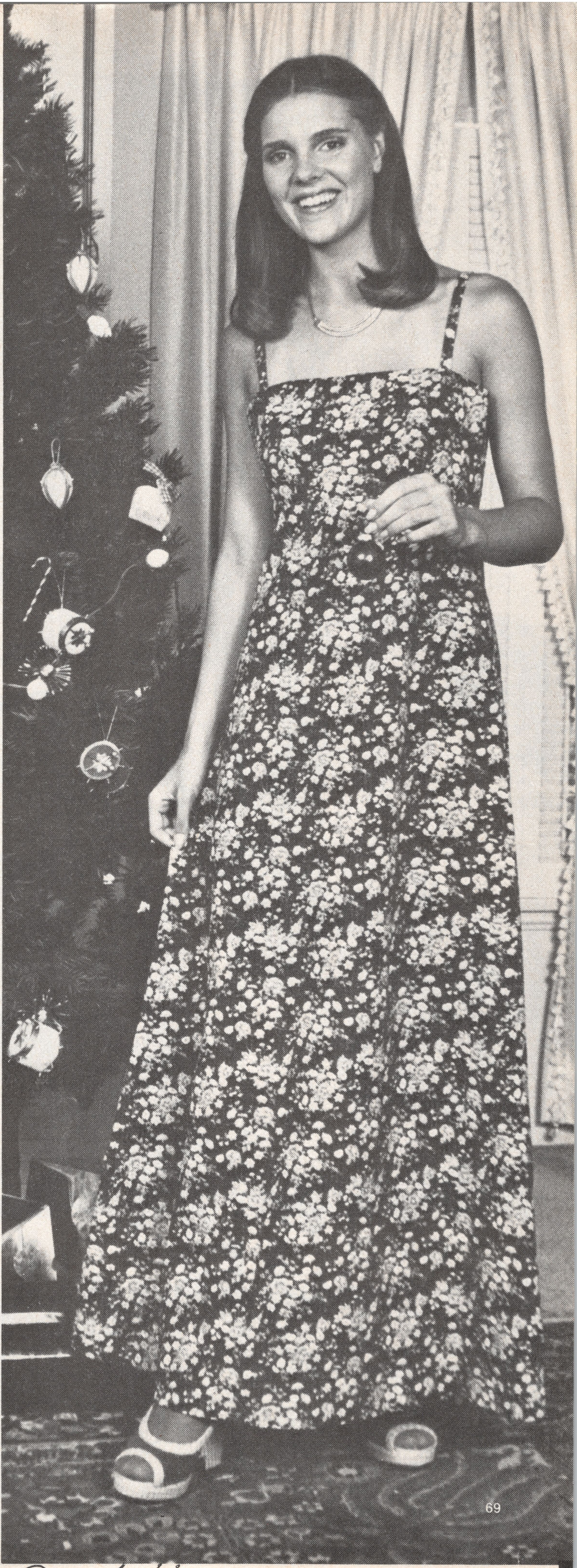
Left: Bring good tidings in this mitered, striped dress that puts flowers at your feet. From Simplicity pattern #7861 in 100% cotton fabric, by Marcus Bros. at $2.00 per yard. Shoes by Miles.

Right: Needle your way to a happy Christmas with this make-it-yourself floral-striped camisole dress that tucks all around and bows in the back. From Simplicity pattern #7543 in 100% combed cotton fabric, by Alaric at $3.25 per yard. Add to the Christmas spirit with red and blue bracelets by Frank Giordano for Red Cobra. Shoes by Miles.

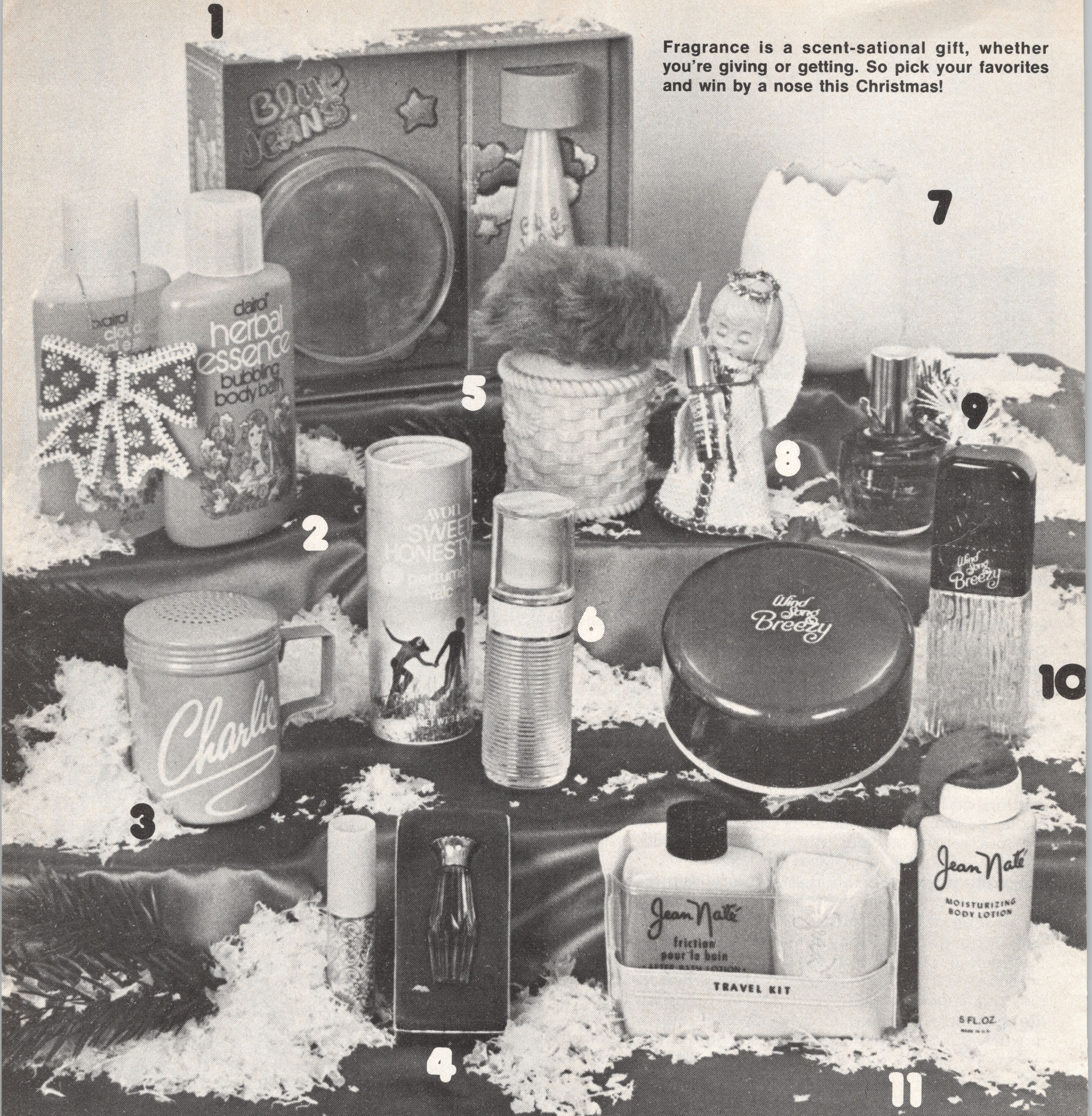
Left Inset: Dress up long, straight hair with a festive ribbon and wear your heart around your neck with this heart-on-a-string necklace by Frank Giordano for Red Cobra. Keep your party face clean and oil free with Sea Breeze Antiseptic Lotion.

Right Inset: Be a Christmas belle and decorate your sew-super party dress with a multi-colored necklace and matching bracelet by Frank Giordano for Red Cobra. Add a shine to your whole party look with Yardley Pot O' Gloss lipgloss.

PHOTOGRAPHY/TEKE



Fragrance is a scent-sational gift, whether you're giving or getting. So pick your favorites and win by a nose this Christmas!


1
Blue Jeans
clairol
herbal essence
bubbling body bath
2
AVON
SWEET HONESTY
perfumed talc
5
Charlie
3
6
8
7
9
Wind Song Breezy
10
Jean Naté
friction pour le bain
TRAVEL KIT
Jean Naté
MOISTURIZING BODY LOTION
5 FL.OZ.
4
11

SCENT~SATIONAL GIFTS

1. From Shulton, a gift set of Blue Jeans Cologne and Dusting Powder, $6.00.

2. Herbal Essence from Clairol. Body Splash, $1.59, and Bubbling Body Bath, $3.25.

3. A shaker of Charlie Perfumed Dusting Powder, $5.00, from Revlon.

4. Chantilly by Houbigant. Crystal Perfume Purser, $3.75. Liquid Skin Sachet Purser, $3.00.

5. Coty's Emeraude Powder Pouf, $3.50.

6. Sweet Honesty by Avon in Perfume Talc, $2.00, and Cologne Mist, $5.50.

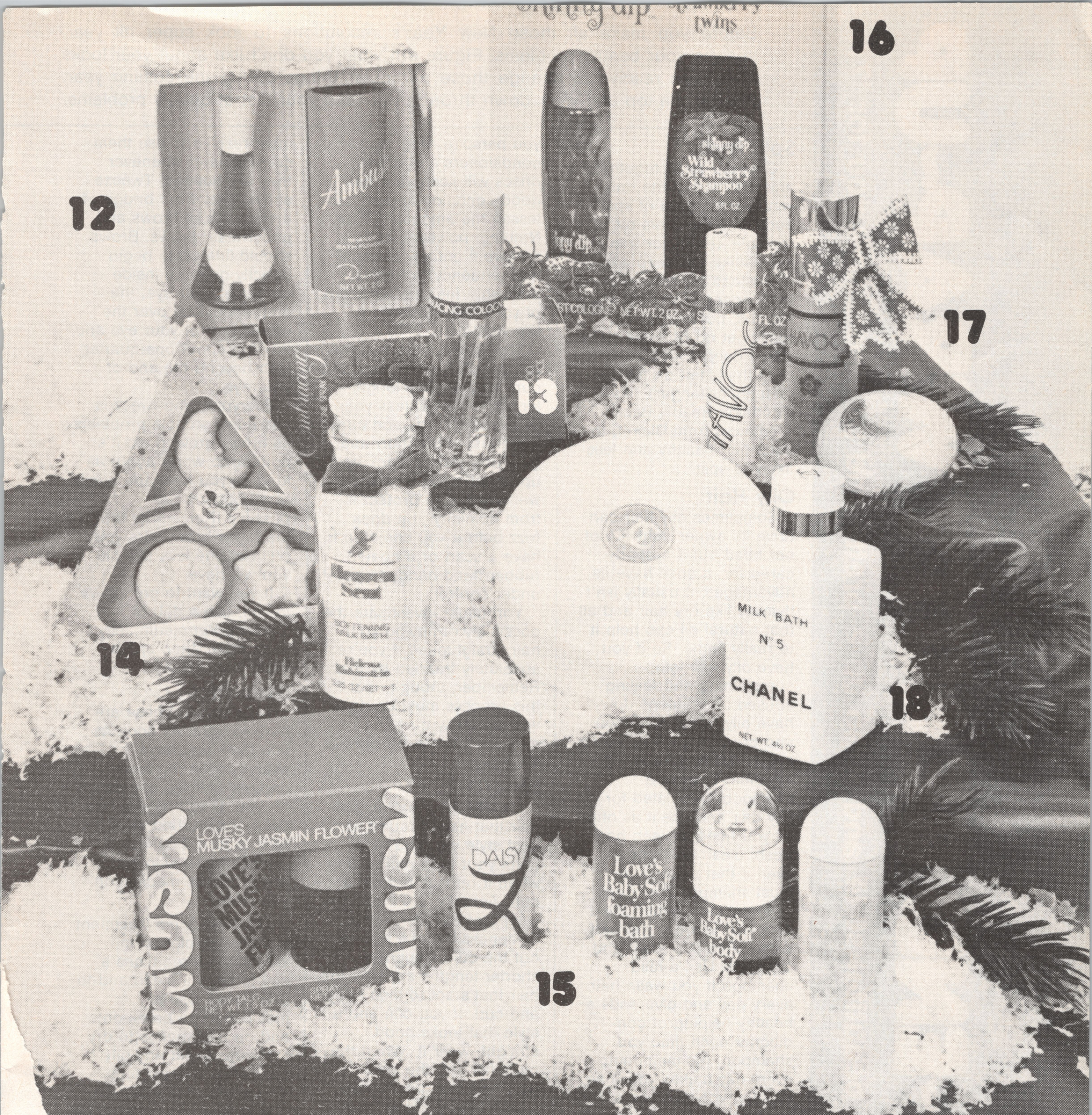
7. The Woodhue Fragrance Candle from Fabergé, $6.50.

8. The Coty Sweet Earth Angel carries either Hyacinth or Tuberose Essence, $2.95.

9. You're the Fire Skin Inscents Cologne from Yardley, $4.50.

10. Windsong Breezy from Prince Matchabelli. The Spray Cologne, $4.50, and Dusting Powder, $4.00.

11. Jean Naté Travel Kit contains the Soap and Friction



SCENT-SATIONAL GIFTS

Pour le Bain, $3.25. The Jean Naté Stocking Stuffer is Hand and Body Lotion, $2.25.

12. The Ambush Petite from Dana. Eau de Cologne and Shaker Bath Powder, $4.50.

13. English Leather "Mood Fragrances" come in Sharing, Caring and Embracing, each $5.00.

14. Heaven Sent from Helena Rubinstein. The Softening Milk Bath, $4.75, and the Mini Soap Trio, $2.75.

15. From Love, the Jasmine Flower Gift Set, $5.00, and Daisy L Cologne, $3.75. Love's Baby Soft Super Trio contains Body Lotion, Body Mist and Foaming Bath, $6.50.

16. Skinny Dip Wild Strawberry Cologne and Shampoo, together in a gift set, $4.25.

17. Mary Quant's Havoc in Cologne Spray, $5.00, and Havoc Gift Set, Soap and Cologne, $5.50.

18. Chanel No. 5 Dusting Powder, $7.50, and Milk Bath, $8.50.

YEAR-END BEAUTY WRAP-UP

End the year in beautiful style and wrap up a pretty and polished new you for '77.

Before you make all those New Year's resolutions to look super all year, analyze your beauty problems. Figure out what you don't like about your looks now, then resolve to change those particular things during the coming year. Start at the top and work down through our (and your) list of beauty problems.

Split Ends

Get your head together and realize that the only way you'll get rid of split ends is to cut them off at the split. If a major trim seems like too deep a cut, go instead for several small trims spaced out over a few months, but resolve to really get rid of those splits. Use a deep conditioner (one that's left on for 20 minutes or longer), like Condition Beauty Pack Treatment from Clairol, to keep hair healthy and less likely to split.

Oily Hair

Sometimes oily hair can drive its owner right out of her head but if properly cared for, it does have its advantages. It usually isn't flyaway like dry hair and all that natural oil can help it to really shine. So if you have oily hair, stop complaining and feeling abused (most teens do have oily hair, you know) and promise yourself you'll keep it looking super all the time. Choose a shampoo formulated for oily hair and use it as often as you need to keep hair fresh, clean and shiny—even if that means you must shampoo every day.

Sometimes, especially if your hair is long, you can suffer from oily scalp and dry ends. Use a mild shampoo if you wash hair every day and give ends a healthy helping of conditioner each time you shampoo. If shampooing every day makes your hair too dry, you can use a dry shampoo to blot up the oil from your scalp between your regular washings. PSSSSSST® from Clairol is a good one to try.

The Frizzies

Just when you're feeling sleek and shiny, frizz strikes. It's humidity that brings out the frizz in your hair—either in the air when it rains, snows or is damp out or on your scalp when you perspire. Regular trims, conditioners and creme rinses will keep your hair in good condition and so can lessen the amount of frizz. Nothing, however, can remove it entirely because that tendency to frizz is built right into the structure of your hair. So learn to live with it.

The weight of longer hair will usually reduce frizz and curl, so a slightly longer length is best unless your hair is very frizzy and curly. Then just cut it short and go along with it. Tuck hair up under a hat or a scarf in wet weather to protect it from humidity. If it does frizz before you can stop it, have a scarf or a coated rubber band handy to get it under control.

You might investigate the possibility of having your hair straightened if you're absolutely frazzled by frizz. Remember, though, that this process must be done very carefully or it can make hair break off right at the scalp.

Limp Hair

Usually, limp hair is just hair that hasn't found its best style yet. You may think your long hair is limp when it refuses to hold a curl. Actually, it's the weight of the hair, not its "limpness," that's pulling out the curl. Generally, shorter lengths are best for hair that's apt to lose body and curl. If you can find a style that looks good straight, wear it. When the curls fall out, the style won't go along with them.

Don't try to make really straight hair be curly or stay in an elaborately curled style—it's a losing battle. You lose and so do your looks because your hair can't do the most for you when you're trying to make it do the impossible itself.

Shaggy Brows

A pair of tweezers is the simple remedy for this beauty problem. But you must resolve to use them correctly and whenever they are needed. Tweeze strays away from bridge of nose, ends of brows and underneath brows. Brows should line up to begin directly over the inside corner of your eye, the arch should be over the widest part of your eye and the end about one-quarter inch beyond the end of your eye.

Everyone who tweezes has a few stubble problems as brows grow in, so it's nothing to worry about as long as you keep the areas as stubble-free as possible. Remember that the fewer brow hairs you pull out, the less stubble you will have.

If you want to get brows in line, use a dab of Vaseline Petroleum Jelly each night, then brush them into place.

Blemishes

We admit it. These are hard to fight. As soon as you think you have everything in the clear, another blemish sneaks up on you. If you have a bad case of disturbed skin, it's best to turn it over to a dermatologist who can prescribe the medication you need.

The best home treatment is thorough cleansing. Wash skin three times a day to keep it clean and to blot up oil. Use a medication on break-outs and on blackheads to dry them up. Avoid any oily cosmetics or make-ups. You might try a make-up that specifically blots up oil like Cover Girl All-Day Oil Control Make-up.

Don't use so many different products on your skin at one time that you irritate it. If you use drying medication, don't be surprised when it dries your skin—that's how it works—and don't use a moisturizer or oil on it afterwards because it will just start your skin problems all over again. If you think that your skin is becoming too dry, just cut down on how often you use the product.

Plenty of rest, fresh air, exercise and good food are as beneficial to you as they are to your skin.

Finally, keep your hands away from your face as much as possible. Hands carry loads of bacteria and can spread and aggravate infection.

Crackly Lips

Alligator lips can be caused by exposure to cold, sun or wind or by licking and biting your lips or rubbing them together. So protect your lips from the elements with a lubricant like Bonne Bell Lip-Smackers. You'll find them in four new mouth-watering flavors—Cherry Chocolate, Sugar Plum, Chocolate Mint and Peppermint. But no matter how good the flavor tastes, resist the urge to keep licking it off.

Make-up Stories

Make-up is supposed to "make up" for what nature has left lacking. So apply make-up not to hide your face but to accent it. Learn how to use beauty tools—like fluffy brushes for powder and blush, flat ones for shadow. Practice applying foundation so it's smooth and not streaked, blush so that both cheeks are even, and shadow so that lids match and aren't "overshadowed." After applying mascara, comb lashes with an eyelash comb to separate them and banish the blobs, then clean up smudges. "Q-Tips" Cotton Swabs are especially good for this kind of repair work.

If you're having trouble finding your right make-up look and colors, experiment a bit, either alone with your mirror or together with a friend—two sets of make-up are better than one. Check with your local department store, too. Often, representatives of cosmetic companies will be giving demonstrations and you can get a complimentary make-up. Sometimes you can also get make-up advice at your local drugstore.

Snaggle Teeth

Teeth that don't line up are a menace to more than your appearance. They can cause difficulty in chewing, harm to your jawbone and can also be at the root of headaches and neck tension. Also, food sticks more readily in crooked teeth, meaning a greater chance of cavities.

Straight teeth are worth the pain and bother of braces, say our readers who've been through it. So if you need braces, it's worth a few sacrifices to have them. If money is a problem, resolve to earn some and split the cost of straight teeth with your parents. For more information, consult your family dentist.

Spare Hair

Those little fuzzy shadows on cheeks, upper lips and sometimes chins, too, are a beauty problem that's easily solved. A facial quality bleach like Jolen Creme Bleach puts a light growth of hair out of sight. For heavier fuzz, try a facial depilatory or a special depilating wax. Don't mix up any homemade preparations because they can be very irritating to your skin.

Chapping Hands

Hands that are dry, red, cracked and irritated are just plain getting too much wear and tear. They're being exposed to drying soaps, detergents, household chemicals or hair coloring chemicals, cold, wind or water. And they're not being treated to their fair share of creams and lotions. Protect them from the villains listed above with gloves and introduce them to the hand-care heroes. One such hero is Almay Deep Mist Extra Rich Lotion for hands and body.

Ragged Nails

Nails are ragged for a lot of causes and most of them can be fought. There's no question that biting nails—or cuticles—leaves them ragged. The best weapon in this battle is will power.

Too much exposure to soaps, detergents and water also seems to weaken nails, so protect your hands when they're about to be exposed to any of these. Very cold weather will cause nails to split, crack and become brittle. So bundle up your hands when the wind is freezing.

Very long nails are hard to maintain, especially if you're active in sports or use your hands a lot. So aim for short- or medium-length, well-groomed nails. Shape them with an emery board (Cutex Emery Boards are good to try), keep cuticles pushed back and use a flattering shade of polish.

Five Extra Pounds

They're always around where you don't want them—usually on hips and waist. When they're there, clothes don't fit right, you feel too heavy and your mirror reflects the awful truth: you need to lose weight. The best cure for this malady is a diet, and whether it's five or 50 pounds that you need to lose, you also need will power to do it. Ask your doctor for a healthy, sensible diet to follow—you should have fruits and vegetables, meat, fish or chicken, milk and milk products, and some carbohydrates, like small amounts of bread and potatoes. Then make up your mind that you'll stick to the diet until you've really reached your goal.

Ugly Flab

Make those ripples and dimples do a disappearing act. First, if you're suffering from five extra pounds (or more), resolve to diet it away. Then learn that although fat is flabby, muscle is not. So turn your fat to muscle with exercise. Spot exercises will help firm up problem areas, like hips, stomach, waist or thighs. Running, swimming and tennis are all-over trimmers.

Fuzzy Legs

Defuzzing is so easy that it's silly to let it go. Shave legs, with either a regular or an electric razor every other day to keep them smooth. Underarms should get the same treatment. If you use a depilatory on legs (this can be too strong for underarms, so proceed with caution), you won't have to repeat the defuzzing procedure so often. When legs are smooth, keep them that way with a lotion.

Sandpaper Feet

Feet do have it rough—either trudging around in heavy shoes and boots all winter or forced to trot nearly barefoot on hot, rough pavement in the summer. It's a dog's life, but you can soften things up a bit if you try. Scholl Air-Pillo Insoles slip right into shoes to cushion and soften every step. The Scholl Hard Skin Reducer is an abrasive stone file which smooths hard skin spots on heels and soles. Cocoa Butter Softening Lotion, also from Scholl, gives the skin of your feet extra softening.

No Scents

If you're confused about what type of fragrance to choose, you're certainly not alone. The best way to get on the scent of one that's right for you is by doing some investigating at your local perfume counter. Sniff around for one or two you especially like, then spray them on your skin, one on a wrist, one on the inside of an elbow. More than two is confusing, so don't overdo it. Then let the scent have some time to react with your skin. Sniff it again in ten or fifteen minutes to get the final effect.

If there's one fragrance you especially like, you might try it in several versions—cologne, dusting powder and bath oil, for example. You'll get more mileage from the scent that way.

That wraps up our list of major beauty problems. If you resolve to solve the ones you have, we're sure you'll have a beautiful year ahead of you. Ⓣ

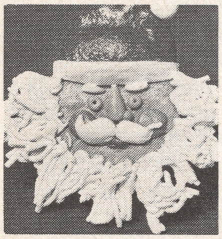
GREAT GIVE-AWAY GUIDE

HOW-TO'S

as seen on page 54

MORTON SALT SCULPTURE CHRISTMAS ORNAMENTS

The basic recipe calls for: 2 cups (all-purpose) flour, 1 cup Morton Salt and 1 cup of water. Combine flour and salt in a large, flat-bottomed bowl and mix with spoon. Next, add a little water, mixing as you pour, to form a ball. Take care not to add too much or the dough becomes sticky. Knead 7-10 minutes until dough has a smooth, yet firm, consistency. Place dough in a plastic bag to prevent drying.



SANTA: Begin making a Santa Claus ornament with a round, flat piece of dough a little larger than a silver dollar. Place on a cookie sheet or piece of tin foil. Cut and shape two separate pieces for his hat and brim, and join common edges with water. Then attach hat to head. Next, roll some pieces of dough for the eyes and for the ball at the tip of his cap. Roll and flatten more pieces for eyebrows, cheeks, nose and mouth. Use a nail to make centers of eyes. Don't forget to add the hole in his hat for the thread. To make stringy pieces for mustache and beard, press dough through colander or strainer, then moisten with water and apply to face. Bake at 325°until light brown. Cool, then paint with poster colors, acrylics or water colors. Coat with shellac or varnish to seal and add gloss. To receive the 32-page, color, Dough-It-Yourself Handbook, crammed with more ideas for colorful and exciting year-round projects, send $1.00 (check or money order) to: Dough-It-Yourself Handbook, Box 9067, Kankakee, Il. 60901.

TICKING TOOL APRON

Materials: ⅞ yd. of pillow ticking (32″ wide), 3 yds. of ⅞″ grosgrain ribbon, 3½ yds. Stitch Witchery Tape (¾″ wide), ⅝ yd. Stitch Witchery (18″ wide) that you fuse according to package directions, and 1 bandanna scarf (22″ square). Cut ticking to measure 30″ long by 26″ wide. Fold in half and mark point 11¼″ down from top and 7¾″ in from side. Connect with curving line. Cut along this line to create the bib. Turn under all edges of apron ¾″ and press, clipping where necessary. Fuse edges down with Stitch Witchery Tape. For neck straps, cut two pieces of ribbon 21″ long; for ties, cut two pieces, each 28″ long. Stitch neck straps to top edges. Stitch ties to waistline edges. To make pocket, fold scarf in half and fuse together using 18″ Stitch Witchery. Pin pocket to apron 1½″ from side edges and 3″ from bottom edges. Machine stitch side and bottom edges. Stitch from top of pocket to bottom in a straight line 3½″ from each side edge and then 3½″ from first stitching to form pocket sections.

HOW-TO'S

as seen on page 56

DISH TOWEL APRON

Materials: 3 dish towels (approximately 16″x26″ each), 1 dishcloth (approximately 14″ square), 3½ yds. Stitch Witchery Tape (¾″ wide) that you fuse according to package directions.

For waistband, cut one towel lengthwise into 3 strips, each approximately 5⅓″ wide. Line up strips end to end with fringe overlapping. Fuse overlapped sections together. Mark center of length of waistband. Fold waistband in half lengthwise and press. For skirt, cut two remaining towels to 20″ length, overlap along lengthwise edge ¾″ and fuse together. Mark center of top, raw edge of skirt. Find center of edge of dishcloth, match to center of skirt and pin in place. Gather upper edge of skirt to 14″ across. Pin to waistband, matching centers, and machine stitch in place. Press under ¾″ on remaining lengthwise edges of waistband and fuse together along entire length.

TWO-HANDED CASSEROLE MITT

Materials: 2½ yds. fold-over braid, 1 dish towel (approximately 16″x26″), 1 dishcloth (approximately 14″ square), ¼ yd. Thermolam polyester fleece, 4½ yds. Stitch Witchery Tape (¾″ wide) that you fuse according to package directions.

Cut two rectangular pieces of towel and fleece, each 32″ long and 5½″ wide. Cut 4 rectangular pieces of fleece and dishcloth, each 6″ long and 5½″ wide. Make the length of the mitt by layering as follows: 1 large rectangle of towel, 2 of fleece, and remaining large rectangle of towel. Fuse each layer to the next along outside edge with strips of Stitch Witchery. Make 2 mitt pieces by layering as follows: 1 small rectangle of dishcloth, 2 of fleece, and remaining piece of dish cloth, fusing along outside edge as before. Fuse braid over one 5½″-wide edge of each small rectangle. Place small rectangles over end of large rectangles and fuse together along 3 outside edges. Trim both ends to form curves. For loop, cut 1 piece of 7″ braid, fuse it closed, fold in half and fuse to one edge of length of mitt at center. Fuse fold-over braid over entire outside raw edges.

KITTY CAT GALLERY FELT WALL CALENDAR

Materials: two 18″x22″ rectangles of billiard green felt, one 8½″x11″ calendar, assorted felt squares in different colors (grey, yellow, pink, light green, orange, brown, white and black), one package medium ric-rac in bright yellow, 2 yds. narrow grosgrain ribbon in light green, one wire coat hanger, 1 yd. string or yarn, pinking shears, "Scotch" Spra-Ment adhesive, "Scotch" Super Strength adhesive, three red-top pushpins and "Scotchgard" fabric protector.

Cut out the billiard green felt to be used as a background for wall hanging. Cut two 18″x22″ rectangles of felt using pinking shears. Spray one side of each rectangle with "Scotch" Spra-Ment adhesive. Carefully stick the two pieces together, aligning corners to form a double thickness. Trim any uneven edges with pinking shears. Using simple designs you've sketched on plain white paper of kitty cats, cut out assorted shades of felt for each cat. Trim with pinking shears little snips to form tiger stripes, spots, etc. A circle for the cat's body and another for its head are easy to do. Cut a long, thin piece of felt for the tail and small triangles for ears. Accent ears with pink or red felt. Snip out eyes and accent for pupils in colored felt. Whiskers are slivers of black felt. Glue each kitty cat to a different piece of felt in bright colors. Use "Scotch" Super Strength adhesive for gluing all cats together. Add a yarn string to each kitty cat portrait and glue down onto background felt. Add red pushpin at the top of each portrait and bend flat on wrong side of background felt. Then, glue down a border of bright yellow ric-rac, ½″ from the pinked edge. Spray with "Scotchgard" protector to keep calendar looking fresh and new. When dry, attach calendar with light green grosgrain ribbon tied in a bow.

TO HANG: Take the coat hanger and bend at ends of bottom portion, after unwinding hook at the top. When they finally break off, smooth edges with an emery board. On the wrong side of wall hanging, about 1″ from the top, make three loops of green ribbon for the piece of coat hanger to go through. Insert the coat hanger piece and loop a rubber band over each end to prevent slipping. Add a length of grosgrain ribbon, knotted at each end of the wire, to hang the calendar on the wall. DESIGNED BY MARGI SMITH.

ELEPHANT ACCESSORY RACK

Materials: "Scotch" Super Strength Adhesive, one pine board 7″x24″x1½″, three ceramic hooks with screw backs, calico fabric, blue felt (light and dark), yellow felt.

Cover board with calico fabric. Wrap as if wrapping a package. Back only needs to be slightly overlapped with fabric. Cut elephant heads and ears out of felt and glue in place (heads should overlap ears). Hammer a nail in where ceramic trunk will go. Then, pull the nail out and screw the hooks in place. The purpose of the nail is only to start the screw. Glue eyes and centers of ears in place. To hang, use cloth picture-hanging hooks on both wall and back of rack. Or, make three holes in back of rack and hang on three nails on wall. Or, if board is not too heavy, you can use mounting strips. DESIGNED BY PAT MOLLE.

CANISTER SET (FOUR SIZES)

Materials: Six dishtowels (approximately 16″x26″), 2¼ yds. of wide grosgrain ribbon (⅝″), 1¾ yds. Stitch Witchery (18″ wide) that you fuse according to package directions.

Cut dishtowels and Stitch Witchery to canister body size. Fuse (hem) all raw edges of dishtowel using narrow strips of Stitch Witchery. Carefully fuse dishtowel to canister body. Cut dishtowels and

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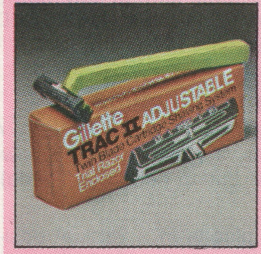
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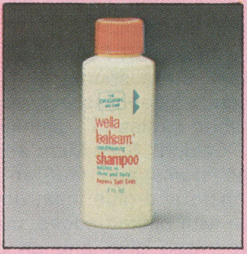
wella balsam shampoo

3. Wella Balsam® Shampoo washes in shine and body. **Actually repairs split ends** (2.0 oz.).

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4. Body Splash from Vaseline® Intensive Care® . . . cool and refreshing for after bath or shower. Select one: 4A - Dream Flower. 4B - Herbal Fragrance (1.0 oz.).

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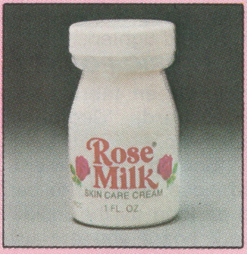
7. Woolite Cold Water Wash safely soaks fine washables clean in 3 minutes without shrinking, stretching or fading (.25 oz.).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8. Rose Milk® leaves your skin soft, but not greasy. You can really feel the difference (1.0 oz.).

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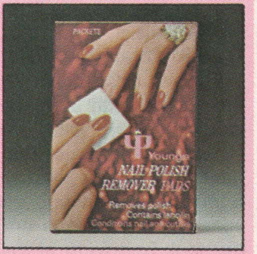
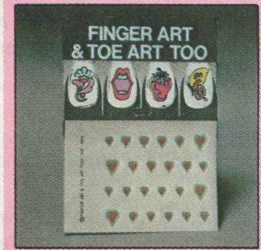

Young's NAIL POLISH REMOVER PADS

10. Young's Nail Polish Remover Pads. The easy convenient way to remove polish, anywhere, anytime, without mess (2 pkts.).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11. Finger Art and Toe Art Too. Art decals in 36 beautiful designs (enough to do both hands and feet).

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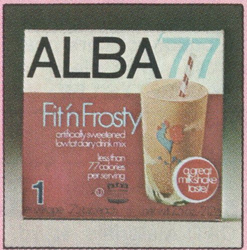
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For A Friend
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C ☐ **Special 10 Product Offer:** Enclosed is just $2.00, rush me the 10 products (not just 5) that I have circled below. The $18.00 in valuable coupons will be included as a free bonus gift!

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DOUBLE YOUR MONEY GUARANTEE: If not satisfied return all products and receive double your money back. Limit one per person. Expires May 31, 1977.

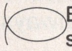
Stitch Witchery to canister lid size plus ½″. Fuse in place, extending ½″ down rim of lid. Cut ribbon in strips the circumference of lid plus ¾″. Turn under one raw end ½″ and fuse. Fuse ribbon to rim of lid starting with remaining raw end.

HOW TO'S

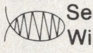
as seen on page 55

FISH MOBILE

Materials: 1 reed (wooden or plastic—can be found in hobby or craft shop), masking tape, green yarn (Wondura, 100% Creslan acrylic fiber, #93), blunt tip needle, Elmer's Glue All, branch, thread.



Bend the reed into a fish shape and secure the shape with a piece of masking tape that you wind on tightly. Cover the fish-shaped reed with yarn wound tightly and very close together. Secure the end of the yarn with glue. With another piece of yarn, wind across the body creating a cage-like appearance.



Secure end of yarn with glue. With yarn and a blunt-tip needle, weave in and out across the cage-like area. Start at one end and weave back to the other until you have woven the whole body of the fish. Tie a thread to each fish you make and hang them from the branch.

LION MOBILE

Materials: one reed (wooden or plastic—can be found in any craft or hobby store), masking tape, yarn (Wondura, 100% Creslan acrylic fiber, yellow #40 and orange #21), felt scraps, plastic eyes, Elmer's Glue All, branch, thread.

Form a circle from the reed and secure the shape with a piece of masking tape wound tightly. Wind the yarn tightly and close together on the circle. You now have what looks like a yarn-covered ring. Secure the yarn end with glue. Using 1½ yds. of yarn, tie one end to the circle and go back and forth across the circle (every ⅓″) so it looks like a cage grill. Secure the end of the yarn with glue.

Weave on this grill part with a 2-yd. piece of yarn and a blunt-tip needle. Weave in and out across the center of the circle, around the yarn-wrapped reed and back across to the other side. Repeat this until the center is completely filled with yarn. The mane around the woven head is made from a doubled piece of yarn on a needle. Put the needle with the doubled piece of yarn through the edge of the reed. Cut yarn with 4″ on one side and 4″ in back. Tie these together, enclosing the reed. Repeat this until you have a fringe around the whole face. The ears are made from orange loops attached to the top of the head. You can give added firmness to the ears by doing the buttonhole stitch around the loops. Glue on a felt nose, eyes and yarn mouth. Make several of these lions for your mobile and find an interesting branch to attach your lions to. Use very thin thread to attach them.

SEWING NOTION BULLETIN BOARD

Materials: bulletin board (19½″x25½″), three 2″ machine screws (brass), three nuts, six brass washers, three white fiberboard washers and three wooden spools.

PINCUSHION (CENTER OF SUNFLOWER)

Materials: cardboard disc (3″ diameter), brown fabric (4½″ circle), and polyfill (any fiberfill).

Baste ½″ in from edge of fabric, tightening up a little on thread. Stuff with polyfill and place cardboard disc on top of stuffing. Pull thread tight and knot.

PETALS, LEAVES AND STEM OF LARGE FLOWER

Materials: two circles (6″ diameter), two circles (4½″ diameter), yellow and green fabric scraps, green strips (¾″ wide), six circles (6″ diameter), "Scotch" Super Strength adhesive, and "Scotch" Spra-Ment.

Place one 6″ circle with pinked edges on the bottom. Place another 6″ circle WITH PETALS CUT OUT next. Place a 4½″ circle with pinked edges next, then another 4½″ circle WITH CUT-OUT PETALS last. Cut out leaves and stems. Assemble and glue the leaves, stem and petals, and pincushion. Center on the board as shown in the photo.

SMALLER FLOWERS

Materials: three spools, nuts and machine screws, fiber washers, brass washers, six fabric circles (3″ diameter), stems, leaf and "Scotch" Spra-Ment adhesive.

Arrange stems and leaf on board as seen in photo and glue them down. Leave one circle with pinked edges, cut petals in other circle and glue one on top of the other. Arrange on board, placing spool in center of circles. Punch hole through center of spool and through cork board and fabric. Glue white fiber washer to top of spools. Place brass washer on top of that, insert screw, and place washer and nut on reverse side and tighten.

FABRIC POCKET

Materials: Green fabric, printed green fabric, cardboard, "Scotch" Spra-Ment adhesive, elastic.

Using "Scotch" Spra-Ment adhesive, glue solid piece of fabric to cardboard, 4″ high and as long as the inside dimension of the cork board you are using. Sew a seam along top of printed fabric (cut 6″ long and 4″ wider than the piece of cardboard). Insert elastic, then stretch and glue to back of cardboard. Pin in place until glue dries. Spray glue back of cardboard, turn in all raw edges of pocket and press onto bottom of cork board as shown in photo. Also pin in place until dry. DESIGNED BY JOSETTE LEE.

HOW-TO'S

as seen on pages 62 and 63

ANIMAL DESIGN FABRIC-COVERED BOXES

KITTY CAT: Materials: ½ yd. muslin, ½ yd. fabric, 9½″x11½″ cardboard box, fabric scraps, ric-rac, 1½ yds. ribbon and "Scotch" Spra-Ment adhesive.

Spray fabric with "Scotch" Spra-Ment adhesive after it has been cut to fit the box. Place box in center of fabric and fold around the bottom of the box. Cover top of box with muslin, which has been cut to fit top of box exactly. Glue ribbon around edge of top of box. Glue ric-rac around top edge of box. Trace and cut out cat, tail and bow, and glue in place. Use yarn or embroidery cotton for whiskers.

OWLS: Materials: ½ yd. fabric, 7¼″x6¼″ cardboard box, fabric scraps, ribbon and "Scotch" Spra-Ment adhesive.

Spray fabric with "Scotch" Spra-Ment adhesive after it has been cut to fit top of box. Place top of box in center of fabric and fold around. Trace and cut out owls and glue in place. Place ribbon on two sides of top of box as shown in photo. Use pieces of ribbon or fabric for eyes. Glue in place.

KITTY CAT AND SAILBOAT

Materials: ½ yd. gingham fabric, 8″x10″ cardboard box, 2½ yds. embroidered ribbon, muslin or scrap of white fabric, cat cut from fabric or paper, assorted fabric scraps and "Scotch" Spra-Ment adhesive.

Spray fabric after it has been cut to fit box. Place box in center of fabric and fold around bottom. Cover the top with the piece of white fabric, but do not fold over the edges. Edge top of the box with ribbon, and miter the corners. Also, go around the edge of the lid of the box with the ribbon. Glue in place. Cut out sail, mast, boat, water and kitty in any fabric you like and glue all in place. DESIGNED BY JOSETTE LEE.

WOOD PLAQUE WITH MUSSEL SHELLS

Materials: 1 Barnwood plaque (5″x9″), 4 half mussel shells, a variety of dried flowers, ½ yd. natural burlap ribbon (½″ wide), clear-drying glue.

Work with the plaque in a vertical position. Glue outer side of mussel shells near bottom of plaque. Let glue dry thoroughly. Place and glue dried flowers in an attractive arrangement. Be sure to arrange the flowers to appear as though they are growing out of the shells. Place the plaque on an easel and use it as a table or shelf decoration. You can also hang it on a wall by screwing in a picture hanger to the back of the plaque.

WOOD PLAQUE WITH BIRD AND PINE CONES

Materials: 1 Barnwood plaque (5″x7″), 1 miniature bird, pine cones in several sizes, clear-drying glue.

Work with plaque in horizontal position. Arrange pine cones in the design you like best on a plaque. Glue them in position. Wait a few minutes until dry, and then place bird on the plaque. The pine cone plaque works very well with the shells. A wall arrangement of two or more plaques is great-looking and easy to do.

3-D SCENE

Materials: 1 Barnwood plaque (5″x5″), 1 set of 3-D prints, silicone adhesive and clear-drying glue.

Cut 3-D prints and glue carefully following the 3-D package instructions. Use the silicone to create a raised effect. When complete, glue 3-D print to plaque. By using different 3-D prints, plaques can be grouped in sets of 2, 3 or 4 for interesting wall hanging designs.

DEER-'N-RING

Materials: 1 Driftwood Nature Ring (2½″ inside diameter), 1 spandrel, Driftwood finish, 1 miniature deer, tufts of moss, minitwigs, sandpaper and clear-drying glue.

Hold sandpaper on flat surface with one hand and gently rub Nature Ring against paper to flatten curve on one small section of ring. Glue flat surface of ring to flat surface of spandrel. Wait until the glue has dried, then position and glue the deer in place. Glue twigs to back of ring to resemble trees. Glue tufts of moss to front of ring around deer.

continued on page 78

What kind of friend are you?

1. A new girl in school (who is very pretty and a sure bet for the IN group) wants to be YOUR friend. You've been feeling jealous of her since her arrival and now you are wondering just what you would have in common. So when she says she'd like to be your friend, you:

(a) Put her down—just to show her!

(b) Tell her she obviously belongs with another crowd.

(c) Decide to get to know her as a person and see if friendship develops.

2. Your best friend is feeling depressed and needs to talk with you. Do you:

(a) Try to joke her out of her blue mood?

(b) Tell her that you've been depressed lots of times and it's really nothing, that it will pass?

(c) Lend an empathetic ear, listening to her feelings and discussing alternatives with her?

3. A close friend of yours is in the habit of asking constant favors. Sometimes these really inconvenience you and you're getting a bit tired of the whole scene. So the next time she asks a favor, you:

(a) Tell her she's a creep and stomp off without really letting her know why you're angry.

(b) Churn inside, but say "Yes" because it's a habit and you don't want to risk losing her as a friend.

(c) Say "No" gently but firmly.

4. Your friend Deedee is starting her 999th diet. This time she's really determined to lose weight. Her first week of dieting coincides with a party you're giving. So you:

(a) Make fun of her and shame her out of her diet in time for your party.

(b) Urge her to bend her diet rules "just this once."

(c) Encourage her to stick to her diet and plan some low-cal snacks for her (and other weight-conscious guests).

5. Your usually even-tempered best friend seems to be mad at you and you don't know why. When you meet her after school, she's still cool and distant so you:

(a) Ignore her mood, hoping it will pass.

(b) Get mad at her for being angry.

(c) Make the observation that something seems to be wrong and ask her if she wants to talk about it.

6. A friend of yours—either consciously or unconsciously—says something that hurts your feelings. You react to this by:

(a) Running off and crying.

(b) Saying something hurtful back to her.

(c) Saying "I feel hurt because . . . " and clearing the air.

7. Your friend Sue confides something very personal to you and asks you not to tell anyone. After you finish talking with her, you:

(a) Gleefully get on the phone and call everyone you know.

(b) Call your mutual friend Joyce and tell her the news, cautioning her not to tell another soul!

(c) Firmly resolve to respect the confidence and tell no one.

8. Carol has been your friend since kindergarten, but since you've started high school, she has started to move with another crowd. She seems to be losing interest in your friendship and nothing you say or do seems to be helping. So you:

(a) Refuse to make new friends, appeal to her sense of pity and hope she'll come back.

(b) Say nasty things about her behind her back so everyone will know what a fickle snob she is.

(c) Realize that, while growing apart is very sad and painful, you both may need new friends. You stop clinging to that one friendship and seek out others. You may keep the door open to Carol, in a sense, but, at the same time, you decide to get on with your own life.

9. Your friend Cynthia tells you that she is becoming more and more physically involved with her steady of two years and is thinking of going on the Pill. Your reaction is to:

(a) Put her down immediately. You're convinced that sex outside of marriage is wrong no matter what—for everyone. You tell her if she does have sex, you don't want to hang around with her again.

(b) Feel jealous that she's having experiences that *you* haven't had and you make a mental note to even the score—SOON!

(c) Listen to what she says, and though you may or may not agree with her feelings, you respect your differences, realizing that what is right for one person isn't automatically right for another.

10. When YOU have a problem, it seems that your friends:

(a) Don't want to know you anymore.

(b) Are quick with advice, but don't always listen too well.

(c) Listen empathetically and really seem to care.

HOW DO YOU RATE?

Count your A, B and C answers. Which of the three comprises a majority of your answers? That's the clue to you, the friend!

If you have mostly "a" answers: *You seem to be afraid of really getting close to people and sharing feelings. You tend to ignore conflict situations or run away without resolving them. You may leave your friends wondering just how you think and feel. You need to try to understand their feelings, too, and recognize their individuality. Differences can make people even more interesting to one another! You could also be more adventurous about meeting new people. Try—day by day—to share a little more of yourself with your friends. Start listening to them more. It can only deepen the friendships you already have and make it possible for you to make new friends as well!*

If you have mostly "b" answers: *You're probably considered a pretty good friend by most people you know, but it's important for you to learn to be more independent and assertive. Be aware of your tendency to go along with the crowd and of your difficulty in saying "No" to your friends—even when you'd like to do so. Your impulsiveness can make you fun to be with at times, but, at other times, it can get you in trouble. Next time you rush to give advice to a friend, stop and listen first. You may sometimes make assumptions about the feelings of others. Learn to check these out before swinging into action. Your friends will love you even more!*

If you have mostly "c" answers: *You're the kind of friend anyone would love to have. You are open to new friends and experiences and sensitive to the feelings and needs of others. Yet you don't lose sight of your own needs. You are able to say "No" when you need to, and your friends tend to respect you for your honesty. In turn you respect them a lot—as friends and as separate individuals. You don't look down on others or gape up at them, but see you and your friends as equals capable of sharing a great deal with each other!*

CREATIVE DAYDREAMING

continued from page 31

which alternatives may *not* be for you.

"You can use your fantasies to 'try on' certain roles," says Dr. Newburger. "You can see your daydreams as trial and error behavior, trying certain actions out *mentally* first. That way, you are better able to visualize the outcome of contemplated actions."

The ability to do this is crucial, researchers have found. In a study by Dr. George Spivack and Dr. Murray Levine of the Devereaux Foundation, it was discovered that middle-class teens with a history of delinquency showed a limited ability to look ahead and see the consequences of their actions. They were also less able to envision intermediate steps in attaining their goals. This delinquent group, when compared to a group of nondelinquent adolescents, demonstrated a lack of creative thoughts and ideas. "Their thought world appears as a rather barren place," Dr. Spivack observed in the study.

Some teens protest that they haven't the imagination to daydream. Psychologists counter that, if you have sufficient imagination to *worry* (and who doesn't??), you have ample ability to daydream in a positive way.

In fact, if you're a worrier, you can defuse this negative daydreaming by exaggerating it to the point of becoming ludicrous—and therefore less theatening.

"This is called flooding," says Dr. Newburger. "Let's say that you worry about speaking up in class, afraid that you'll give a wrong answer and people will make fun of you. So go with this negative fantasy to the wildest extreme. Imagine yourself giving an answer in class. There is a stunned silence for a moment and then the teacher starts laughing. Your classmates jeer and a few of them even rush to other classrooms to spread the news of your incredible mistake. Soon, there are other students clustered in the doorway and with their faces pressed against the classroom windows. They are pointing at you and laughing. The school newspaper staff rushes a special edition—highlighting your embarrassing mistake—into print. The scoop is picked up by the Associated Press and United Press International and, then, the very next day, your picture and the news of your unbelievable stupidity is hitting front pages across the nation."

Ridiculous—right? Chances are, you said that a few sentences ago. At the same time, with such an extreme fantasy, you will have survived the worst—in your imagination. Simple reality? You can handle it with new ease!

Psychologists also see daydreams as barometers of your personal growth.

Denise, for example, used to daydream about becoming a successful career person when she was in high school and her classmates used to tease her about her unfashionable clothes and her shyness. "I'll show them!" she vowed, plunging into her studies with added fervor. Her teen daydreams revolved around her classmates' amazement and envy at her success.

As she grew, Denise came to want certain goals for *herself*. The reactions of old classmates seemed to matter less and less and her fantasies grew steadily away from vindictiveness.

"You might try keeping a diary of your daydreams," Dr. Newburger suggests. "Chart their progress. Maybe when you started writing them down, they tended to have a vindictive tone ('I'll show him! She'll be sorry!!'). Or you may find yourself daydreaming to compensate for pain, hurt and rejection a lot of the time at first. As time goes on, however, you may find that your dreams are becoming less compensatory and vindictive. This is very positive growth. If you're continually vindictive, you'll also have guilt feelings, and guilt can be self-sabotaging. It can really hold you back. As you grow, your daydreams may become more positive and more specific. It would be interesting to have a diary of your positive daydreaming progress—so you can *see* how much you've grown!"

As you grow, your dreams may change, centering on special people, special possibilities and the past as well as the future. Some people dream all of their lives. Others forget how to dream, trying to fill the gap with television or with frenetic socializing. Some feel, too, that if you have your head in the clouds, you may never come to terms with reality.

"Of course, if daydreams take over your activities, you are in trouble," says Dr. Newburger. "The ideal situation is a balance between dreaming and *doing*. Dreams show you possibilities. Actions make these realities."

Many psychologists—Dr. Newburger among them—believe that the greatest danger is not in dreaming, but in *refusing* to dream, getting so immersed in what *is* that you lose your dreams of what *might be*—and with them, a vital part of yourself. Ⓣ

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continued from page 76

CALICO MINIATURES

Materials: 1 Woodring, walnut finish (6″ inside diameter), 1 corn husk doll (3½″ tall), 1 miniature pendulum wall clock (if you can't find one, look for a picture in a magazine), 1 wood bucket with artificial plant, 1 wood ladle, balsa wood (4″x⅞″x⅛″), 9″ square of calico fabric, 9″ square of double thick cardboard, clear-drying glue. You may have to change the scene if you are unable to locate the materials necessary for this one.

Cut 7″ circle from cardboard. Cover entire surface of circle with glue and let dry. Then, apply glue again and, while glue is still wet, cover circle with fabric, right side up. Work fast so you have time to smooth out all wrinkles. Trim off excess fabric so you now have a stiff circle of calico. Apply glue to the outer edges of calico circle and place Woodring on top til pieces adhere. Glue balsa wood to calico background. Position and glue bucket, ladle and doll on balsa wood. Glue clock right on to the calico.

OJO DE DIOS (YARN WALL HANGING)

Materials: 1 Driftwood Nature Ring (1½″ inside diameter), 4 spandrels with Driftwood finish, yellow, orange and pale grey yarn, 2 narrow cardboard tubes 11″ long (you can find these tubes usually attached to wire hangers from the dry cleaners), clear-drying glue.

In center of each tube cut out ½″ notch in one side only. Place one notch over the other notch at right angles and tie tubes together tightly so they're rigid. Using flat wrap (diagram A) start with orange yarn to form a 2″ square. Place ring on top center and weave yarn around ring at each section where it crosses tubes. Continue using flat wrap until square is enlarged to 3″. Change to yellow yarn using recessed wrap (diagram B). Make a 5½″ square. Change to orange yarn and use recessed wrap til square increases to 6½″. Cover remainder of tubes by overlapping with grey yarn. Glue a spandrel to each end of tube. Wait one hour until spandrels have thoroughly adhered to tubes and will not come loose. Weave grey yarn over two opposite spandrels in a criss-cross movement. Most of the yarn will be visible only from the back. Now repeat for other two spandrels.

Diagram A. FLAT WRAP: Tie the yarn in a pattern criss-crossing the intersections of the tubes. Then, holding yarn securely, wind it OVER and around each tube.

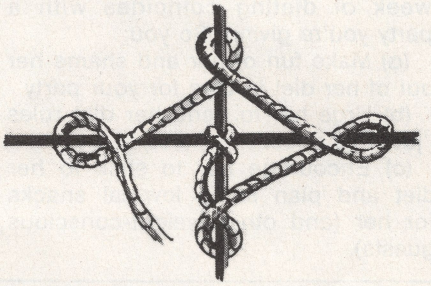
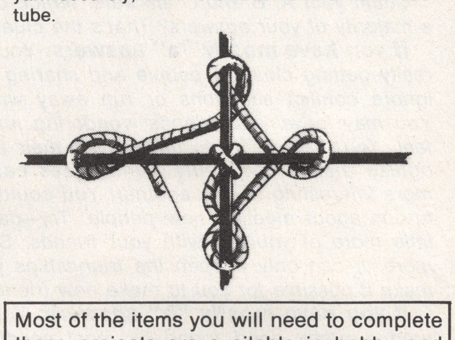
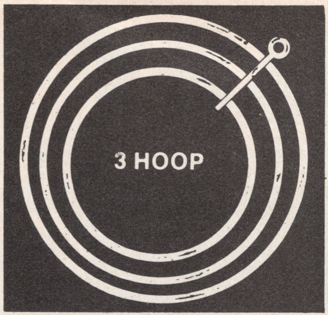


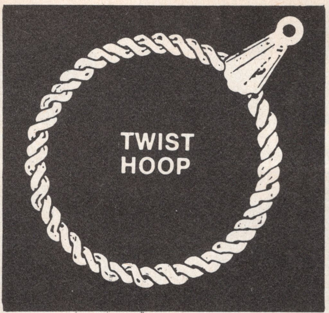
Diagram B. RECESSED WRAP: Holding yarn securely, wind it UNDER and around each tube.

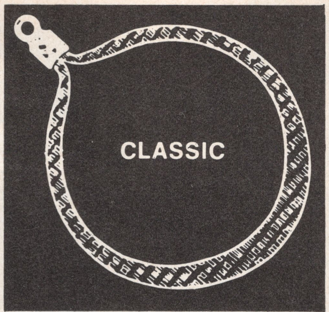


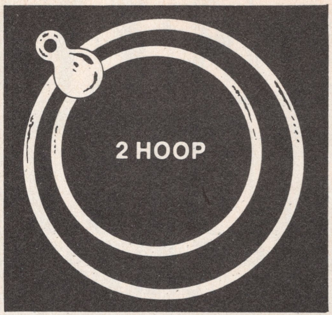
ILLUSTRATIONS/JANICE BILLINGS

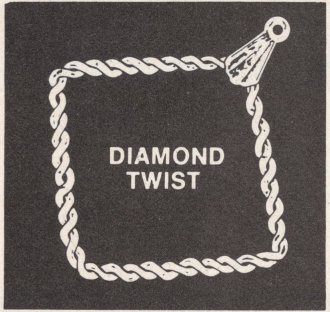
Most of the items you will need to complete these projects are available in hobby and craft stores.

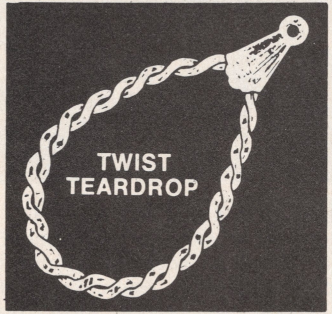


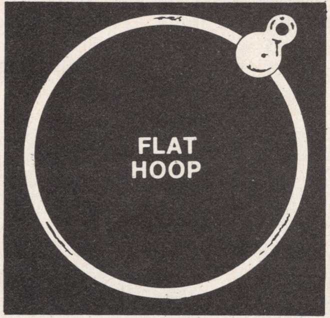












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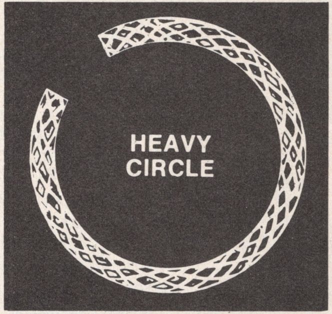

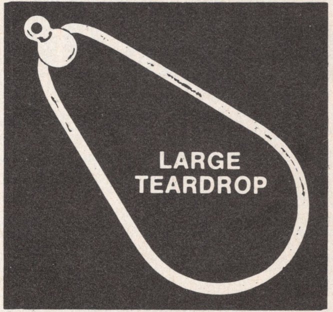

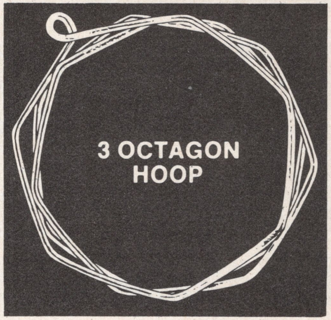

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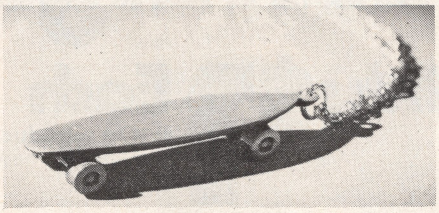

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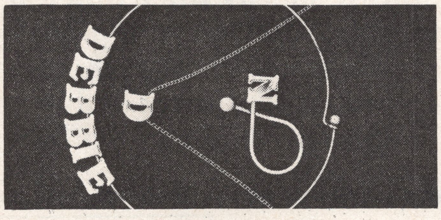

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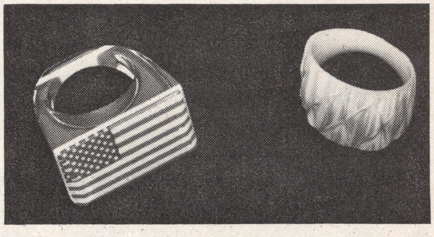

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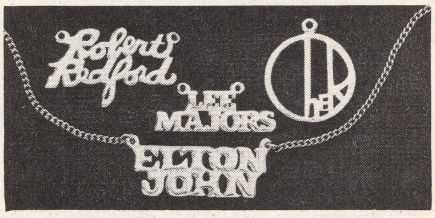

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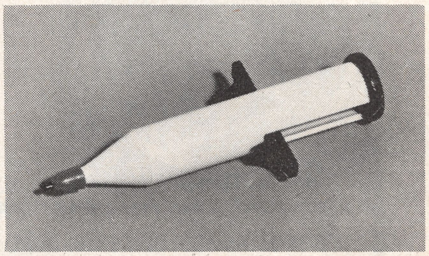

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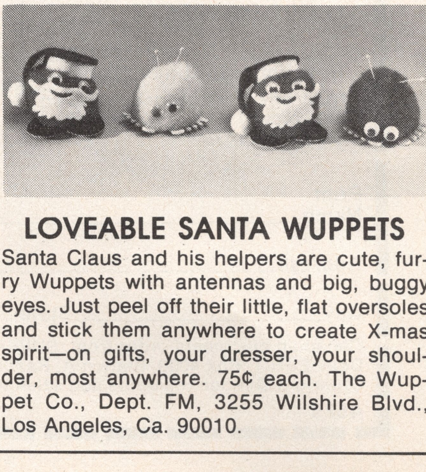

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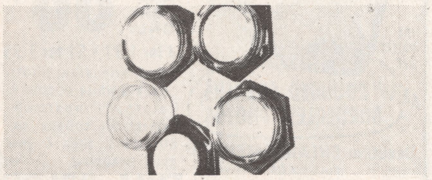

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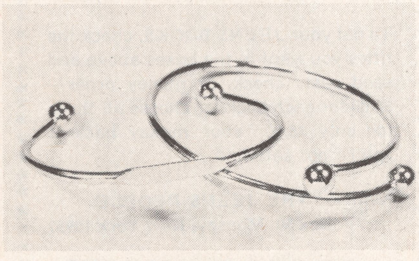

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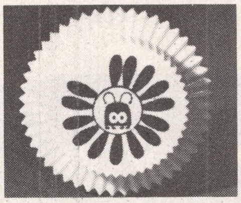

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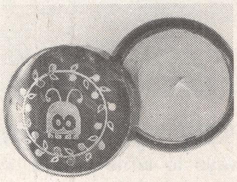

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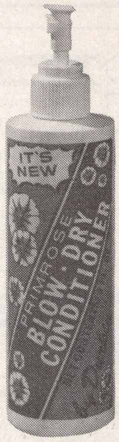

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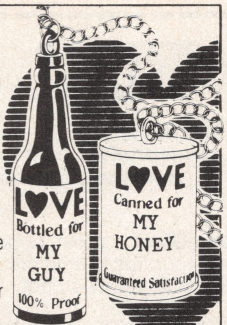

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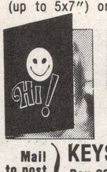

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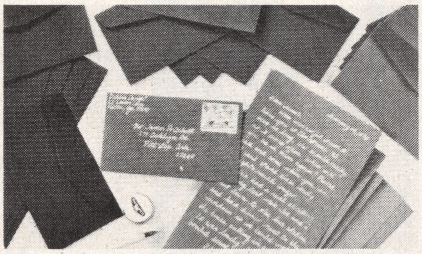

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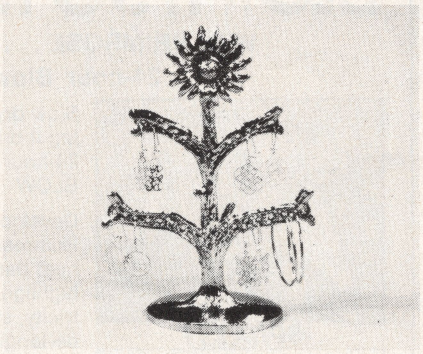

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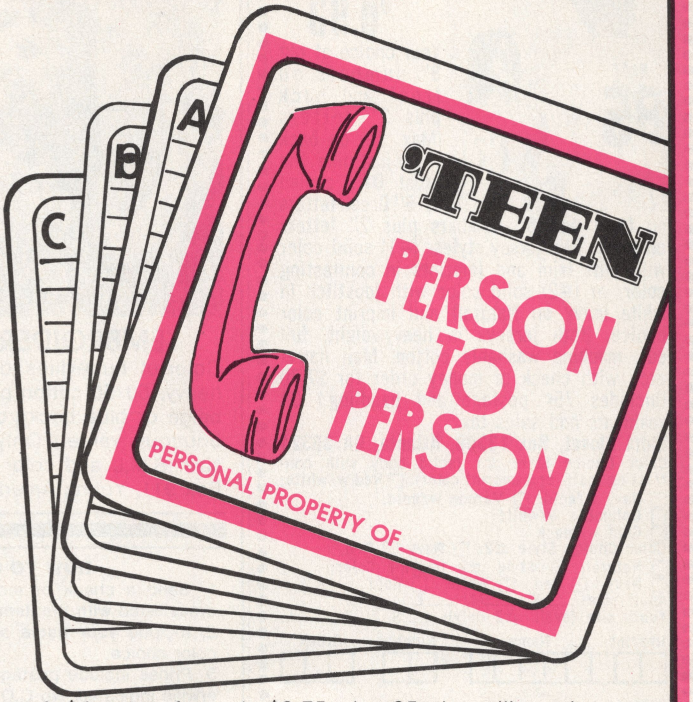

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FREEBIES
continued from page 42

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Knowing what to do in case of an emergency can save a life! "First Aid In the Home" is a two-sided chart to hang on a convenient wall that gives advice for the quick and proper treatment of many types of accidents (poisoning, bleeding, burns, scalding, broken bones, artificial respiration, etc.) and also features space in which to record important emergency numbers. For your free copy (one per request) write to: Dept. FAS, Council on Family Health, 633 Third Ave., N.Y., N.Y. 10017.

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TAME DOWN HAIR PROBLEMS

Try Tame Creme Rinse and Conditioner to restore your hair's natural

THE COLOR OF CHRISTMAS

continued from page 36

Stan turned around, walked up to Hank and then walked very erectly down the aisle. I could tell he was furious.

I wanted to leave also. Margie must have sensed how I felt. She quickly finished helping Hank, and we left the store.

Margie chattered all the way home, but I was silent. The radio played "White Christmas," but I knew mine was going to be blue.

I was glad to get in my own room, on my own bed, to shed my tears in private. Then I perked up. After all, it was only for a little while. I'd be especially sweet to Stan after Christmas. I'd win him back. Next day everyone was full of last-day-of-school-before-Christmas-vacation happiness. Not me. To me, happiness was a brown sweater—and Margie had that. At noon, we stood around in groups, but Stan avoided me like the plague. I should have been glad my plan was working, but for some reason I wasn't.

After school I baked cookies for Mom and at night I took Andy to the basketball game. I wondered what Stan was doing.

Saturday was crisp and clear. I decided to block thoughts of Stan from my mind, and almost succeeded, as I hung a fringed burlap wreath on the front door, and Andy whistled "Rudolph, the Red-Nosed Reindeer."

Then Margie drove up in front. When she got to the door, I noticed her eyes were red.

"Can I talk to you a minute, Ellen?"

"Sure. C'mon in my room."

When the door closed, Margie let the tears spill down her cheeks.

"What's the matter?" I asked, putting my arm around her.

"I won't be here for Christmas," she said between sobs.

"Why not, Margie?"

I couldn't imagine anything worse than not being home for Christmas.

"My dad sent plane fare. It's his turn to have me for Christmas this year, but I thought he'd forget about it. I don't want to go. I want to stay here with my friends."

"Don't you want to see your dad?"

"Sure I do, Ellen. But sometimes I feel so pulled, and so—so bribed."

"Maybe if you wrote and told

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food for thought

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the art shoppe

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him how you really feel, he'd let you stay here."

"Maybe. But then his feelings would be hurt. I don't know. I'll have to think about it."

She changed the subject. "Have you made up with Stan yet?"

I wanted to tell Margie all about it but I was ashamed to. Somehow it seemed important that she never find out I'd wanted that certain sweater for Stan. Suddenly the whole picture clicked into proper focus.

After she left I finished putting the wreath on the front door. When a boy came by selling mistletoe, I bought a large bunch. I lined up neighborhood babysitting, cookie-baking, and car-washing jobs for the following week. I washed our car and Dad paid me—plus a bonus for taking Andy to the game. Then I telephoned Margie.

She went with me to the Frosty Cone and Doughnut Shop where Stan worked every Saturday. His eyes were as cool as the cone he handed me until I whispered, "Stan, I'm sorry." Then they were as warm as our California Christmas.

"That movie is still playing," he whispered with a question in his voice.

"I'd sure like to see it—with you," I whispered back.

"Pick you up at seven," he said softly.

Next Margie and I went to The Beehive. I spent half an hour choosing an album for Stan, finally settling on the latest LP by Peter Frampton, Stan's favorite. Margie told me she was glad I'd chosen something not too expensive because Hank had told her Stan couldn't afford an expensive gift for me.

Margie bought two sets of expensive cufflinks—one for each of her fathers—and I didn't even mind.

Margie gave Hank the sweater, and received a pink one, with matching skirt. She opened it early, to wear on the plane.

Stan gave me a small book of poems by Kahlil Gibran, my favorite poet.

Some things remain the same—just like in Dad's day. Mistletoe is still a wonderful medium of exchange.

And some things change—like me, finding out that happiness is more than a brown sweater, or a million dollars. It's people, and love, and being together. Ⓣ

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DEAR BEAUTY EDITOR

FOOTHOLD

Q. My legs don't seem to have any shape to them. Can exercise sandals help?

Toothpick Legs, Chicago, Il.

A. ***The Scholl Exercise Sandal helps exercise feet and ankles by demanding increased use of all their muscles. Because they strengthen foot muscles, the sandals can be helpful to a leg exercising program. You might also try walking, running, bicycling or any other form of exercise that gives your legs a workout.***

CLOTHES CAMOUFLAGE

Q. I'm on a diet right now and am losing weight. I'm also exercising. In the meantime, though, do you have any hints for looking thinner?

T.D., Canton, Oh.

A. ***Congratulations on having the will power to lose weight and the desire to look better. While you're getting down to the size you want to be, you can figure on hiding your weight somewhat with clothes. Know what to avoid as well as what to choose.***

A heavy figure doesn't need a cinched-in waist or tight sweaters, skirts or shirts. Also stay away from extra-heavy fabrics, puffed sleeves, broad collars, bare necklines or halter tops. Tight pants and short tops shouldn't figure in your wardrobe plans either. Stay with softly tailored clothes—pants and skirts that fit well but don't cling; longer, easy-fitting sweaters; dresses and tunics that skim over your waistline.

HAIR TIPS

Q. Do you have any tips on what I can use to get a comb clean? Is soaking it in ammonia all right for it?

M.M., Ephrata, Pa.

A. ***Unless you have some kind of scalp problem, you shouldn't need to clean your combs and brushes with anything as strong as ammonia. This household remedy for cleaning combs and brushes was devised at a time when people washed neither their hair nor their combs and brushes as often as we do today, so they needed stronger cleaning solutions. If you wash your combs and brushes whenever you wash your hair (and you should be doing this), all they really need is a short soak in a basin of warm, sudsy water and thorough rinsing and drying.***

Q. I have to wash my hair every day or it looks oily and stringy. Everyone says that I'm getting rid of all the natural oils and that when I'm older, my hair will fall out. Do you think it's all right to wash it every night? Why or why not?

R.G., Fl.

A. ***First of all, it's impossible to completely wash the natural oils out of your hair because the oil glands in your scalp are constantly producing new oil and it's distributed through your hair by your regular brushing and combing. Also, washing your hair won't cause it to fall out, either now or later on. Hair loss, if it occurs, is caused by heredity, diet or hormone imbalance or some severely damaging chemical, not the number of times hair is washed. So wash your hair as often as it needs it, even if that means every day.***

Q. Do you have any ideas on how to make hair frizzy? I have long, straight hair.

B.T., Bronx, N.Y.

A. ***Yours is a very unusual letter. Most girls with hair that frizzes are trying to get it to go straight. Very few girls with straight hair are trying to make it frizz. However, if you want your hair to frizz, the best way is to give it a curly permanent & then wash it without setting it. Or—for temporary results—set it with setting lotion and very small rollers. We don't guarantee that you'll love your hair if it frizzes, so it's best to try the temporary method first. Frizzy hair is hard to handle because it doesn't lie down smoothly and it usually isn't as shiny as straight hair.***

Q. I have split ends. I've tried everything and nothing has helped—not even cutting, lots of conditioning and protecting it from sun and chlorine when I swim. I still have split ends. Is there anything that will get rid of these split ends for good?

K.K., Safford, Az.

A. ***The only thing that will really get rid of split ends for good is cutting them off. You mention that you have had your hair cut but you probably haven't had it cut enough. You'll have to keep trimming your hair until the split ends are really gone. If you have split ends that are at the top of your hair, take your hair, strand by strand, and twist it so that the split ends pop out. Then snip these off. Also, keep conditioning your hair every time you wash it. When you do swim, you need to not only protect your hair from chlorine but to either wash or rinse out the chlorine after you're out of the water. Stay with a good program of hair care and eventually your split ends will be gone.***

Q. My hair is elbow-length and stick-straight. I've used both curling irons and rollers but nothing works. Do you have any suggestions on how to style it? I don't want to get it cut any shorter than below shoulder-length.

A.S., Oh.

A. ***You don't tell us whether your hair is fine-textured or not, but any hair, whatever the texture, that is elbow-length is usually difficult to curl just because there is so much of it. The weight of the hair pulls the curl out. Your hair probably would be easier to style if you did have it cut to just below shoulder-length, but without knowing more about your hair type and texture, we certainly can't promise it. If you do get it cut, however, two styling aids to help it hold curl would be an end-curl permanent and a styling gel like Balsam Dep Super Hair Styling Gel.***

Q. I have long blond hair that just won't get shiny. Do you have any suggestions on how to make it shiny?

E.B.

A. ***The outer layer of a single strand of hair is made up of shingle-like layers. If your hair is in good condition, these "shingles" lie flat and reflect light, making your***

Head & Shoulders
shampoo

I figured it this way: My dandruff wasn't *that* bad. And if I did something to control it I was afraid my hair might be drier. Not as pretty. And it might smell funny.

Well I heard that Head & Shoulders smelled nice, lathered great *and* was gentle on your hair. Kept it shiny and bouncy and controlled dandruff at the same time. I wasn't convinced, but I thought I might as well give Head & Shoulders a try.

I've been using Head & Shoulders ever since. And look at my hair. I love it. But looking doesn't tell even half the story. My hair *feels* wonderful. And Head & Shoulders controlled my itches and flakes.

With Head & Shoulders you don't have to give up a thing. Except a little dandruff.

"I never tried a dandruff shampoo because I thought I'd have to give up my soft, shiny hair. Then I used Head & Shoulders."

Head & Shoulders
shampoo

hair shiny. When anything ruffles up or breaks off these shingles, they can't reflect light and shine. So whatever ruffles them up—too much sun, wind and strong chemicals—will keep them from shining. Whatever will make these shingles lie down—gentle brushing, creme rinses and conditioners—will help hair to shine. Also, an adequate diet that includes some fats and oils helps hair to be healthy and shiny, too. Keep in mind that some hair textures and types shine more than others—straight and fine hair are both easier to shine up than curly or coarse hair.

Q. Is it good to wash my hair in rain water?

T.P., Samson, Al.

A. ***Ideally, rain water is clean, pure and also soft, meaning its mineral content is low. Because of the low mineral content, rain water doesn't leave deposits on the hair that can dull its shine. However, rain water these days can contain quite a bit of pollution. If you live in a city, the water from the faucet will probably be more free of chemicals than the rain water. In rural areas, you will have less worry about pollution.***

Q. I want to cut my hair and get a permanent. Can you recommend a kind that is easy to use at home? Also, I've heard that when you have a permanent, you have to set your hair all over again each time you wash it. Is this true?

R.B., Wa.

A. ***If you have a permanent, you will have to set your hair whenever you wash it but you probably will not have to set it again in between shampoos, and the set should hold well during the day. A good permanent to try is the Toni Body Perm, which gives body, not curl. The permanent comes as a kit which includes waving lotion, neutralizer, enough "curvers" (small permanent rollers) for a full head of hair and end papers. The package also contains complete instructions.***

Q. I have my hair cut in a shoulder-length shag and I'm sick of it. I want to cut my hair but not past my chin. I have thick, dry and kind of wavy hair. Can you recommend a good cut?

K.B., Advance, Mo.

A. ***A well-shaped, blunt cut will help keep your hair in line. You could try a style that's chin-length with the remaining short layers brushed back. Your hair type also needs a shampoo formulated especially for dry hair and lots of conditioning to look its best. Use an instant conditioner each time you shampoo, and a deep conditioner—one that is left on the hair for 20 minutes—about every two or three weeks.***

Q. My hair is about two inches past my shoulders and wavy. I'd like to straighten it by wrapping it around a big roller or orange juice can. Could you tell me how?

Wavy, Ca.

A. ***The best way to wrap-set hair is by using your head as the "roller." First, wash hair. Then put in three large rollers at the crown for shape. Next, comb all remaining hair around the head in a clockwise direction, smoothing it down as you go and securing it in place with clips. Dry your hair until it is partially dry. Then rewrap all hair in a counterclockwise direction and complete the drying process.***

Q. I am a girl who wants super long hair. My hair is long already. I'd like to know which foods are best for the growth of hair and what I can do to help my hair grow longer.

C.L., Hilton, N.Y.

A. ***It's true that if you have a very bad diet—down to the point of malnutrition—your hair will suffer for it. The texture will be bad, it can lose its shine and it can also actually fall out. However, even a fantastic diet won't accelerate the growth of your hair past the standard half-inch each month. What a good diet will do for your hair is keep it healthy enough to grow long. Hair that gets a poor diet is weaker and more inclined to break off before it reaches the length you want. The foods that make healthy hair are protein—meat, fish, eggs, milk and cheese—and foods containing B vitamins, like liver and wheat germ.***

Q. My hair is very wavy. I have been setting it up in three gigantic rollers for three years now. I wear these rollers constantly, except when I go somewhere. The problem is that now the top of my hair is all split. Is there anything I can do to get rid of the splits and is there anything else I could do to straighten my hair?

D.K.

A. ***If you have to wear rollers just about all the time to keep your hair in line, you really have the wrong hair style for your wavy hair type. You don't say how long your hair is now or what your face shape is, so it's hard to recommend a new hair style. However, a style that will cooperate with waves is certainly going to be better for your hair than one that is absolutely straight. We suggest that you get your hair cut in a simple, soft style and learn to wrap-set your hair as described in the answer to "Wavy" in California or to work with a blow dryer and round brush to straighten out your waves. Remember that humidity is likely to make your hair wave again so get a style that won't be ruined by waves.***

Use a good conditioner on your hair to help the split ends. Cutting it in a different style will also help banish the splits.

Q. I have thick hair and it really takes a long time for me to blow it dry. Is there any way you know of to speed up the job?

L.V., Santa Fe, N.M.

A. ***The "Blo-Flo" blow drying brush from Jerome Alexander can really help you cut down on blow drying time. It's a round, wooden brush with natural bristles. In between the rows of bristles are holes big enough to let the air from the dryer flow right through. It cuts down drying time, sometimes even cuts it in half.***

Q. Could you recommend a good shampoo for oily hair?

H.L., S.C.

GOLD FORMULA
For Dry Hair
D
BRECK
SHAMPOO
11 FL. OZ.
GOLD FORMULA
N
BRECK
SHAMPOO
GOLD FORMULA
For Oily Hair
O
BRECK
SHAMPOO
11 FL. OZ.

A. ***The best kind of shampoo to choose for oily hair is one formulated especially to combat oiliness without making hair flyaway and hard to manage. Breck Gold Formula is available in three different types—one for normal, one for dry and one for oily hair. The formula for oily hair should be just right for you.***

IN THE SHADOWS

Q. I have brown hair and brown eyes and I have a problem finding the right color of eye shadow and mascara. Please help.

T.B., Ms.

A. ***With your eye and hair color, you could wear either dark brown or black mascara. Try each to see which you like best. You can also wear just about any color of shadow that you like. Or combine***

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Sweet Honesty
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Just you and your Sweet Honesty

It's down-to-earth but heavenly. Innocent but sassy. Goes where you go but lingers where you've been. And makes you feel beautiful . . . even though nobody can see it.

Sweet Honesty Cologne Spray. Only from

AVON

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two shades together.

New Aziza Two-Tone Lustre Shadows combine one shade of color and another of highlight in a single stroke. You see the color all the time and the highlight shows when the light catches it. A nice shade for brown eyes is Cocoa with Green Lustre. Two-Tone Lustre Shadow comes in seven other color combinations.

Q. My hair is blond and my eyes are blue. Is it true that my eye shadow should be light in color or at least not heavy? Do you have any suggestions for colors of shadow?

B.B., Concord, Ca.

A. ***Blonds should apply shadow with a lighter touch than brunettes. Practice applying it so that the color is visible without being overpowering. Choose colors like soft blues, grays, beiges and browns and you'll probably like the results.***

DOUBLE TAKE

Q. I like to wear two shades of blusher—one to blush and one to contour. I'd like both together in one case, though. Can you recommend any?

N.D., Lakewood, Oh.

A. ***Your Face by Coty has a brand new item called Double Glow Cream Blushers. Each compact contains two contrasting shades of cream-powder blush and a mirror on the outside of the case for fast touch-ups. There are three double-up combinations—Peach/Rose, Brick/Toffee and Bronze/Cherry.***

GIFT GIVING

Q. I need some small gifts for several people on my Christmas list. Can you recommend anything?

P.D., Denver, Co.

P.S. All these people love make-up.

Sparkling Eyes
Shadow Collection
Maybelline

A. ***Maybelline has a gift solution for you. The Sparkling Eyes Shadow Collection is a see-through container of four color-coordinated shadows, with a double-tip sponge applicator. Each container holds four shades of shadow from the Maybelline Eye Shadow lines. There are four samplers to choose from—Shades of Blue, Shades of Brown, Shades of Green and Shades of Pearl.***

Q. I want to get my father something nice but not too terribly expensive for Christmas. Do you have any ideas—a fragrance for instance?

D.B., South Bend, In.

RANGO
RANGO
RANGO

A. ***"Rango" from Alberto Culver is a woodsy scent for men that's available in different forms and sizes to suit your gift budget. You could choose from cologne, aftershave or soap. Or pick any of several different gift sets, each packaged in a woodgrain box.***

Q. I'd like to get something nice for my best friend for Christmas, maybe an assortment of cosmetics. Are there any especially nice gift sets that you know of?

M.W., Buffalo, N.Y.

TEN·O·SIX
Honest Hair
SHAMPOO 2000
FACE GLOSS
LIP GLOSS
BONNE BELL

A. ***Bonne Bell has two gift sets, both combining Ten-O-Six with other gifts from the Bonne Bell skin and hair collections. With a pint of Ten-O-Six, you get an ounce each of Shampoo 2000, Honest Hair Conditioner, Moisture Creme, Face Gloss and a Lip Gloss. With a quart of Ten-O-Six comes an ounce of Good Nature Cream, Moisturizer, Cleanser, Shampoo, Shower and Tub, and a Good Nature Lip Gloss. Either size you choose will make a super gift this Christmas.***

Q. I need some under-$2 gifts to use for our Girls' Club gift exchange. I can't seem to find anything. Do you have any suggestions?

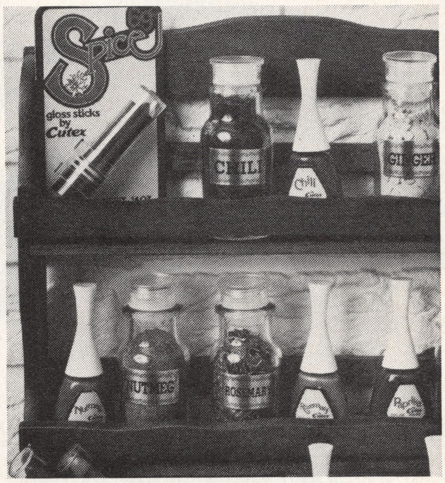
T.W., Clifton, N.J.

Dear Santa—
Put Tussy Crayons
in her stockings
this Christmas
2 for $1.49

A. ***Tussy has a whole collection of Christmas stocking stuffers. Tussy Magic Makeup Lip/Cheek Crayons and Eye Color Crayons will be packaged on stocking-shaped cards just for Christmas. You can get either two lip/cheek crayons or two eye-color crayons for only $1.49.***

Q. Do you have any gift suggestions for under $1? I have a big gift list of friends and a small budget.

C.R., Santa Monica, Ca.



A. ***Cutex "Spice Rack" Creme Nail Polishes and Gloss Sticks are brand new and only 69¢ each. All of them come in rich, spicy shades, like Nutmeg, Ginger and Cinnamon Red.***

LIP SLIPS

Q. I've heard of lip brushes but I don't understand how they are used. Can you tell me?

L.G., Wilmington, Il.

A. ***Lip brushes can be used with gloss or with lipsticks to get an even lipline. Just get a small amount of color on the brush and first out-***

Wouldn't it be great if you could just wring out your oily skin?

That's the whole idea behind Clearasil® medicated cleanser.

Your face is kind of like a sponge–full of tiny pore openings that can trap dirt and excess oil.

It's easy to get dirt and oil out of the sponge –just wring it out. But you can't wring out your face.

That's why there's Clearasil medicated cleanser. It actually dissolves skin oil. Then it penetrates deep to pore openings and gently lifts away trapped dirt.

This cleanser from the makers of Clearasil removes the dirt and oil that soap and water can leave behind, and it helps control acne skin problems, too.

Clearasil medicated cleanser. Because you can't wring out your face.

Clearasil
medicated cleanser
deep cleans oily skin

Free Sample

Cleans Deep!

FREE 1-oz. sample of
Clearasil Medicated Cleanser.
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Box 5069, Smithtown, N.Y. 11787
Please send me one free sample
of Clearasil® Medicated Cleanser.
Enclosed is 25¢
for postage and handling.

Clearasil
medicated cleanser
deep cleans oily skin

Name________________________________
(Please print or type.)

Address________________________________

City____________State____________Zip____________

Skin-care product currently using, if any

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Limit one per person. Allow 3 to 4 weeks for delivery. Offer good only in the United States. Void where prohibited, restricted or taxed. Supply limited. Offer available while supply lasts. **Offer expires December 1, 1976. This form plus 25¢ for postage and handling must accompany your request, or it will not be processed.**

30-04 12/76

DEAR BEAUTY EDITOR

line your lips, then fill them in with more color.

Q. I have a bad problem that I'm sure many other girls have, too. My lips are always chapped and sometimes they split and bleed, too. They also flake a lot. I feel like I've tried everything. What can I do?

Chapped

A. ***Lips that are chronically chapped and resist efforts to heal them can be caused by a vitamin deficiency. You might try taking a vitamin supplement for awhile and see if this helps. Also, biting and licking your lips or rubbing them together can cause them to become dry and flaky. Sun, wind and cold or dry weather can take their toll, too. So you should protect and moisturize your lips. Lip Quencher by Chapstick is a lipstick that is absolutely loaded with moisturizers to soften your lips and keep them moist. You can choose from creams, transparents and frosts in 24 different shades.***

BABY YOURSELF

Q. I've been looking for a very gentle soap that won't dry out my skin during the winter months. Someone suggested baby soap. Would this work?

D.J., Medford, Or.

Johnson's
baby soap
GENTLE-MILD
Johnson & Johnson · NET WT. 2¾ OZ.

A. ***Even though you're not a baby anymore, when winter dries your skin, it's time to baby it. Johnson's Baby Soap is formulated to cleanse gently and rinse off easily—and it's mild enough for a baby's skin.***

HELP THE PORE

Q. I've read that hot water stimulates oil glands so I wonder if it's okay to use hot water on my face when I wash. Can it make my face break out?

K.S., Kansas

A. ***Hot water certainly shouldn't make your face break out. In fact, since it tends to be slightly drying, it should even help clear it up. Before you wash, hold a washcloth soaked with hot water against your skin. The heat will open your pores so you can clean them thoroughly. Just don't use water so hot that it burns or hurts your skin. After washing your face, rinse it thoroughly with water that's a little cooler, then splash it with very cool water to close your pores.***

Q. My make-up always looks okay to me when I put it on in the morning. Then when I get outside it looks heavy and caked and it seems to gather in my pores. What am I doing wrong?

C.F., Des Moines, Ia.

A. ***First, you probably need a lighter weight foundation. Look for one that has a water base or is "whipped" to make the coverage lighter. Also, you need better light for applying your make-up. The Mirror Mirror from Clairol is an all-purpose, lighted make-up mirror. It features a magnifying mirror as well as a regular mirror. The mirror rotates to give you a good view of your face from any angle. This should help you put on your make-up correctly, evenly and with a surer touch.***

Q. I don't like to wear a lot of make-up. Do you know of a foundation that looks natural and won't clog my pores?

K.D., Grand Rapids, Mi.

A. ***Love's Little Cover is a translucent liquid make-up that gives you sheer cover so you'll never look made up, yet it covers flaws and evens out your skin tones. It's lightweight and water-based, and not greasy or oily, so it won't clog pores. There are six shades to choose from—Soft Tan, Tawny, Sandy Beige, Light Beige, Creamy and Golden Tan.***

Q. I've heard that taking antibiotics can help clear your skin. Can you tell me how these work?

C.T., Milwaukee, Wi.

A. ***Not every kind of antibiotic will help your skin. The one specifically prescribed for skin problems is called tetracycline.***

One of the factors which causes acne is a bacteria called the "acne bacillus." This creature inhabits the oil gland and multiplies whenever a gland gets plugged up. Antibiotics work because they fight this bacteria.

Tetracycline is usually reserved for severe or persistent cases of acne, but you can ask your doctor if your skin condition calls for this medication. Any antibiotic or prescription medication must be taken under a doctor's supervision.

Q. Do you know of any medication that I can use on my face under make-up? I want something that will work all day.

H.L., Charleston, S.C.

A. ***SAVE FACE Conditioner is formulated to help your skin fight and eliminate bacteria by providing a smooth, protective layer of protein. You can apply it with cotton after washing your face and then may apply make-up over it. SAVE FACE Conditioner can be used again at night to keep fighting blemishes while you sleep.***

FIGURE UP

Q. I've tried just about every diet imaginable. I can't stay with any of them. I'm really desperate. Do you have any diets that I might try?

R.T., King City, Ca.

A. ***Here's a suggestion from another reader. Whether you try it or not is up to you. "I've discovered a new diet and I would like to share it with 'TEEN readers. Buy a baby bottle! Whenever you have an urge to eat, fill the bottle with water or something low-cal and sip. It will satisfy your craving and eight ounces takes 20-25 minutes to finish. I've lost 17 pounds already and it was so easy! W.R., Perkasie, Pa."***

If you have a beauty problem, we'd like to help you if we can. Send your letters to Dear Beauty Editor, c/o 'TEEN Magazine, P.O. Box 3341, Hollywood, Ca. 90028. We can't answer all letters, but we will do our best. At the same time join 'TEEN's Research Gang (TRG) by enclosing a self-addressed, stamped envelope with your letter. On the back of it write "Send me a TRG Card." (Note: Do *not* write this message on the envelope you address to 'TEEN, but on *your* self-addressed, stamped envelope.) 'TEEN will in turn send you a TRG Card plus a questionnaire that you can doodle over, fill out and return at your option. The questions will relate to beauty, fashion, entertainment, products and all the things you'd like to read about in 'TEEN.

Jergens Haircare
Pre-Heat
Protective Conditioner
Helps prevent breaking, roughness, frizziness. Adds body and manageability

Worrying about heat-damage doesn't help.

New PRE HEAT™ does.

If you're worried about using those hot appliances on your poor unprotected hair—*don't!* Get new Pre Heat Protective Conditioner. Helps protect hair from heat.

So easy to use—before blow drying, simply spray on this light, clean mist. Comb through—Pre Heat de-tangles your hair. Then blow dry as usual—Pre Heat helps protect against frizzies, flyaways, that rough overdried feeling. Leaves your hair clean, soft, and shiny—with lots of body.

Pre Heat does what other conditioners do—*and* it helps protect.

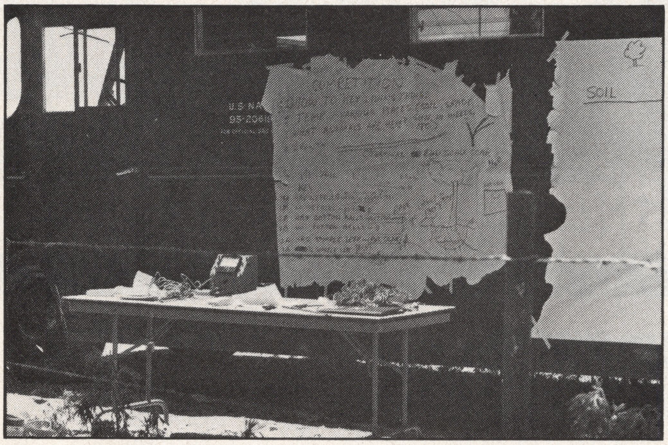
Before using hot curlers or your curling wand, spray hair lightly with Pre Heat. Use this beautiful protection, every time you turn the heat on! New Pre Heat Protective Conditioner.

PRE HEAT helps protect hair from heat.

Y.C.C.

continued from page 27

Settling into your daily routine, you rise at 6 a.m. and all go to a small cafe in town for a delicious, prepaid breakfast. By 8 a.m., you're off to a safety lesson and then work on the day's projects (described at the beginning of this story), breaking for a picnic lunch and for occasional educational sessions in the mobile classroom van.



Environmental education is a major part of the Y.C.C. program. Here, the mobile classroom van gives some on-site instruction.

By 3 p.m., you're ready to make notations in your personal learning journal, discuss the day's work and make plans for tomorrow. Just a bit before 4 o'clock, you're back at the dorm with free time until dinner at the Student Union. There are many things you can do after dinner—or you can choose to do nothing! Some of your new friends are into ice skating at a local rink. There are movies and concerts as well as numerous free classes especially for Y.C.C. members—including courses in crafts, macrame, yoga and ballet. You are surprised to find several guys—including a star basketball player—in the ballet class, intent on staying in shape for sports.

Staying in shape is not really a problem, however. With your active workday and weekend hiking and camping trips, you find that your physical fitness has reached a new peak (and your tan isn't so bad either!).

Even if you weren't so sure about whether you'd like the program when you first arrived, your enthusiasm is growing. You see this happening, too, with your new friends.

"This is exactly what I thought it would be," says Shari Basino, 17, of Wheatridge, Co. "I knew it would be hard work, but I'm enjoying it. The experience of living away from home is a valuable preparation for college. The group is getting very much together now and we're working faster and better than anyone imagined we would. This week, we're weeding tree farms and making trails. The evening activities—special classes, movies and seminars, ice cream socials and just talking are fun, too. The only problem is, so many fun things are happening, we can hardly find time to write letters home!"

"To be honest, I didn't like the first week," admits Kaye Maas, 16, of Colorado Springs. "It looked like so much work and I didn't know anybody. Now this has changed. I'm making friends and seeing several work projects already completed—and that's a good feeling."

Fifteen-year-old Tris McCurran of Denver, working on road sign placement in the reservoir area, is so enthusiastic about the Y.C.C. that she wants to translate her summer job experience into a full-time career. "I really like this a lot," she says. "I'm so interested in the environment and ecology and would like, in some way, to make this concern a career."

Whether or not Y.C.C. corpsmembers enter the environmental career field, this summer experience can have great future impact. "The skills they learn here will stay with them the rest of their lives," says Bert Schulle.

There are other benefits that become apparent as the weeks fly by all too fast—benefits that aren't mentioned in the Y.C.C. brochures.

"We've all learned, shared, cared, laughed and cried for each other," says Louise Trujillo, a 17-year-old corpsmember from Pueblo. "Now whenever I go to the mountains, I'll see nature's beauty and remember the rough times three other hikers and I had making it up there and how everyone thought we had turned back. The looks on their faces when we arrived in camp—three hours later—made the whole hike worthwhile. Our friendships have grown big and strong—like the weeds out on the tree farm!"

Getting to know and learning to communicate with the two deaf corpsmembers—Tim Elstad and Jolene Siegrist—has been a remarkable experience for many. "I've loved every minute of it and want to thank Tim and Jolene very much," says Chris Lubbers of Colorado Springs. "It has been a very special, beautiful summer for me."

Jolene, lovingly dubbed "Crazy Lady" by her friends, replies that *teaching* the others to communicate in sign language has been a real joy for her.

Mercy Ruiz, a teen from Canon City, Ca., has discovered a new capacity for friendship this summer. "I've never met so many people at once and become like a family to them," she says. "Now I'm going to go out and meet everyone I can! I even enjoyed the *work* this summer!"

Kaye Maas, at first reserved about the experience, now finds it "the most worthwhile experience I've had for a lot of summers. It's been such a growing experience. The amount of friendship, hard work, love and beautiful fun times can't be expressed!"

"During a hike, I was gasping for air," says Cecilia Chacon of Pueblo. "I felt very close to God at 12,000 feet with beautiful scenery—moss, green mountains and meadows, carpeted with flowers—all around. When I reached the top of the mountain, I felt I had really accomplished something. I felt proud and wonderful!"

Mitch McMahan, work projects coordinator, points out that a growing sense of pride and competence is what Y.C.C. is all about. Many corpsmembers who had little faith in themselves in June, he observes, have grown considerably by August.

"I share in the joy of those who have discovered the excitement and freedom found in becoming more responsible for themselves and others," says camp director Jack Seilheimer as members gather for a farewell banquet the last day of camp. There are smiles, laughter, tears and feelings of nostalgia as well as new Y.C.C. T-shirts the group has designed for themselves to take home as a memory of group solidarity. There are also plans for a winter reunion. Now, however, is a time for tender goodbyes.

"I feel like thanking everyone here for the wonderful experience I've had," says Roger Stewart of Colorado Springs as he says goodbye to his friends. "Never before have I learned so much about others and myself. I hope all of you have had experiences to equal or exceed mine. May the rest of your lives be as happy as the few short weeks in which you have enlightened *my* life!"

These Y.C.C. corpsmembers have touched each other's lives for a summer—only an instant in their lives—and yet, these young lives, perhaps because they have grown in love with the beauty of the land and each other, will never be quite the same.

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